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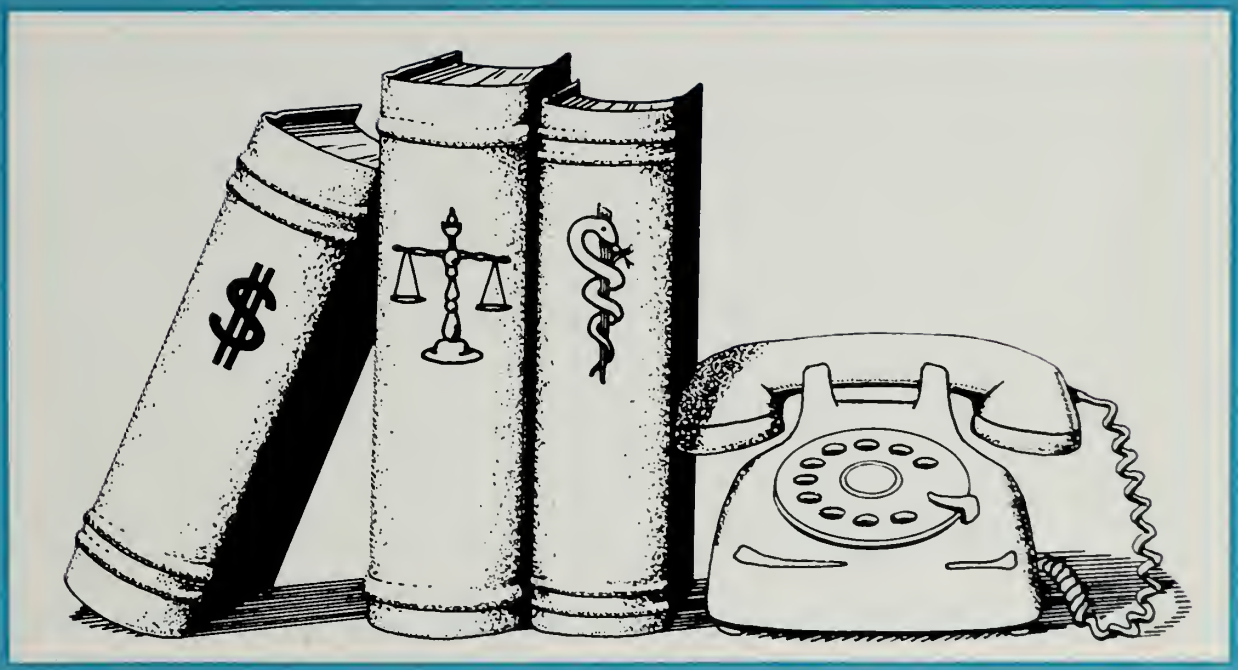
AIDS

ACQUIRED IMMUNE DEFICIENCY SYNDROME

Community Resource Guide



A State-wide Source for Financial, Legal and Health Resources

MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH

A COMMUNITY RESOURCE GUIDE

FOR ASSISTING

PEOPLE WITH AIDS

Health Resource Office,

Massachusetts Department of Public Health

Commonwealth of Massachusetts

Michael S. Dukakis
Governor

Philip W. Johnston
Secretary of Human Services

Ballus Walker, Jr.
Commissioner of Public Health

THE COMMONWEALTH OF MASSACHUSETTS
EXECUTIVE DEPARTMENT
STATE HOUSE • BOSTON 02133

MICHAEL S. DUKAKIS
GOVERNOR

April 6, 1987

Since the summer of 1983, when we convened the Governor's Task Force on AIDS, our response to AIDS in Massachusetts has been led by a group of people united in the battle against this deadly disease. Through our Task Force of doctors, researchers, policy-makers, providers and community leaders, we have often led the way nationally by addressing AIDS for what it is -- our number one public health crisis.

We have recognized AIDS as a disease that demands a broad response from state government and we have thoughtfully yet aggressively addressed some of the most difficult policy questions surrounding AIDS. By joining together, we have been able to provide appropriate and humane health care and support services for those individuals diagnosed with AIDS or AIDS Related Complex (ARC) and to anticipate the future concerns and implications brought on by AIDS.

With the publication of the Community Resource Guide, we now have another important tool linking services to people in need. I believe it will be an enormous help to health and human services providers and for families and friends in locating quality care and assistance for those individuals with AIDS.

Sincerely,

Michael S. Dukakis
Governor

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The Commonwealth of Massachusetts
Executive Office of Human Services
One Ashburton Place, Room 1109
Boston, Massachusetts 02108

MICHAEL S. DUKAKIS
GOVERNOR
PHILIP W. JOHNSTON
SECRETARY

April 6, 1987

The Massachusetts health and human services communities have responded with compassionate care and service to AIDS patients. We will continue to build on the strong cooperative relationships that exist among providers in the coming months as we work to expand our response to the growing need to provide for care for people with AIDS.

This Community Resource Guide for assisting people with AIDS will be broadly distributed so that anyone seeking access to services will have a ready resource available.

Our efforts to fight this epidemic are ongoing. Through the efforts of the medical and research community, the human service provider network, public health experts, and community leaders, we will continue to ensure that all necessary measures are taken to protect the public health, and that individuals stricken with this illness are treated with dignity throughout their struggle.

Sincerely,

Philip W. Johnston
Secretary

Bailus Walker, Jr., PH.D., M.P.H.
Chairman, Massachusetts AIDS Task Force
Commissioner, Massachusetts Department of Public Health

Acknowledgements

The Health Resource Office began this guide several months ago with the goal of providing much needed information for helping people with AIDS. The guide is designed to provide information on financial assistance agencies, support agencies and legal and advocacy organizations, and is intended to be used to assist individuals with AIDS to obtain needed services.

Numerous agencies, organizations and individuals lent their time and expertise to ensure that the information contained in this guide is accurate and up-to-date.

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A Community Resource Guide For Assisting People With AIDS

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Massachusetts Department of Public Health

The Massachusetts Department of Public Health is the primary agency for coordinating AIDS activity in the State. Effective administration and management of statewide resources to improve the delivery of preventive treatment, continuing care and rehabilitative services requires knowledge about existing health service delivery and financing systems, available community resources, and the state's purchase of service mechanisms.

The epidemic of Acquired Immune Deficiency Syndrome (AIDS) has resulted in a proliferation of complex social and economic issues, as well as significant health and social service delivery concerns.

Coordinated and innovative approaches are needed for effective implementation of policies, services and preventive strategies to curtail the spread of this disease and adequately care for those who are stricken.

There are several divisions within the Department that are actively involved in AIDS issues:

The Governor's Task Force

In 1983, Governor Dukakis convened the Massachusetts Task Force on AIDS, chaired by DPH Commissioner Ballus Walker. Composed of leading clinicians, researchers, epidemiologists and community advocates, the Task Force meets monthly to develop, guide and plan for the Commonwealth's multi-faceted AIDS program.

The Governor's Task Force has recommended policies based on medical, epidemiological and scientific evidence to assure that social interaction with people with AIDS is guided by the scientific and medical knowledge of the disease and its transmission, and is not predicated on fear and ignorance.

Among the policies recommended by the Governor's Task Force and approved as state policy by the Public Health Council are:

- attendance of children with AIDS in school;
- recommendation for caregivers of preschool age children diagnosed with AIDS;
- residential treatment facility policy on AIDS;
- recommendation for food industry personnel on AIDS;
- employment and precedures policy on HIV infection (AIDS);

- updated information for physicians and health care providers;

- dental policy;

- general infection control guidelines for pre-hospital and hospital personnel;

- policy governing clinical and hospital use of the HIV test.

The policies are distributed widely to all affected institutions and facilities. In addition, staff of the Department of Public Health provide extensive educational programs and forums for discussion of the policies with the general public, affected groups, governmental officials, the media and concerned individuals.

The Health Resource Office

The Health Resource Office was established in August 1985, in response to the Department of Public Health's growing policy and program responsibilities related to Acquired Immune Deficiency Syndrome (AIDS). Efforts of the Health Resource Office have focused on:

- policy guidance through the Governor's Task Force on AIDS which is based on the most up-to-date scientific and medical knowledge of the disease to enable individuals, institutions and society in general to respond in a responsible and consistent manner to this public health concern;

- research support for Massachusetts scientists and clinicians for their investigations into the prevention, care and treatment, and cure of AIDS;

- program development and implementation through purchase of service contracts and other allocations of resources to support a broad range of AIDS programs and community health services;

- education to the general public, high-risk groups, health care workers, employers, school officials, and other concerned parties have been targeted for informational campaigns to increase understanding of the disease, learn the facts about transmission of the virus, alleviate unnecessary fears, and prevent AIDS.

The State AIDS Coordinator and the Regional Community Health Resource Specialists are staff of the Health Resource Office and can be contacted at (617) 727-0368.

The State AIDS Coordinator and the Community Resource Specialists are responsible for assuring that an appropriate level of services is available to people with AIDS while living independently in the community.

The Office of Public Information and Health Education

The Office of Public Information and Health Education works closely with the Health Resource Office and has organized public educational meetings around the state to inform the general public about AIDS, and distributes written information to interested groups and individuals about the disease. They can be reached at (617) 727-0049.

The Center for Laboratories and Communicable Disease Control

The Communicable Disease Division of the Center for Laboratories and Communicable Disease Control provides health surveillance and disease control through the State AIDS Epidemiologist and other clinical staff. This division also coordinates the activities of the Alternative Testing Sites for HIV antibody screening. This free and confidential screening is available to all Massachusetts residents who are at risk for AIDS or who are concerned that they have been exposed to HIV. The screening test and counseling can be obtained by calling (617) 522-4090.

A Statewide, Toll-Free Hotline is funded through the Department of Public Health and located at the AIDS Action Committee. Trained volunteers respond to all questions about AIDS and refer callers to appropriate alternate sources when necessary. The statewide, toll-free number is 1-800-235-2331.

Financial Assistance

FINANCIAL ASSISTANCE

Massachusetts Department of Public Welfare
- -Medicaid
- -General Relief
- -Aid to Families with Dependent Children
- -Refugee Resettlement Program
- -Food Stamps

Massachusetts Rehabilitation Commission
Disability Determination Services Division
- -Social Security Income
- -Supplemental Security Income

Veterans Administration Benefits

Community Nutrition Resources

Fuel Assistance

This financial assistance section provides step-by-step information to assist individuals applying for various financial services within Massachusetts.

Usually, after an AIDS diagnosis has been made, a decision concerning financial assistance from the agencies in this section can be made.

An important piece of information to obtain from the physician is whether or not the AIDS diagnosis follows the Centers for Disease Control (CDC) definition of AIDS. Financial assistance may depend on whether the diagnosis of AIDS conforms to the Center for Disease Control's criteria.

Here are some points to keep in mind if you decide to apply for assistance. It is to your benefit to apply for all types of Federal and State financial assistance programs to which you are entitled. You don't have to do this on your own. If you are hospitalized, a social worker or continuing care provider is there to help you. If you are an outpatient, you can enlist the help of a trusted and reliable friend or family member, or you can contact the Health Resource Office's Community Resource Specialist, (617) 727-0368, or the Support Services Team of the AIDS Action Committee, (617) 437-6200.

Another good idea is to keep a written record of all important information during the application process -- names, dates, times and subjects discussed -- so that you can follow up on the application process if there is a problem.

Department of Public Welfare

Medicaid

What is Medicaid?

Medical Assistance, commonly known as Medicaid, is a state and federally funded, state administered program based on financial need. Medicaid does not provide medical services directly but rather reimburses medical care providers who agree to participate in the program for services provided to Medicaid-eligible individuals.

Medicaid covers physician services, hospitalization, outpatient hospital services, certain durable medical equipment (items such as disposable pads are paid for if prescribed by a physician) and prescription drugs, home health care, institutional care, dental care, mental health and family planning and many other medical services as well as transportation to any services that are covered.

How do I apply?

The Department of Public Welfare determines the eligibility of potential recipients at local Welfare Service Offices throughout the State. A list of office locations with telephone numbers and the cities and towns served by each office may be found at the end of this section.

You do not have to go to the Welfare Office to apply for Medicaid; you may telephone and ask for an application form to be mailed to you. Whether you take the form to the office or return it by mail, you will need the social security numbers of each person for whom you want to apply. You will also need proof of residence, and if you are not a native-born U. S. citizen, you will need proof of citizenship or alien status as well as proof of income and assets. (If you are not a legally admitted alien, see the section on General Relief following.) Be sure to call the Welfare Office if you have any question about what will be accepted as proof of any factor affecting your eligibility.

You must receive a decision as to your eligibility within 30 days if you have provided all necessary information and verification -- within 45 days if medical records are required to prove disability.

If you need medical services immediately and it appears that you will be eligible, you can receive a temporary Medicaid card within 24 hours.

Who is eligible?

All individuals and families who receive cash assistance, Aid to Families with Dependent Children (AFDC), Supplemental Security Income for the Aged or Disabled (SSI-A or SSI-D), and persons receiving assistance under the Refugee Resettlement Program (RRP) receive a Medicaid eligibility card each month.

In addition, individuals and families who would be eligible but do not choose to apply for cash assistance and certain groups of people with limited income and assets may be eligible for Medical Assistance only. Federal regulations limit these groups to:

- families with dependent children when one parent is absent, deceased, unemployed, or incapacitated;
- persons under 21 years of age;
- persons 65 years of age or older; and
- persons who are blind or disabled.

You must also inform the Welfare Department of any health care coverage you have or are entitled to without cost to yourself or your dependents.

How much money and property can I have?

The amount of resources (or assets) you have will be considered in the determination of your eligibility. Assets are objects of value that include, but are not limited to, cash, bank accounts, stocks and bonds, cash value of life insurance above certain limits, and real estate except for your home.

Individuals and families whose property and assets exceed the limitations in the following table are not eligible for Medical Assistance:

1 person	$2000
2 people	$3000
Each additional person	+ 100

How much income can I have?

All income is considered in determining eligibility. Certain income is exempt, however, and certain deductions are allowed depending upon whether the income is earned or unearned, whether the applicant lives in the community or in a

long-term-care facility, and whether or not one is aged or disabled.

Medical Assistance (MA) is not denied solely because an individual or family has income in excess of the Medicaid standards. If you have high medical expenses, you may still be eligible for assistance with some of your bills. You will be notified of the amount of your excess income and the "spend-down" process.

Effective January 1, 1986, the Income Standards are:

TABLE OF MA INCOME STANDARDS
COMMUNITY CASES

Number of Persons	Income Standard
1	$451
2	550
3	658
4	776
5	875
6	983
7	1091
8	1200
9	1308
10	1416
Each additional person	+116

What if I already have medical bills?

Medicaid is not like insurance. You do not have to apply before you need it.

Medical services received during the three months prior to the month when you apply can be covered if you would have been eligible at the time you received the services and have not already paid the bills. A specific page on the application form must be filled out for the retroactive coverage.

Department of Public Welfare

General Relief

General Relief is a state-funded cash assistance program for individuals and some families who are not receiving Aid to Families with Dependent Children, Supplemental Security Income or other regular benefits.

Who's eligible?

Individuals who are 16 years or older and are:

- unable to work (either full or part-time) for at least 30 days because of mental and/or physical incapacity (MUST be verified by physician),
- Massachusetts Rehabilitation Commission participants,
- high school students of any age,
- 65 years of age or older and awaiting Supplemental Security Income benefits,
- 45 years of age or older with little recent work history,
- ex-offenders recently released from prison (benefits last only 60 days from release date),
- needed in the home to care for a disabled individual,
- residing in a halfway house for drug or alcohol treatment.

Some parents who do not meet the catagorical requirements for Aid to Families with Dependent Children.

Some children who do not live with blood or adoptive relatives.

General Relief recipients receive a General Relief Medical Card and subsistance checks twice a month. The maximum monthly benefits for households with no other income are based on the living arrangement listed below.

Assistance Unit Size	Table A Living Alone or Boarding No Rent Allowance	Table A Living Alone or Boarding With Rent Allowance	Table B Sharing Living With Others No Rent Allowance	Table B Sharing Living With Others With Rent Allowance	Table C Institutionalized	Table D Homeless or No Shelter Expenses
1	$268.90	$283.90	$178.40	$193.40	$60.00	$ 82.10
2	350.00	365.00	259.40	274.40		163.20
3	431.00	446.00	340.50	355.50		244.20
4	512.10	527.10	421.60	436.60		325.30
5	593.20	608.20	502.60	517.60		406.40
6	674.20	689.20	583.70	598.70		473.20
Incremental	81.10	81.10	81.10	81.10		81.10

An individual may not have more than $250.00 in resources. A family may not have more than $500.00 in resources.

If the applicant meets eligibility requirements during the first interview, he/she may be eligible for the following emergency benefits.

Resident Acquisition Payment:

Homeless individuals/families may receive a voucher for $300.00 to pay first month's rent and security deposit on an apartment. The benefit is not available more than once in a 12-month period. The General Relief benefit amount should increase since there are now shelter expenses.

Rent/Utility Vouchers:

This can be applied for if not eligible for Residence Acquisition Payment. It entitles you to a rent or utility voucher paid directly to the landlord or utility company and deducted from your first check. The amount cannot exceed one-half of the monthly benefit amount.

Food Vouchers:

These are available when you are not eligible for the Food Stamp Program (see page 19). These are paid directly to a food market and are deducted from first check.

Disaster Assistance:

General Relief individuals/couples (without children) who are victims of a disaster. The benefits help with rent, utility payments, food and clothing payments.

Families with children under 21 should be eligible for Emergency Assistance.

General Relief Medical Assistance:

General Relief applicants are eligible for General Relief Medical Assistance. Their medical cards look like regular Medicaid cards and cover almost all the same services as Medicaid.

The following services are reimbursable through General Relief Medical Assistance: home health services, physician's services, drugs, laboratory services, durable goods from a pharmacy or medical supplier, prosthetics, hearing aids, vision care services, dentistry, psychotherapy, sterilization services, family planning services and Community Health Center services.

Expanded medical coverage for General Relief Medical Assistance recipients also includes: reimbursement for physician care provided in hospital by non-staff physicians, transportation (including ambulance services) is available, and, under special regulations, access to free care at acute care hospitals.

To apply for General Relief, contact your local Welfare Office. You should bring: birth certificates, social security numbers, rent receipts, wage stubs, bank statements, etc. Sworn statements may sometimes be accepted if certain documents are missing.

Other Public Assistance Programs:

AID TO FAMILIES WITH DEPENDENT CHILDREN (AFDC). This program provides financial assistance to families with dependent children. For Aid to Families with Dependent Children purposes, "dependent" means that a child is deprived of the support of at least one parent by reason of unemployment or underemployment, incapacity, death or absence. AFDC recipients also receive Medicaid.

REFUGEE RESETTLEMENT PROGRAM. This program was established by the Refugee Act of 1980. It consolidates and replaces all previous refugee programs. If an applicant is eligible for the Refugee Resettlement Program, (s)he must be enrolled in this program rather than others since it is funded entirely by the Federal government. Refugee Resettlement Program recipients receive cash assistance and/or Medicaid.

Department of Public Welfare

Food Stamps

The Food Stamp Program is intended to raise the nutritional level among low income households. Assistance is provided in the form of food stamps which recipients may use to purchase food and certain non-food items. The Food Stamp Program provides assistance to both public assistance recipients (those receiving cash assistance) and non-public assistance recipients, known as the Public Assistance and Non-Public Assistance components of the program respectively. Applicants and recipients of Medical Assistance may also be eligible for Non-Public Assistance food stamps.

Food Stamps is a federally funded, state administered program designed to assist people with low incomes to supplement their dietary needs. The monthly allotment of food stamps varies depending on the amount of income. To be eligible for Food Stamps, you must meet certain income standards. The standards are determined by the size of your household and who is included in your household (disabled or aged).

You should bring the following items to the appointment with the Food Stamp worker:

1) Identification, preferably a Massachusetts drivers licence.
2) A rent receipt and utility bills.
3) A written statement which describes how you have been supporting yourself (4 paycheck stubs or an award letter).
4) Your Social Security identification card.

Following is the statewide list of Department of Public Welfare Offices.

Department of Public Welfare

Office Listings

OFFICE	ADDRESS	PHONE
Acton	294 Great Rd., Acton 01720	(617) 263-6610
Adams	38 Hoosac St., Adams 01220	(413) 743-5300
Athol	P.O. Box 565, 491 Main St. Athol 01331	(617) 249-3242
Attleboro	P.O. Box 1096, 67 Mechanic St. Attleboro 02703	(617) 226-0293
Barnstable	269 Barnstable Rd. Hyannis 02601	(617) 771-1201
Beverly	186 Cabot St., Beverly 01915	(617) 927-6616
Boston:		
Church St.	20 Church St., Boston 02116	(617) 542-4850
East Boston	154 Maverick St. East Boston 02128	(617) 567-6140
Grove Hall	515 Blue Hill Ave. Dorchester 02121	(617) 442-1810
Hancock St.	294 Bowdoin St. Dorchester 02125	(617) 288-3340
Hawkins St.	43 Hawkins St., Boston 02114	(617) 227-8320
Roslindale	970 American Legion Highway Roslindale 02131	(617) 325-4100
Roxbury Crossing	1491 Tremont St. Roxbury 02120	(617) 442-4800
South Boston	386 West Broadway South Boston 02127	(617) 269-0910
Brockton	75 Commercial St. Brockton 02401	(617) 588-3902
Brookline/ Newton	320 Washington St. Brookline 02146	(617) 731-1500
Cambridge	51 Inman St., Cambridge 02139	(617) 661-9390
Chelsea	265 Broadway, Chelsea 02150	(617) 884-7300
Chicopee	5 Meadow St., Chicopee 01013	(413) 593-6481
Fall River	138-150 No. Main St. Fall River 02720	(617) 679-1981
Falmouth	P.O. Box 167, 155 Katherine Lee Bates Rd., Falmouth 02540	(617) 548-8222
Fitchburg	P.O. Box 7617, 473 Main St. Fitchburg 01420	(617) 345-2181
Framingham	354A Waverley St. Suite 1 Framingham 01701	(617) 879-4200
Gardner	10 Parker St., Gardner 01440	(617) 632-8049
Gloucester	3 Pleasant St. Gloucester 01930	(617) 281-3800
Great Barrington	P.O. Box 479, Castle St. Great Barrington 01230	(413) 528-2200

Department of Public Welfare

Office Listings (Cont.)

OFFICE	ADDRESS	PHONE
Greenfield	P.O. Box 717, 31 Federal St. Greenfield 01302	(413) 774-2721
Haverhill	200 Main St., Haverhill 01830	(617) 372-7191
Holyoke	383 Dwight St., Holyoke 01040	(413) 536-2550
Lawrence	11 Lawrence St., Lawrence 01840	(617) 686-9441
Lawrence LTCU	11 Lawrence St., Lawrence 01840	(617) 689-2877
Lowell	33 Middle St., Lowell 01852	(617) 454-8061
Lynn	1 Washington Sq., Lynn 01902	(617) 599-0700
Malden	Municipal Service Center 200 Pleasant St., Malden 02148	(617) 321-3800
Marlboro	116 Main St., Marlboro 01752	(617) 481-4726
Milford	66 Summer St., Milford 01757	(617) 473-2710
Nantucket	Gouin Village, L5 Vesper Lane Nantucket 02554	(617) 228-0470
New Bedford	2104 Acushnet Ave. New Bedford 02745	(617) 998-7000
Newburyport	Box 720, 70 State St. Newburyport 01950	(617) 462-6638
Northampton	15 Straw Ave. Northampton 01060	(413) 586-3600
Norwell	Box 489, 355 Washington St. Norwell 02061	(617) 659-2286
Norwood	P.O.Box 860, 886A Washington St. Norwood 02062	(617) 762-6300
Oak Bluffs	P.O. Box 1267, Douglas Way Oak Bluffs 02557	(617) 693-0210
Orleans	Hilltop Plaza, Box 1045 Route 6A, Orleans 02653	(617) 255-4403
Palmer	465 No. Main St., Palmer 01067	(413) 283-9756
Pittsfield	P.O. Box 576, 46 Summer St. Pittsfield 01201	(413) 499-3250
Plymouth	Box 122, Industrial Pk. Rd. Ext. No. Plymouth 02360	(617) 746-5180
Quincy	1458 Hancock St., Quincy 02169	(617) 471-2600
Salem	209 Essex St., 2nd Floor Salem 01970	(617) 745-8350
Somerville	1 Davis Sq., Somerville 02144	(617) 666-4910
Southbridge	79 North St., Southbridge 01550	(617) 764-4351
Spencer	c/o 79 North St. Southbridge 01550	(617) 764-4351
Springfield	310 State St., Springfield 01105	(413) 781-7670
Springfield LTCU	310 State St., Springfield 01105	(413) 781-0212
Taunton	21A Spring St., Taunton 02780	(617) 823-2571
Taunton LTCU	21A Spring St., Taunton 02780	(617) 823-7511

Department of Public Welfare

Office Listings (Cont.)

OFFICE	ADDRESS	PHONE
Wakefield	7 Lincoln St., Wakefield 01880	(617) 246-3805
Waltham	Bldg. B, 411 Waverly Oaks Rd. Waltham	(617) 893-0146 02154
Wareham	2510 Cranberry Highway Wareham 02571	(617) 295-0801 -0802
Westfield	P.O. Box 607, 4 Free St. Westfield 01086	(413) 568-8915
Weymouth	1431 Pleasant St. East Weymouth 02189	(617) 335-6000
Woburn	4 Federal St., Woburn 01801	(617) 935-3850
Worcester	9 Norwich St., Worcester 01608	(617) 791-3621
Worcester LTCU	405 Main St., Worcester 01608	(617) 792-3285

The Department of Public Welfare maintains two client service numbers:

General Client Service	1-800-841-2900
Medicaid and General Relief	1-800-322-1443

Commonwealth of Massachusetts Rehabilitation Commission
Disability Determination Services Division

Massachusetts has two types of federally and state funded disability insurance:

1) Social Security Disability and
2) Supplemental Security Income.

These two programs are administered by the Social Security Administration and the Massachusetts Rehabilitation Commission.

The Social Security Disability benefits are available to you if you have paid into the Social Security system through employee payroll deductions (the FICA section on your pay stub) and if you meet the strict definition of disability set forth by the Social Security Act. (See definition on this page.)

The Supplemental Security Income benefits are for income maintenance for the blind, aged and disabled. It provides supplemental income for people over 65 years of age, blind or disabled who have little or no income and limited resources.

The following pages give the definition of disability and describe the eligibility requirements and benefits. Included is a list of what to bring for application appointments. Be sure to complete the medical portion of the application since this ensures processing of the claim for disability as mandated by law. The addresses and phone numbers of Social Security offices serving different locations throughout Massachusetts are found in the pages immediately following this section.

I. Social Security Disability Definition (SSD)

Disability is defined as any medical condition (physical or mental) which prevents, or is expected to prevent, you from working for a minimum of twelve (12) months, or is expected to end in death. A person with a CDC defined AIDS diagnosis meets this definition. A person identified as having ARC may be eligible and should file for benefits with the Social Security Administration.

Eligibility

Benefits are based on earnings and considered to be like an insurance benefit. If you worked long enough and recently enough, you may be eligible for benefits. You must have worked in a job where Social Security Taxes (FICA) were withheld. You should contact a Social Security Administration office if you have doubts as to whether you are eligible.

Benefits

Benefits are payable no earlier than 5 months after onset of disability. The amount of your benefit depends on how long you worked and how much you earned.

To Apply

(Do not delay filing your claim because you do not have all the evidence.)

BRING:

1. Your Social Security number and card; and any other Social Security numbers on which you have ever received Social Security benefits (parents, etc.).
2. A Certified copy of your birth certificate.
3. List of all aspects of your condition which prevent you from working.
4. List of all treating sources (complete names, addresses, telephone numbers for all doctors, hospitals, clinics), dates and types of treatment received, any hospital or clinic numbers. List of all medications you are taking for your condition. List of restrictions placed on you by your physician.
5. Be prepared to describe the types of jobs you have held for the last 15 years.
6. W-2 forms for the last two years. If W-2's are not available, bring names and addresses of employers for the last two years.
7. If previously or currently married, name of spouse and dates of marriage(s), social security number.

II. Supplemental Security Income Definition (SSI)

Disability is defined as any medical condition (physical or mental) which prevents, or is expected to prevent, you from working for a minimum of twelve (12) months, or is expected to end in death. A person with a CDC defined AIDS diagnosis meets this definition. A person identified as having ARC may be eligible and should file for benefits with the Social Security Administration.

Eligibility

SSI is based on need. Your income and resources (assets) must be below certain levels. SSI is payable to those who are 65, disabled or blind and who meet a needs test. You do not have to have worked to be eligible for SSI. Basic eligibility criterion is:

An individual can have resources (assets) worth $1,800

($2,700 for a couple) and still meet the eligibility requirements. For SSI purposes, not everything owned is considered a resource. Some other items are considered so essential for day-to-day living that they are excluded if they are of reasonable value. Among those items which are excluded if they are of reasonable value are the individual's automobile ($4,500 limit) and personal goods and household effects ($2,000 equity value). An individual's home is excluded regardless of its value.

Benefits

As of January 1986, an aged person living in Massachusetts may receive up to $464.82 per month and an aged couple up to $705.72 monthly. A disabled individual may receive up to $450.39 monthly and a disabled couple up to $684.06. A blind individual may receive up to $485.74 monthly and a blind couple up to $971.48. The rates are determined by combining the Federal payment and the federally administered State supplement amount applicable to each category. These benefits are revised every July 1st to reflect increases in the cost-of-living.

An individual living in Massachusetts who becomes eligible for SSI automatically receives Medicaid coverage. Upon receiving notification of approval for SSI, the state will issue a Medicaid identification card. Please contact your local Welfare office after receiving notification of S.S.I. eligibility to obtain a temporary Medicaid card. See pages 13-15 for Medicaid eligibility. See pages 20-22 for list of Welfare offices.

To Apply

(Do not delay filing your claim because you do not have all the evidence.)

BRING:

1. Your Social Security number and card; and any other Social Security numbers on which you have ever received Social Security benefits (parents, etc.).
2. A Certified copy of your birth certificate.
3. List of all aspects of your condition which prevent you from working.
4. List of all treating sources (complete names, addresses, telephone numbers for all doctors, hospitals, clinics), dates and types of treatment received, any hospital or clinic numbers. List of all medications you are taking for your condition. List of restrictions placed on you by your physician.
5. Be prepared to describe the types of jobs you have

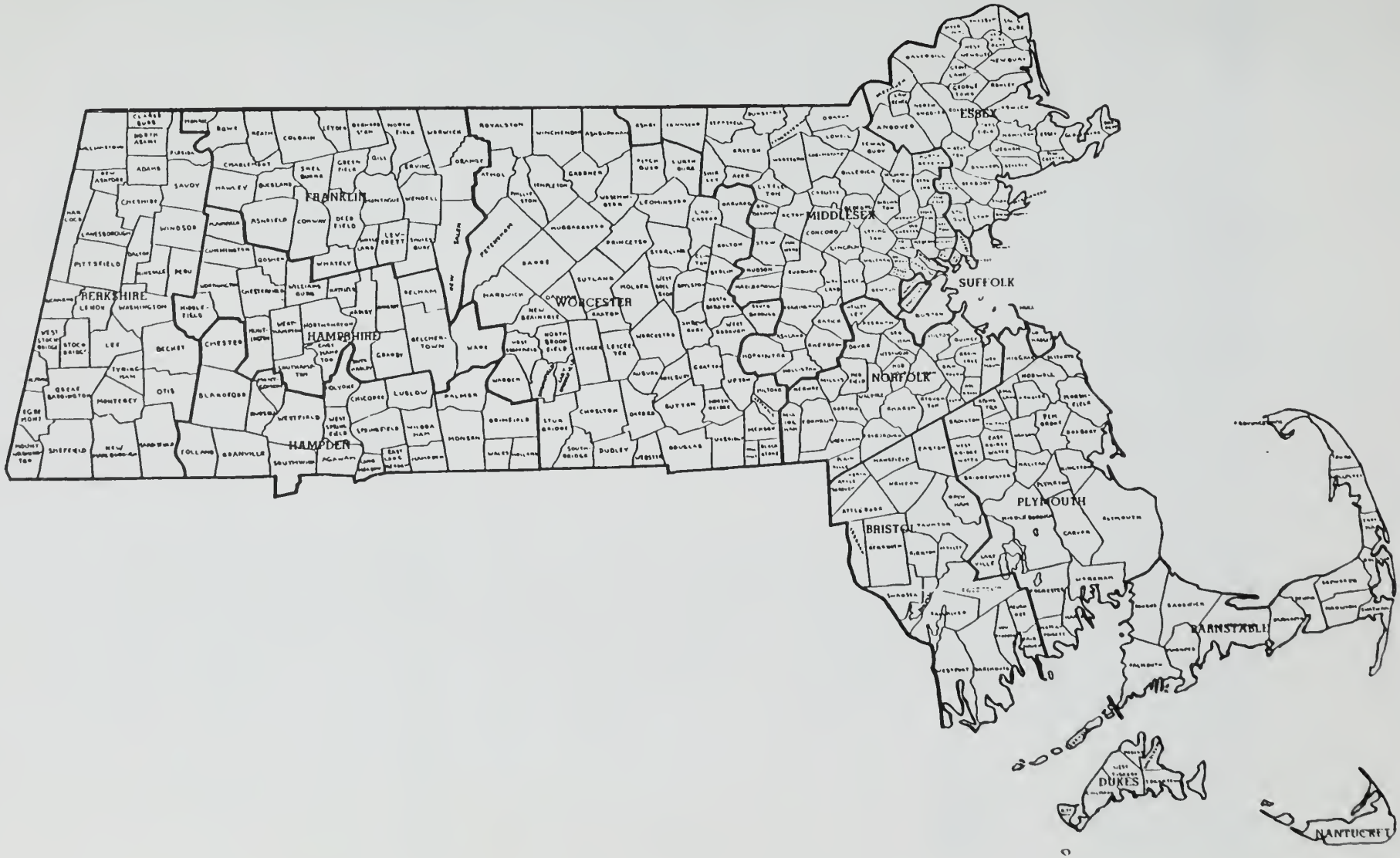
held for the last 15 years.

6. Proof of any income you have or expect to receive; (including claim number under which you receive benefits, i.e., V.A. number, welfare numbers, etc.).

7. Bank statements for the last two months (passbooks, checking account statements, check registers).

8. Car registration, life insurance policies, stocks, bonds, etc.

9. If you rent, bring proof of your rental payment. If you share, the names of other members of your household, who pays, how much, and proof of household expenses (rent, utilities and food) for the last twelve months.


BERKSHIRE
FRANKLIN
HAMPSHIRE
HAMPDEN
WORCESTER
MIDDLESEX
ESSEX
SUFFOLK
NORFOLK
PLYMOUTH
BRISTOL
BARNSTABLE
DUKES
NANTUCKET

The town in which you live is served by a Social Security District Office. These offices serve multiple counties within Massachusetts. We have included a county/town map for reference. In the following list, find the name of your county in the left column and the name of your town in the right column. The Social Security Office with address and telephone number is located in the middle column.

SOCIAL SECURITY OFFICES SERVING MASSACHUSETTS

COUNTY	S.S. OFFICE	TOWNS SERVED
Barnstable Co.	Falmouth, MA 02541 P.O. Box 667 (617) 548-8150	Bourne Buzzards Bay Camp Edwards Cataumet East Falmouth East Sandwich Falmouth Forestdale Hatchville Mashpee Monument Beach North Falmouth Otis Air Force Base Pocasset Sagamore Silver Beach Teaticket Waquoit West Falmouth Woods Hole
Barnstable Co.	Hyannis, MA 02601 181 Walton Avenue (617) 775-7501	Barnstable Bass River Brewster Centerville Chatham Cotuit Craigville Cummaquid Dennis Dennisport East Brewster East Dennis East Harwich East Orleans Eastham Harwich

COUNTY	S.S. OFFICE	TOWNS SERVED
Barnstable Co.	Hyannis, MA 02601 181 Walton Avenue (617) 775-7501	Harwich Port Hyannis Hyannisport Marstons Mills North Chatham North Eastham North Harwich North Truro Orleans Osterville Pleasant Lake Provincetown Santuit South Chatham South Dennis South Harwich South Orleans South Wellfleet South Yarmouth Truro Wellfleet West Barnstable West Chatham West Dennis West Harwich West Hyannisport West Yarmouth Wianno Yarmouth Yarmouth Port
Berkshire Co.	North Adams, MA 01247 P.O. Box 978 (413) 663-5327	Adams Blackington Brier Cheshire Drury Farnams Florida Hancock Hoosac Tunnel New Ashford North Adams Savoy South Williams Williamstown

COUNTY	S.S. OFFICE	TOWNS SERVED
Berkshire Co.	Pittsfield, MA 01202 Federal Building 78 Center Street (413) 445-4581	Allendale Ashley Falls Becket Berkshire Dalton East Lee East Otis Glendale Great Barrington Hartsville Hinsdale Housatonic Interlaken Lanesboro Lee Lenox Lenox Dale Mill River Monterey Montville Mount Washington New Boston New Marlboro North Egremont Otis Pittsfield Richmond Sandisfield Sheffield South Egremont South Lee South Sandisfield Southfield State Line Stockbridge Tyringham Washington West Stockbridge Windsor
Bristol Co.	Attleboro, MA 02703 P.O. Box 2059 (617) 222-0273	Attleboro Attleboro Falls Chartley Dodgeville East Mansfield East Norton Hebronville Mansfield

COUNTY	S.S. OFFICE	TOWNS SERVED
Bristol Co.	Attleboro, MA 02703 P.O. Box 2059 (617) 222-0273	North Attleboro 02760, 61, 62, 63 Norton Rehoboth Seekonk South Attleboro Twin Village
Bristol Co.	Brockton, MA 02401 166 Main Street (617) 559-5280	Easton North Easton South Easton
Bristol Co.	Fall River, MA 02720 400 North Main Street (617) 676-1981	Acoaxet Central Village Fall River 02720 21, 22, 23, 24, 25, 26 North Westport Ocean Grove Somerset Swansea Westport
Bristol Co.	New Bedford, MA 02741 P.O. Box 11-3104 (617) 999-3101	Acushnet Clifford Dartmouth Fairhaven Fort Rodman Lunds Corner New Bedford 02740 41, 42, 43, 44, 45, 46, 47, 48 Nonquitt North Dartmouth Padanaram South Dartmouth
Bristol Co.	Taunton, MA 02780 19 Court Street (617) 823-5116	Assonet Berkley Dighton East Freetown East Taunton Freetown North Dighton Raynham Segreganset Taunton

COUNTY	S.S. OFFICE	TOWNS SERVED
Dukes Co.	Falmouth, MA 02541 P.O. Box 667 (617) 548-8150	Chilmark Cuttyhunk Edgartown Gay Head Menemsha Oak Bluffs Tisbury West Chop
Essex Co.	Haverhill, MA 01830 367 Main Street (617) 374-1968	Amesbury Ayers Village Bradford Byfield East Haverhill Georgetown Groveland Haverhill Merrimac Newbury Newburyport Plum Island Rowley Salisbury South Byfield South Groveland Ward Hill West Newbury
Essex Co.	Lawrence, MA 01840 229 Essex Street First Floor (617) 686-6171	Andover Ballard Vale Boxford East Boxford Lawrence 01840 41, 42, 43 Methuen North Andover Shawsheen West Boxford
Essex Co.	Lynn, MA 01901 140 Union Street (617) 596-0059 or (617) 592-7816 to file a claim	Beach Bluff Cliftondale Danvers East Lynn East Saugus Hawthorne Little Nahant Lynn 01901 02, 03, 04, 05

COUNTY	S.S. OFFICE	TOWNS SERVED
Essex Co.	Lynn, MA 01901 140 Union Street (617) 596-0059 or (617) 592-7816 to file a claim	Middleton Nahant North Saugus Peabody Saugus South Lynnfield South Peabody Swampscott West Lynn West Peabody
Essex Co.	Salem, MA 01970 1 East India Sq. Mall (617) 741-1516	Beverly Essex Gloucester Hamilton Ipswich Manchester Marblehead Rockport Salem South Hamilton Wenham
Franklin Co.	Gardner, MA 01440 60 Parker Street (617) 632-7856	North Orange Orange
Franklin Co.	Greenfield, MA 01301 11 Davis Street (413) 773-7327	Ashfield Bernardston Buckland Charlemont Colrain Conway Deerfield East Deerfield East Northfield East Whately Erving Farley Gill Griswoldville Hawley Heath Lake Pleasant Leverett Leyden Lyonsville Millers Falls

COUNTY	S.S. OFFICE	TOWNS SERVED
Franklin Co.	Greenfield, MA 01301 11 Davis Street (413) 773-7327	Monroe Bridge Montague Moores Corner Mount Hermon New Salem North Leverett Northfield Rowe Shattuckville Shelburne Shelburne Falls Shutesbury South Ashfield South Deerfield Sunderland Turners Falls Warwick Wendell West Deerfield West Hawley Whately
Hampden Co.	Holyoke, MA 01040 302 High Street (413) 534-7361	Fairview Holyoke Westover A. F.Base Willamanset
Hampden Co.	Springfield, MA 01103 1550 Main Street (413) 785-0000	Agawam Blandford Bondsville Brightwood Brimfield Chester Chicopee 01013, 14, 15, 16, 17, 18, 19, 20, 21, 22 Chicopee Falls East Brimfield East Longmeadow Feeding Hills Forest Park Granville Hampden Highland Holland Indian Orchard Longmeadow Ludlow

COUNTY	S.S. OFFICE	TOWNS SERVED
Hampden Co.	Springfield, MA 01103 1550 Main Street (413) 785-0000	Mittineague Monson Montgomery North Agawam North Wilbraham Palmer Russell Southwick Springfield 01101, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29 Thorndike Three Rivers Tolland Wales West Springfield Westfield Woronoco
Hampshire Co.	Holyoke, MA 01040 302 High Street (413) 534-7361	Amherst Bancroft Belchertown Chesterfield Cummington Cushman East Hampton Florence Goshen Granby Hadley Hatfield Haydenville Huntington Laurel Park Leeds Lithia Middlefield Mount Tom North Amherst North Hadley North Hatfield Northampton Pelham Plainfield Smith Ferry

COUNTY	S.S. OFFICE	TOWNS SERVED
Hampshire Co.	Holyoke, MA 01040 302 High Street (413) 534-7361	South Amherst South Hadley Southampton Swift River Ware West Chesterfield West Hatfield Williamsburg Worthington
Middlesex Co.	Cambridge, MA 02238 615 Mt. Auburn Street (617) 227-2400	Arlington Arlington Heights Auburndale Bedford Belmont Burlington Cambridge Center Chestnut Hill East Arlington East Cambridge East Lexington East Somerville East Watertown Lexington Newton 02158 59, 60, 61, 62, 64 North Cambridge North Woburn Somerville Watertown Waverly West Bedford West Newton West Somerville Winchester Winter Hill Woburn
Middlesex Co.	Fitchburg, MA 01420 881 Main Street (617) 345-4183	Ashby Shirley Townsend West Townsend

COUNTY	S.S. OFFICE	TOWNS SERVED
Middlesex Co.	Framingham, MA 01701 216 Howard Street (617) 875-6191	Ashland East Holliston East Natick Framingham Hayden Row Holliston Hopkinton Hudson Marlboro Marlborough Saxonville Sherborn South Framingham South Natick West Natick Woodville
Middlesex Co.	Lowell, MA 01853 P.O. Box 26 (617) 454-9151	Ayer Billerica Carlisle Chelmsford Collinsville Dracut Dunstable East Billerica East Pepperell Forge Village Fort Devens Graniteville Groton Harwood Littleton Lowell 01850, 51, 52, 53, 54 Nebnasset North Billerica North Chelmsford North Wilmington Nutting Lake Pepperell Pinehurst South Chelmsford Tewksbury Tyngsboro West Chelmsford West Groton Westford Wilmington

COUNTY	S.S. OFFICE	TOWNS SERVED
Middlesex Co.	Malden, MA 02148 200 Pleasant Street 617 324-2316	Everett Greenwood Malden Maplewood Medford Melrose Melrose Highlands North Reading Reading Stoneham Tufts College Wakefield West Medford
Middlesex Co.	Waltham, MA 02154 50 Prospect Street 617 893-0176	Acton Boxboro Cochituate Concord David East Acton Gleasondale Kendall Green Lincoln Maynard North Sudbury South Lincoln South Sudbury South Waltham Stow Sudbury Waltham Wayland West Acton West Concord Weston
Nantucket Co.	Falmouth, MA 02541 P.O. Box 667 (617) 548-8150	Nantucket Siasconset
Norfolk Co.	Attleboro, MA 02703 P.O. Box 2059 (617) 222-0273	East Foxboro Foxboro Franklin Plainville Sheldonville Wrentham

COUNTY	S.S. OFFICE	TOWNS SERVED
Norfolk Co.	Brockton, MA 02401 166 Main Street (617) 559-5280	Avon Holbrook North Randolph Randolph Stoughton West Stoughton
Norfolk Co.	Brookline, MA 02146 2001 Beacon Street (617) 739-0031	Brookline Brookline Village Cleveland Circle
Norfolk Co.	Framingham, MA 01701 216 Howard Street (617) 875-6191	Babson Park Wellesley
Norfolk Co.	Norwood, MA 02062 480 Washington Street P.O. Box 830 (617) 769-6814	Canton Charles River Dedham Dover East Walpole Medfield Medway Millis Needham Needham Heights Norfolk Norwood Sharon South Walpole Walpole Westwood-Islington
Norfolk Co.	Quincy, MA 02169 191 Parkingway (617) 479-0633	Braintree Cohasset East Weymouth Milton Milton Village North Quincy North Weymouth Wollaston
Norfolk Co.	*Woonsocket, RI 02895 127 Social Street P.O. Building (401) 767-2100	Bellingham Craigville North Bellingham South Bellingham

*Parts of Norfolk County in Massachusetts are served by the Woonsocket, Rhode Island District Office.

COUNTY	S.S. OFFICE	TOWNS SERVED
Plymouth Co.	Brockton, MA 02401 166 Main Street (617) 559-5280	Abington Assinippi Bridgewater Brockton Cochesett East Bridgewater East Middleboro Elmwood Island Creek Lakeville Millbrook North Abington Northville Snug Harbor South Bridgewater South Middleboro Westdale Whitman
Plymouth Co.	Hanover, MA 02339 198 Columbia Road (617) 826-6383	Accord Brant Rock Bryantville Carver Duxbury Green Harbor Halifax Hanover Hanson Kingston Manomet Marshfield Monponsett North Carver North Marshfield North Pembroke North Plymouth Norwell Ocean Bluff Pembroke Plymouth Rockland South Carver South Hanson White Horse Beach

COUNTY	S.S. OFFICE	TOWNS SERVED
Plymouth Co.	New Bedford, MA 02741 P.O. Box 11-3104 (617) 999-3101	Antassawamock East Wareham Hamilton Beach Marion Mattapoisett Onset Parkwood Beach Port Independence Rochester South Wareham Swifts Beach Wareham West Wareham
Plymouth Co.	Quincy, MA 02169 191 Parkingway (617) 479-0633	Greenbush Hingham Hull Humarock Minot Nantasket North Scituate Scituate South Hingham
Suffolk Co.	Boston, MA 02116 31 St. James Avenue (617) 223-1018	Boston 02101, 02, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 23, 27, 29, 33, 34 Brighton Long Island Pru Center Terminal
Suffolk Co.	Cambridge, MA 02238 615 Mt. Auburn Street (617) 227-2400	Boston 02134, 38, 39, 40, 41, 42, 43, 44, 45
Suffolk Co.	Chelsea, MA 02159 Mystic Mall 168 Everett Avenue (617) 889-3804	Beach Beachmont Boston 02128 Chelsea East Boston 02128 Fort Banks Franklin Park Revere Revere Beach Winthrop

COUNTY	S.S. OFFICE	TOWNS SERVED
Suffolk Co.	Dorchester, MA 02122 1502 Dorchester Avenue (617) 676-1981	Boston, 02122, 24, 25 Dorchester
Suffolk Co.	Roslindale, MA 02131 33 Corinth Street (617) 323-7680	Boston 02126, 31, 32, 36, 37 Hyde Park Mattapan Readville Roslindale West Roxbury
Suffolk Co.	Roxbury, MA 02119 2315 Washington Street (617) 227-2400	Boston 02119, 20, 21, 30 Grove Hall Jamaica Plain Roxbury Roxbury Crossing
Worcester Co.	Fitchburg, MA 01420 881 Main Street Federal Building (617) 345-4183	Bolton Cleghorn East Princeton Harvard Lancaster Leominster Lunenburg North Leominster North Village South Lancaster Sterling Sterling Junction Still River West Sterling
Worcester Co.	Framingham, MA 01701 216 Howard Street (617) 875-6191	Fayville Hopedale Milford Southboro Southville
Worcester Co.	Gardner, MA 01440 60 Parker Street (413) 632-7432	Ashburnham Athol Baldwinville East Gardner East Princeton East Templeton Gardner Hubbardston North Ashburnham

COUNTY	S.S. OFFICE	TOWNS SERVED
Worcester Co.	Gardner, MA 01440 60 Parker Street (413) 632-7432	Otter River Petersham South Gardner South Royalston Templeton Westminster Winchendon Winchendon Springs
Worcester Co.	Worcester, MA 01608 Denholm Building 25 High Street (617) 793-0430	Auburn Barre Berlin Boylston Brookfield Charlton Cherry Valley Clinton Cordaville Douglas Dudley East Brookfield East Douglas Fiskdale Gilbertville Grafton Hardwick Holden Jefferson Leicester Linwood Manchaug Millbury Morningdale New Braintree North Brookfield North Grafton North Oxford North Uxbridge Northboro Oakdale Oakham Oxford Paxton Rochdale Rutland Shrewsbury South Barre South Berlin South Grafton

COUNTY	S.S. OFFICE	TOWNS SERVED
Worcester Co.	Worcester, MA 01608 Denholm Building 25 High Street (617) 793-0430	Southbridge Spencer Sterling Sturbridge Sutton Upton Uxbridge Warren Webster West Boylston West Brookfield West Grafton West Millbury West Upton West Warren Westborough Wheelwright Whitinsville Wilkinsonville Worcester 01601, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12
Worcester Co.	*Woonsocket, RI 02895 127 Social Street P.O. Building (401) 767-2100	Blackstone Mendon Millville

*Parts of Worcester County in Massachusetts are served by the Woonsocket, Rhode Island District Office.

Veterans' Administration

If you are a veteran, you may be entitled to the following benefits:

- G.I. Education
- Veterans Education Assistance Program
- Vocational Rehabilitation
- G.I. Loans
- Disability Compensation
- Appeal to Board of Veterans
- Burial
- Readjustment Counseling
- One Time Dental Treatment
- Dental Treatment
- G.I. Insurance
- Veterans Group Life Insurance
- Employment Counseling
- Unemployment Compensation
- Re-employment
- Selective Service

Veterans Administration benefits information is available by phone in Massachusetts by calling:

In Metropolitan Boston - 617 227-4600
(8:00 to 4:30, M through F)

Out of State or in Massachusetts - 1-800-392-6015

If you live in the following regions, you can call the VA office through the given numbers:

Springfield:	(413) 785-5343
Worcester:	(617) 791-3595
Lowell:	(617) 454-5463
Brockton:	(617) 588-0764
Fitchburg:	(617) 342-8297
Lawrence:	(617) 687-3332

A booklet on benefits is available titled:

FEDERAL BENEFITS FOR VETERANS AND DEPENDENTS, January '84

Call the benefits information number for this booklet.

Community Nutrition Resources

This section will enhance your ability to access good nutrition. A resource list of community nutrition programs, local nutritionists with whom you can consult, and emergency food agencies is presented below.

The major food assistance programs are administered by the U.S. Department of Agriculture's Food and Nutrition Service together with state governments and local agencies.

In Massachusetts, the Department of Education has responsibility for food programs serving children in schools, day care centers, and summer recreation centers. The Department of Public Welfare has responsibility for the Food Stamp program and the Department of Public Health administers the Special Supplemental Food Program for Women, Infants and Children (WIC).

All federal and state food assistance programs are available to all eligible persons without regard to race, color, national origin, sex, age, or handicap.

The descriptions of the following programs should be of help. Contact the telephone numbers for further assistance.

The Food Stamp Program (See Page 19)

The Food Stamp Program helps needy households purchase the foods they need for good health. Participating families get coupons, free of charge, which they exchange for food at authorized stores.

People can apply for food stamps at their local food stamp office or call toll free 1-800-841-2900 for information. See page 19 for eligibility guidelines.

Special Supplemental Food Program for Women, Infants, and Children

The Special Supplemental Food Program for Women, Infants, and Children is commonly known as WIC. WIC is a federally and state funded food and nutrition education program for pregnant, postpartum, and breastfeeding women, infants, and children under age five who are low income and at nutritional risk. WIC is operated by local health clinics and other authorized health facilities. WIC programs provide supplemental foods in one of three ways: obtaining foods from local firms and distributing them directly; arranging for home delivery; or giving mothers vouchers to exchange for specified items at authorized grocery stores. Most WIC programs in Massachusetts give participants vouchers.

For information call 1-800-WIC-1007.

Soup Kitchens

There are 27 soup kitchens in the City of Boston and 25 soup kitchens in the suburban Boston area. Soup kitchens offer not only meals but respite from the weather and isolation. These meal programs are open to all in need. Church-affiliated nonprofit organizations operate the majority of the meal programs in the city. In the Boston area, the Hunger Hotline (617-523-7010) can refer you to soup kitchens in your community. Outside the Boston area, contact the nearest food bank for information on soup kitchens.

Additional Resources

Expanded Food and Nutrition Education Program (EFNEP)

EFNEP serves low-income families with children. It is regarded by many as the nutrition education component of the Food Stamp Program. Nutrition aides under the direction of a registered dietician or nutritionist visit homes and provide one-to-one education or general and specific nutrition problems. The aides teach food budgeting, purchasing and preparation.

Massachusetts Nutrition Resource Center (MNRC)

Massachusetts Nutrition Resource Center
150 Tremont Street
Boston, MA 02111

The Mass. Nutrition Resource Center (MNRC) is a joint program of the Department of Public Health and the Frances Stern Nutrition Center and works to promote healthy lifestyles through improved nutrition awareness. MNRC provides consumers and health care professionals with prompt, accurate, up-to-date answers to questions about food, nutrition, and health. While MNRC staff do not prescribe therapeutic diets, they can assist with dietary changes recommended by health care providers. Callers can also be referred to local nutrition services and resources.

The Nutrition Hotline is a service of the Massachusetts Nutrition Resource Center. Its toll free number is 1-800-322-7203, 9:00 A.M. - 3:15 P.M. weekdays.

Boston Urban Gardeners (BUG)

BUG assists families of low- and moderate-income neighborhoods to develop community vegetable gardens. Since 1976, over 130 community gardens have been developed where more than 5,500 families are producing food for their own consumption.

BUG
20 Park Plaza
Room 831
Boston, MA 02116
(617) 423-7497

Emergency Feeding Agencies

The Hunger Hotline

The Hunger Hotline is a comprehensive information, referral and advocacy center for food and hunger issues, connecting community resources to emergency food providers throughout Greater Boston. The Hunger Hotline works with over 270 agencies which are serving over 30,000 individuals a month. The Hunger Hotline works to make food accessible to needy people.

Project Bread Hunger Hotline
14 Beacon Street
Room 608
Boston, MA 02108
523-7010

Food Banks

Food banks are nonprofit corporations that serve as clearinghouses for soliciting, receiving, storing and redistributing surplus or salvage foods from growers, processors, markets and restaurants to other nonprofit groups. Food banks offer food to nonprofit organizations feeding those in need at food pantries, soup kitchens, day care centers, shelters, or detox facilities. The food is obtained at a low cost to the agencies - a co-payment, usually 10 cents a pound, which covers the operating cost of the food bank. Food banks do not feed individuals. There are three food banks in Massachusetts:

1. Boston Food Bank
   1693 Columbus Avenue
   Boston, MA 02119
   (617) 427-5831

2. Western Massachusetts Food Bank
   47 East Street
   Hadley, MA 01035
   (413) 586-6067

3. Worcester County Food Bank
   55 Millbrook Street
   Worcester, MA 01610
   (617) 798-0191

Food Pantries

There are 120 food pantries in the City of Boston and 145 pantries in the suburban Boston area. These pantries, which provide families with a three-day supply of nonperishable groceries, are located in churches and social service agencies and some in the homes of families who use and operate them. In the Boston area, the Hunger Hotline (523-7010) can refer you to food pantries in your community. Outside the Boston area, contact the nearest food bank for information on food pantries. See information for AIDS Action Committee on page 56.

Fuel Assistance Information

The Fuel Assistance Program is available to help pay a portion of the heating bills of eligible households. You may qualify for assistance of up to $750 on your gas bill if you meet the requirements below.

I. Eligibility

The amount of assistance you may receive will vary according to your total household income before taxes. In order to qualify for assistance under this program, your income and family size must be as listed below:

Household size	If the household's income is less than:		
1	$ 6,563	$ 7,875	$ 9,188
2	8,813	10,575	12,338
3	11,063	13,275	
4	13,313	15,975	
5	15,563	18,675	
6	17,813	21,375	
7	20,063	24,075	
8	22,250	26,775	
For each over 8 add:	2,250	2,700	
Eligible for maximum fuel assistance of:	$ 750	$ 500	$ 325

Example: If there are four people in your household and your income is $12,000 you are eligible for up to $750. If you income is $14,000, you are eligible for up to $500.

II. To Apply

Local community action agencies administer the Program and are now accepting Fuel Assistance applications. For your convenience, we have listed on page 51 in this manual the locations and telephone numbers of those agencies serving Boston Gas customers.

When you apply for assistance, you must bring to the agency (1) your most recent gas bill; (2) EITHER a copy of a Social Security check, with the standard Medicare-benefits deduction, if applicable, OR proof of all sources of income for at least the previous 90 days of all household members 18 or over. If, however, you are an AFDC or Federal Relief recipient, you must have a current statement from your social worker that shows the type and amount of your assistance.

III. Maximum Amount

Funds available under this program are limited. Your application does not guarantee eligibility nor the full eligibility amount. Therefore, you should contact your local agency as soon as you can to establish your eligibility and the amount of assistance you may expect.

IV. Payment Plan

If the total amount of your gas bill during the winter is more than the maximum assistance for which you are eligible, you may call Boston Gas at the number printed on your bill to make payment arrangements on the balance not covered by Fuel Assitance.

V. Weatherization

If you are eligible for fuel assistance, you may also be eligible to have improvements made on your house for attic and wall insulation, heating system assistance, and other energy conservation needs. Ask your fuel assistance agency for additional information.

VI. Where to Apply

The following is a list of the agencies that serve Boston Gas' customers:

Action for Boston Community Development
Outreach Center (ABCD)
178 Tremont Street, Boston.....357-6012
143 Harvard Avenue, Allston.....783-1485
27 Winthrop Street, Charlestown.....241-8866
110 Claybourne Street, Dorchester.....288-2700
21 Meridian Street, East Boston.....567-8807
617 Centre Street, Jamaica Plain.....522-4831
514 River Street, Mattapan.....298-2045
11 Tileston Street, Boston.....367-2806
1552 Tremont Street, Roxbury.....445-6000
62 Warren Street, Roxbury.....442-5900
554 Columbus Avenue, Boston.....267-7400
Newton City Hall, Newton.....552-7170
4256 Washington Street, Roslindale.....323-0300
1716 Centre Street, West Roxbury.....325-2850
169 Massachusetts Avenue, Boston.....266-3363
90 Tyler Street, Boston.....426-9492

For Locations of Other ABCD Outreach Centers
Call.....357-6012

Action, Inc.
47 Washington Street, Gloucester.....281-3900
Serving: Gloucester, Rockport

Community Action Program Inter-City, Inc.
92 Hutchinson Street, Revere.....284-8550
Serving: Chelsea, Revere, Winthrop

Greater Lawrence Community Action Council
350 Essex Street, Lawrence.....686-3915
Serving: Reading

Greater Lowell Community Teamwork, Inc.
167 Dutton Street, Lowell.....459-6161
11 Carter Street, Waltham.....647-1620
Serving: Arlington, Bedford, Belmont, Burlington, Carlisle, Groton, Lexington, Waltham, Watertown

Lynn Economic Opportunity, Inc.
360 Washington Street, Lynn.....581-7220
Serving: Lynn, Lynnfield, Nahant, Saugus, Swampscott

Montachusett Employment and Training Program, Inc.
130 Elm Street, Gardner.....343-4150/365-2067
Serving: Ayer, Clinton, Harvard, Lancaster, Leominster, Lunenburg, Shirley

North Shore Community Action Programs
98 Main Street, Peabody.....531-8810/531-0767
Serving: Beverly, Danvers, Marblehead, Peabody, Salem

Quincy Community Action Organization
1509 Hancock Street (Rear), Quincy.....471-4025
Serving: Braintree, Milton, Quincy, Weymouth

Self Help, Inc.
142 Main Street, Brockton.....586-5751
Serving: Abington, Norwood, Rockland, Whitman

Somerville-Cambridge Fuel Assistance Program
1 Summer Street, Somerville.....623-8400
Serving: Somerville

South Middlesex Opportunity Council
75 Howard Street, Framingham...620-1230/478-6460
Serving: Acton, Boxborough, Concord, Lincoln, Littleton, Sudbury, Wayland, Wellesley, Weston

South Shore Community Action Council, Inc.
17 Court Street (Rear), Plymouth.....746-6707
Serving: Cohasset, Hingham, Hull

Tri-City Community Action Program
341A Forest Street, Malden.....322-6284
Serving: Everett, Malden, Medford, Melrose, Stoneham, Winchester, Woburn

Worcester Community Action Council
340 Main Street, Worcester.....754-7281
Outside Worcester area.....1-800-545-4577
Serving: Brookfield, Dudley, East Brookfield, Leicester, North Brookfield, Southbridge, Spencer, Warren, Webster, West Brookfield

Community and Support Services

COMMUNITY AND SUPPORT SERVICES

AIDS Action Committee

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The impact of a diagnosis of AIDS or ARC will have an enormous effect upon a person. Reactions range from disbelief and anger to despair and sadness.

It is important for a person with AIDS to process these feelings, share them with others and seek professional counseling when needed.

In this part of the Community Resources Guide you will find agencies which are there for support and understanding for both the person with AIDS and their loved ones.

The agencies in this section can be accessed directly or you can ask for assistance from the Massachusetts Department of Public Health's Community Resource Specialists at the Health Resource Office (617) 727-0368, or from the Support Services Team at the AIDS Action Committee (617) 437-6200.

AIDS Action Committee
661 Boylston Street
Boston 02116
Administration.....(617) 437-6200
Toll Free Hot Line...1-800-235-2331
AIDS Action Line.....(617) 536-7733

The AIDS Action Committee of Massachusetts, a volunteer community group, came together in November of 1982, to provide support services to all people diagnosed with AIDS and AIDS-Related Complex, as well as to their families, friends and loved ones.

The continuing goals of the AIDS Action Committee are:

First, to provide direct services and support to meet the varied and complex needs of persons who have been diagnosed with Acquired Immune Deficiency Syndrome or with AIDS-Related Complex (ARC) and their families, friends and loved ones.

Second, to provide and coordinate information and education about AIDS/ARC with medical providers and social agencies providing direct services to persons with AIDS/ARC.

Third, to inform, educate and provide support for those segments of the community who remain at high risk for contracting AIDS/ARC.

Fourth, to inform and educate the larger community concerning AIDS-related issues and to enlist public support for increased medical services and research.

With funds available through voluntary gifts, the Commonwealth of Massachusetts, the City of Boston, and private grants, the following services are available to people with AIDS/ARC:

By calling 437-6200 and asking to speak to an advocate, the following services are available to people with AIDS/ARC free of charge, regardless of your ability to pay:

Social Service Advocacy: The staff advocates serve as your advocates to assure that you are receiving the quality social service and health care to which you are entitled. Advocates are available to meet with you in our office, your home, or the hospital.

Support Services Team: Trained volunteers are available on a one-to-one basis to provide friendship, support, and a helping hand in daily living. You and your volunteers work out the kind of relationship that's best suited to your needs.

Support Groups: A series of support groups for people with AIDS/ARC, friends, family, and loved ones meet regularly. Groups for those in recovery and bereavement are also available to help you and your network gain support and strength together.

Transportation and Moving: Through a team of volunteers, we can assist you in getting to social and medical appointments from time to time. We can also help with moving if that is needed.

Housing: AIDS Action has a small number of housing units which are cooperative living situations for people with AIDS/ARC. Limited financial assistance may be available to help you remain in your own house. We also can help in providing referrals to find independent housing for those who are having difficulty due to a diagnosis of AIDS/ARC.

Food Program: A meals delivery program is available to those having difficulty cooking for a period of time. Gift Certificates to local markets are also available on a limited basis to supplement your food budget.

Wholistic Therapies Team: A variety of workshops on meditation, stress reduction, attitudinal healing are offered to provide comfort, improved vitality, and symptomatic relief.

Pastoral Counseling: "AIDS sensitive" pastoral and spiritual volunteer counselors are available to you and your family.

Recreational: AIDS Action sponsors a variety of recreational activities including meals, special events, tickets to concerts and plays, all "just for fun."

Education: The education component combats the widespread fear and misinformation about AIDS with up-to-date information and presentations on all aspects of the disease. A staff of health educators produce and distribute accurate materials and data on the medical, social and political aspects of AIDS. Educational consultation and presentation are available to health care providers, high risk groups and others.

Hotline: The Massachusetts Department of Public Health funds a toll free hotline, (1-800-235-2331), staffed by AIDS Action volunteers. The trained volunteers provide current, factual information on AIDS/ARC and refer callers to either available AIDS Action services or to other medical, mental

health, social, housing or financial resources available in Massachusetts.

Referral Services: AIDS Action has developed a broad network of professionals who are well trained in issues affecting people with AIDS/ARC and families and friends, and who will see you at an affordable fee or for free if necessary. Through a careful matching we can refer you to:

- massage therapists
- individual and family therapists
- substance abuse counselors
- lawyers
- dentists
- funeral homes
- acupuncturists
- chiropractics
- social service and medical agencies.

For any of these services, simply call 437-6200 and ask to speak to an advocate. AIDS Action observes strict confidentiality.

Department of Social Services (DSS)

The Directory of Department of Social Services Offices and Geographic Index to Social Service Areas on the following pages should be used to identify which local office of DSS a person with AIDS seeking social services should call.

Services are delivered to consumers according to the city or town in which they live. In Boston, local office assignments are made according to home street address. Questions about these assignments in Boston should be directed to the Boston Regional Office at (617) 367-2040.

Services Provided by Department of Social Services

Child Protective Services: include receiving and responding to reports of child abuse and neglect and, when, after investigation, a child is determined to be at serious risk of harm, providing services to ensure the child's protection. Protective services are then followed up by supportive services aimed at strengthening and, whenever possible, reuniting the family.

Counseling: is provided to parents, children and adolescents and aims at strengthening the family.

Day Care: provided as a support to parents who are working, in school or receiving training. It is also offered as a protective or preventive social service and to families where either the parent or child has a disability.

Family and Adolescent Mediation: helps families work through conflicts to concrete, constructive solutions.

Family Planning: provides information and counseling to help individuals and couples plan births.

Homemakers: provide training and assistance with household tasks.

Information and Referral Services: are offered in a wide range of areas including shelter and emergency assistance.

Parent Aides: provide supportive counseling to parents under stress.

Respite Care: is temporary care for developmentally disabled individuals living at home.

Services to Pregnant and Parenting Adolescents: provide day care and other supportive services to help teens stay in school, plus vocational and psychological counseling, and access to health care.

Sexual Abuse Prevention Services: train parents, teachers, day-care workers and others to conduct workshops for children on personal safety skills.

Sexual Abuse Treatment Services: provide individual, group and family counseling for children who have been sexually abused and for their families.

Substitute Care: is 24-hour-a-day care in a foster home or other residential setting.

Women-In-Transition Services: provide crisis intervention and supportive services to women experiencing violence in their household and to their children.

Telephone Numbers for Service:

Child-At-Risk Hotline.....1-800-792-5200

Foster Care Recruitment.....1-800-345-4343

Battered Women's Shelters

Western MA	Woman's Shelter	(413) 536-1628
Central MA	Daybreak	(617) 755-9030 (Hotline)
North of Boston	Help for Abused Women and Their Children	(617) 744-6841
Metro. Boston	Transition House	(617) 661-7203
South of Boston	A Woman's Place	(617) 588-2041
Metro. Boston	Casa Myrna Vasques	(617) 262-9581

Also: Mass. Coalition of Battered Women's Services Group
20 East Street
Boston, MA 02111 (617) 426-8492

Tele-Typewriter for the Deaf

Western MA	Greenfield Area Office	(413) 774-5546
	Springfield Area Office	(413) 733-0265
Central MA	Worcester Area Office	(617) 791-1650
	Worcester Regional Office	(617) 798-8171
North of Boston	Middleton Regional Office	(617) 777-4420
	Danvers/Salem Area Office	(617) 744-2274
Metro. Boston	Cambridge Regional Office	(617) 868-1413
South of Boston	Cape & Islands Area Office	1-800-352-0711 (617) 394-1325
	Taunton Area Office	(617) 823-8999
Metro. Boston	Boston Regional Office	(617) 227-5816
Central Office	Consumer Action Office	1-800-632-8218
	Recruitment Unit	(617) 523-3357

Foster Care Review Unit, Donna Jeffers, Director

Eastern Unit
Mary Lou Kaufman
Assistant Director
150 Causeway Street
Room 1215
Boston, MA 02114
(617) 727-0900 ext.300

Western Unit
Valerie Lovelace-Graham
Assistant Director
Smokestack Place
72 Cambridge Street
Worcester, MA 01603
1-800-423-2022 or
(617) 754-0330

DSS - Central Office Main Number - (617) 727-0900

Department of Social Services

Quick Reference Guide

REGIONAL/AREA OFFICE	LOCAL #	PROTECTIVE SCREENING UNIT #
Western MA	(413) 781-0323	(same)
Pittsfield	499-7370	(same)
Greenfield	774-5546	(same)
Northampton	586-8480	(same)
Holyoke/Chicopee	536-4762	(same)
Springfield	781-0881	(same)
Westfield	562-9681	(same)
Central MA	(617) 798-8171	1-800-922-8169
Fitchburg	345-2101	"
Gardner	632-9104	"
Whitinsville	234-6213	"
Webster	949-0113	"
Worcester (city)	791-1200	"
North of Boston	(617) 777-4420	-
Lowell	452-8970	454-5255
Lawrence	685-8384	689-2688
Haverhill	373-3913	373-2310
Beverly/Gloucester	927-4600	922-1719
Danvers/Salem	741-0440	741-0018
Lynn	596-0200	593-5755
Chelsea	889-3820	884-4077
Wakefield	245-2754	246-0172
Tri-City	321-0130	322-7125
Metro. Boston	(617) 868-1400	-
Concord/Acton	263-8159	263-8159
Arlington/Woburn	641-1780	641-1780 x28
Waltham	894-8770	894-4865
Cambridge/Somerville	625-9170	666-5670
Marlborough	481-2640	481-2640
Framingham	872-8122	872-8122
Newton	965-2607	965-1819
Norwood	769-8780	769-8118
Quincy	773-8920	773-8920 x47
Weymouth	331-6600	331-6600

Quick Reference Guide (Cont.)

REGIONAL/AREA OFFICE	LOCAL #	PROTECTIVE SCREENING UNIT #
South of Boston	(617) 587-8110	-
Attleboro	226-4553	226-4554
Brockton	584-0980	588-2281
Plymouth	585-6533	585-6534
Taunton	822-7761	822-7762
Fall River	675-1145	675-1146
New Bedford	997-3361	997-3362
Wareham	295-2501	295-2452
Cape and Islands	394-1325	1-800-352-0711
Metro. Boston	(617) 367-2040	1-800-792-5200
Jamaica Plain	524-5474	"
Boston/Brookline	783-1640	"
Roxbury	445-5485	"
Solomon Carter, Bos.	266-9298	"
Dorchester	288-0300	"
East Boston	569-8310	"
Charlestown	242-3477	"
New Chardon Street	523-2337	-

Department of Mental Health

The Department of Mental Health's AIDS Task Force has prepared the following information to assist those providing services to people with AIDS, their friends and families, in locating additional services that might be needed.

Following is a list of outpatient counseling and support groups which have been arranged in geographic districts throughout the Commonwealth of Massachusetts. Listed, too, are centers which offer crisis/emergency services. Please call the following number for further help.

Available as the Department's coordinator for information and referrals is:

Marilyn Levin
Chair, AIDS Task Force
Department of Mental Health
160 North Washington Street
Boston, MA
(617) 727-9842

The information contained herein was collected as the result of outreach and was in part borrowed from existing referral lists. It is by no means an exhaustive list of service providers in the Commonwealth, nor should it be seen as an endorsement of those individuals and organizations listed.

AIDS Resource Directory of
Counseling and Support Groups

Western Massachusetts

Counseling/Support Groups

Tetty Gorfine, LCSW Lifeline Institute 664 Main Street Amherst, MA 01002 (413) 253-2822	Support groups, "worried well" group.
Main Street Human Resources 60 Cottage Street Great Barrington, MA 01230 (413) 528-9155	Sliding fee
Highland Counseling Associates 359 Main Street Greenfield, MA 01301	Sliding fee
Jean Gustafson Box 172 Montague, MA 01351 (413) 367-9316	
Don Abbott, M.A. 6 Orchard Street Northampton, MA 01060 (413) 586-5836 (ans. mach.)	Private practice Sliding fee
Joanne Christianson, LICSW Crescent Street Northampton, MA 01060 (413) 586-6696	Individual, couples, 135 groups. Third party billing. Sliding fee
Joseph Lamott, LCSW Northampton Mental Health Center Northampton, MA 01060 (413) 586-8680/(413) 584-7903 (h)	Private practice. By appointment only Ind/groups

Michelle Reiter 16 Center Street Suite 202 Northampton, MA 01060 (413) 586-1381	Private practice Ind/couples Ins/sliding fee
Shirley Sicurello, M.Ed. 56 Main Street Northampton, MA 01060 (413) 628-3990	Sliding fee
Berkshire Mental Health 333 East Street Pittsfield, MA 01201 (413) 499-0412	Crisis time available Sliding fee
Counseling Center in the Berkshires 27 East Street Pittsfield, MA 01201 (413) 499-4090	
Dee Appley South Shelburne Road Shelburne, MA 01370 (413) 625-9984	Clinical Psychologist
Child and Family Services 367 Pine Street Springfield, MA (413) 737-1426	
Urban Ministry Council of Churches 152 Summer Avenue Springfield, MA 01103 (413) 733-2149	
Art Lavoie Springfield, MA 01103 (413) 732-0285	By appointment only Ind/group Sliding fee
Marjorie Morgan, LCSW 915 Sumner Avenue Springfield, MA 01103 (413) 732-0677	Parents of Gays & Lesbians support group

Western MA (Cont.)

Austin Riggs Stockbridge, MA (413) 298-5511	Sliding fee
Pat Briggs Western Mass. Hospital East Mountain Road Westfield, MA 01085 (413) 562-4131 x132	Hospice service Support group for inpatient and family only
Counseling Center in the Berkshires 23 Park Street Williamstown, MA 01267 (413) 458-3279	

Central Massachusetts

Counseling/Support Groups

Wellspring Counseling Services Judy Garofalo, LICSW Angela Grattaroti, LICSW 106 Marriam Street Leominster, MA 01453 (617) 534-1872	Private practice Ins./negotiable fees
Resource Center & Relationship Institute 1 West Street Milford, MA 01757 (617) 473-4674	Group private practice
Carolyn Heusman, LICSW 162 Westboro Road Upton, MA 01568 (617) 529-4007	Private practice Incest survivors
Irene Cramer, LICSW 28 Circuit Avenue Worcester, MA 01603 (617) 754-0095	Private practice
Carolyn Heusman, LICSW 42 Lake Avenue Worcester, MA (617) 793-9827	Ins./sliding fee
Resource Center & Relationship Institute Sam Chiancola, LICSW 340 Main Street Worcester, MA 01608 (617) 798-3241	Group private practice

North of Boston

Counseling/Support Groups

David Aronstein, LICSW 234 Cabot Street Beverly, MA 01915 (617) 927-2725	Gay & lesbian program Ins./sliding fee
Celeste Flory, LCSW, CAGS Lowell General Hospital 295 Varnum Avenue Lowell, MA 01854 (617) 937-6500	Substance abuse Third party billing Sliding fee
Ross M. Kleiman, Ph.D. Tri-City Community Mental Health and Retardation Center 10 Holden Street Malden, MA 02148 (617) 324-7300 x149	Ins./sliding fee
Merrimack Valley Counseling Assoc. 211 Broadway Methuen, MA 01844 (617) 687-4383	Ins./sliding fee
Dawn Metcalf, LICSW 30 Sherman Avenue Nahant, MA 02118 (617) 581-3143	Private practice Ins./sliding fee
Bernard Yadoff, Ph.D. 30 Sherman Avenue Nahant, MA 02118 (617) 581-3143	Private practice
Bruce Pardis, LICSW Gay & Lesbian Counseling Program 47 Congress Street Salem, MA 01970	Medicaid, insurance Sliding fee

South of Boston

Counseling/Support Groups

Allan Belcher, M.A.
Cape Cod
(617) 362-6313

Linda Gurney, RN, MSW
New Bedford Area Center for
Human Services
Post Office Box A 2097
New Bedford, MA 02740
(617) 996-8501

Sliding fee
Insurance

Bob Giberti
Lower Cape Human Services
Main Office:
Old Tote Road (T,W,Th)
Post Office Box 1420
Orleans, MA 02563
(617) 255-2705

Clinical Psychologist

Satellite (M & F)
Shankpainter Road
Provincetown, MA
(617) 487-1619

All Insurances
Sliding fee

Metropolitan Boston

Counseling/Support Groups

CHAMA (Cambridge Haitian American Association) 105 Winson Street Cambridge, MA 02138 (617) 492-6622	Haitian Community Organization Providing support groups, counseling, and referrals
Daniel B. Gadish, M.D. 872 Massachusetts Avenue #306 Cambridge, MA 02139 (617) 547-3048	Psychiatry Ins./sliding fee
Bet MacArthur, LICSW 14 Pleasant Street Central Square Cambridge, MA 02139 (617) 498-9923	Private practice Ind./couples Ins./sliding fee
Sue Varga, M.Ed. 509 Green Street Cambridge, MA 02139 (617) 864-6432	Group private practice Individual/couples
Michael Ward, LCSW Transactional Analysis of Cambridge 1878 Massachusetts Avenue Cambridge, MA 02140 (617) 492-2718	Sliding fee
Frank Wills, M.D. 14 Concord Avenue #522 Cambridge, MA 02138 (617) 727-1925 (T, Th) x320 (messages) (617) 354-1410	Psychiatry. Work with retarded. Specialty: gay children, children of gay parents.
Francis Giambrone 110 Orchard Street Somerville, MA 02144 (617) 628-6988	Gestalt-therapist Sliding fee

Edward Golowka, M.Ph. 8 Morrison Place Somerville, MA 02144 (617) 894-3600 x3169	Private practice Individual, family and groups Sliding scale
Patricia Schwartz, MACP Expression Counseling Services 163 Summer Street Somerville, MA 02143 (617) 666-5697	Private practice Sliding fee
Bay Colony Health Services 200 West Cummings Park Woburn, MA 01801 (617) 935-3025	Private outpatient program specializing in treatment of chemical dependency Ins. accepted

Metropolitan Boston

Counseling/Support Groups

Lee Ellenberg, LICSW 25 Huntington Avenue #311 Boston, MA 02116 (617) 426-4601	Private practice Affiliation Ins./sliding fee
Leo F. Amrhein, Jr., M.D. 3 Summer Street Hingham, MA 02043 (617) 749-0364	Psychiatrist
Irie M. Goldman, Ph.D. 56 Fairmont Avenue Newton, MA 02158 (617) 332-3242	Individual/groups Gay, bisexual, married gays Ins./sliding scale
Next Step Counseling 53 Langley Road Suite 330 Newton Centre, MA (617) 332-6601	
Lee Ellenberg, LICSW 111 Willard Street, Suite 2E Quincy, MA 02169 (617) 773-8572	Private practice Affiliation Ins./sliding fee
CMHS (Cert. Mental Health Serv.) 1643 Beacon Street Waban (Newton), MA 02167 (617) 938-8799	Private group practice Insurance
Miriam Rosenberg, M.D. 206 Glezen Lane Wayland, MA 01778 (617) 358-7512	Psychiatry: Adult/child, lesbians, children of gay parents, gay adolescents

Metropolitan Boston

Counseling/Support Groups

AIDS Action Committee 661 Boylston Street Boston, MA 02116 (617) 437-6200	Mental health services are available at no cost

and include: Support Groups - ongoing and time limited groups for people with AIDS; People with ARC; Lovers of people with AIDS; Friends and Family of people with AIDS; People who are bereaved; People testing HIV positive; People anxious about AIDS; Medical Personnel who work with AIDS patients; Stress management for people with AIDS.

Evaluation and Referral - The individuals listed below have been screened by the AIDS Action Committee, Mental Health Service.

Joel Becker, Ph.D. Behavior Associates 45 Newbury Street Boston, MA 02116	Group practice - short term, problem-focused therapy
David Bellville, Ph.D. 25 Huntington Avenue Boston, MA 02116 (617) 438-8155 (Answering Service)	Individual/Couples Ins./Sliding fee
Steven Cadwell, LICSW 25 Huntington Avenue #311 Boston, MA 02116 (617) 524-3500	Private practice & affiliation Ins./sliding fee
Jack Delle Chiaie, LICSW 175 Warren Avenue Boston, MA 02116 (617) 437-0599	Private practice Individual, couples
Robert G. Dello Russo, Ph.D. 102 Union Wharf Boston, MA (617) 720-2676 (Answering machine)	Private practice Ins./sliding fee
Fenway Community Health Center Mental Health Department 16 Haviland Street Boston, MA 02115 (617) 267-7573	Ins./sliding fee

Joel Frost, Ed.D. Mass. General Hospital Boston, MA 02114 (617) 266-1616	Psychotherapy Ind/groups Ins./sliding fee
Nanette Gartrell, M.D. Beth Israel Hospital 330 Brookline Avenue Boston, MA 02215 (617) 735-4738 (M - W)	Psychiatry
Gay & Lesbian Counseling Service 6 Hamilton Place Boston, MA 02111 (617) 542-5188	Alcohol & substance abuse; Individual and group for people with ARC, AIDS and AIDS anxiety, offer in-service training and testing information Third party payments Sliding fee
David Griffiths, Lic. Psychologist 25 Huntington Avenue, Suite 518 Boston, MA 02116 (617) 236-0372 (Answering Service)	Private practice Insurance
Patricia Guilino, LICSW 25 Huntington Avenue Boston, MA (617) 236-0372	Ins./sliding fee
Jonathan Guttmacher, M.D. 29 Commonwealth Avenue Boston, MA 02116 (617) 437-7887	Psychiatry Ins./sliding scale Individual, group
Robert Haas Cognitive Behavior Therapist 264 Beacon Street Boston, MA 02116 (617) 262-6269	Private practice
Dennis Iadrola Back Bay Counseling Service 25 Huntington Avenue #520 Boston, MA 02116 (617) 739-7860	Private practice Hosted and produced "Boston's Other Voice"

Adriene LaPorte, RN Boston Alcoholic Detox Project Boston City Hospital Boston, MA 02118	Substance abuse counseling Insurance
Laurie Livingston, Ed.D. Agoraphobic Treatment & Research Center 264 Beacon Street Boston, MA 02116 (617) 262-5223	
Herbert Lovett, Ph.D. 76 G Street Boston, MA 02127 (617) 269-8382	Private practice Most ins. Flexible fees
Donald McGraw MA Bay Counseling Associates 25 Huntington Avenue #331 Boston, MA 02116 (617) 739-7832	Counseling by and for gays; member of mental health subcommittee AAC
Richard Pillard, M.D. 85 East Newton Street Boston, MA 02118 (617) 638-4820	Psychiatry
Robert G. Ross, Ed.D. 16 Concord Square 14-4 Boston, MA 02118 (617) 426-1920	Private practice Ins./Individual & group
Beth Schine, LICSW South End Counseling Associates 85 East Newton Street, Room 905 Boston, MA 02118 (617) 437-9643	Ins./sliding fee
David Sell, M.D. 196 West Springfield Street Boston, MA 02118 (617) 536-2665	Psychiatry Private Group Practice
Sam Serino, LICSW 25 Huntington Avenue Boston, MA 02116 (617) 424-1266	Ins./sliding fee

Allan Singer, LICSW 25 Huntington Avenue Boston, MA 02116 (617) 266-2240	Individual, couple, group Gay affirmative Insurance
South End Counseling Associates 85 East Newton Street Boston, MA 02118 (617) 437-9643	Private Sliding fee
Jeffrey Sunshine, LICSW South End Counseling Associates 85 East Newton Street Boston, MA 02118 (617) 437-9643	Ins./sliding fee
Bonnie Teitleman Beth Israel Social Services 330 Brookline Avenue Boston, MA 02215 (617) 735-4634	Ins./sliding fee
Sandra Ventimiglia, LICSW Prudential Building Boston, MA 02116 (617) 262-3315 (T & F) (617) 497-0190	Private practice Ins./sliding fee
Jay Warren, LICSW Beth Israel Social Services Counseling Clinic 330 Brookline Avenue Boston, MA 02215 (617) 735-4634	Issues of bisexual men Experience with people with AIDS & hemophiliacs Ins./sliding fee
Jonathan Worth, M.D. Mass. General Hospital Fruit Street Boston, MA 02114 (617) 726-2714 (messages)	Psychiatry Insurance as per MGH Sliding fee as per MGH
Marty Yellen, M.D. 262 Beacon Street Boston, MA 02116 (617) 267-1371	Psychiatry
Laurie Livingston, Ed.D. Coastal Community Counseling Center 482 Washington Street Braintree, MA 02184 (617) 849-1220	Ins./sliding fee

Henry Schniewind, M.D. 1853 Commonwealth Avenue Brighton, MA 02135 (617) 232-0160	Psychiatry
Barbara Buckley, LICSW 79 Harvard Avenue Brookline, MA 02146 (617) 734-8672	Private practice or social service Ins./sliding fee
Robert Cabaj, M.D. 93 Ivy Street Brookline, MA 02146 (617) 734-1958	Psychiatry
Gary Drake, LICSW 176 Fuller Street Brookline, MA 02146 (617) 566-6505	Private practice Ins./sliding fee
Joel Hencken, Ph.D. 1330 Beacon Street, Suite 349 Brookline, MA 02146 (617) 566-5421	Private practice Insurance
Karma Kitaj, MSW 290 Tappan Street Brookline, MA 02146 (617) 731-6170	Private practice Individual, Couples Insurance
Rhonda Linde, Ph.D. 1093 Beacon Street, Suite 4A Brookline, MA 02146 (617) 731-2678	Private practice in affiliation with Martin J. Pilidis, M.D. PC. Part-time at Fenway Community Health Center
Betty Morningstar, MSW 124 Harvard Street Brookline, MA 02146 (617) 277-6106	Private practice Lesbian and gay issues Eating disorders, ACOA Adult abuse survivors Ins./sliding fee
Dan Sorenson, LICSW 43 Garrison Road Brookline, MA 02146 (617) 277-8107 (private practice)	Private practice Ins./sliding fee

Sandra Ventimiglia, LICSW 217 Concord Avenue Cambridge, MA 02138 (617) 497-0190	Private practice Ins./sliding fee
Steven Cadwell, LICSW Southern Jamaica Plain Health Center 687 Centre Street Jamaica Plain, MA 02130 (617) 524-3500	Private practice & affiliation Ins./sliding fee
Marshall Forstein, M.D. 24 Olmstead Street Jamaica Plain, MA (617) 522-1267	Psychiatry
Steve Cope, LICSW 345 Neponset Avenue Dorchester, MA 02122 (617) 424-9474	Ins./sliding fee
Karma Kitaj, MSW 350 Hancock Street North Quincy, MA 02118 (617) 731-6170	Private practice Individual Couples Insurance
David Belleville, Ph.D. 55 Central Street Stoneham, MA 02180 (617) 438-8155	Individual/Couples Ins./sliding fee
Haitian Multi-Service Center (617) 436-2848	
Jonas Fields, M.D. Harvard Community Health Plan (617) 661-5550	Psychiatry

Department of Mental Health Directory

The Department of Mental Health provides a wide range of services to the people of Massachusetts whose functioning is impaired by mental illness. These services include:

Community-based residential programs range from highly structured, supervised residences to group homes with minimal staffing. These seek to prepare individuals for more independent living, provide training in daily living skills, money management, etc.

Vocational services are broken down into three types: pre-vocational training which assists clients with work-related skills; sheltered workshops for those not ready for regular employment; and transitional employment offering support and counseling for those entering the competitive work force.

Emergency services provide immediate and short-term mental health services and are available 24 hours a day for individuals in crisis.

Outpatient services offer counseling, evaluation, psychotherapy and education to individuals and families.

Inpatient services in state hospitals and state-run community mental health centers offer 24-hour care for mentally ill individuals who are dangerous to themselves or others, or for whom there is no alternative.

Aftercare and support services help adult mentally ill individuals reside successfully in the community with maximum independence by providing social contacts and assisting access to community resources.

The accompanying Directory lists available services. For additional information, contact Department of Mental Health, Central Office, Mental Health Services at (617) 727-9842.

Department of Mental Health

Outpatient Referral

Crisis/Emergency Services

Western Massachusetts

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
Franklin/ Hampshire	Franklin/Hampshire Comm. MHC 17 New South Street Northampton, MA 01060 (413) 586-8680	
	Northampton Area MH Services 88 Pomeroy Terrace Northampton, MA 01060 (413) 584-4544	Franklin/Hampshire Area Emergency Serv. 54 Pleasant Street (413) 586-5555
	Franklin County MH Assoc. 13 Prospect Street Greenfield, MA 01302-1191 (413) 774-7931	Trunk Line (413) 774-2758 or 9
	Human Resource Center 100 Main Street Athol, MA 01331 (617) 249-9926	
Holyoke/ Chicopee	Valley Human Services 96 South Street Ware, MA 01082 (413) 967-6241	
	Crossroads Comm. Growth Ctr. 207 Elm Street Holyoke, MA 01040 (413) 536-4240	Timely Response Mt. Tom Institute 507 Appleton Street Holyoke, MA 01040 (413) 536-2251
	Holyoke/Chicopee Area MH Ctr. 303 Beech Street Holyoke, MA 01040 (413) 534-3361	

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
	Holyoke/Chicopee MH Center 141 Grape Street Chicopee, MA 01103 (413) 592-4632	
Springfield	Community Care & MH Center 273 State Street Springfield, MA 01104 (413) 736-3668	
	Jose N. Gondara MH Center 2155 Main Street Springfield, MA 01109 (413) 736-1104	Psychiatric Crisis Services of the Ctr. for MH Resources 91 School Street Springfield,MA 01105 (413) 733-6661
	W.W. Johnson Life Ctr, Inc. 736 State Street Springfield, MA 01105 (413) 737-1103	
Westfield	Center for Children and Youth 20 Broad Street Westfield, MA 01085 (413) 568-1421	
	(Adults) Community Services West 55 Broad Street Westfield, MA 01085 (413) 568-6141	Community Services West 55 Broad Street Westfield, MA 01085 (413) 568-6386
Berkshire	Berkshire Mental Health Ctr. (for Central Berkshire Cty) 333 East Street Pittsfield, MA (413) 499-0412	(Central & South) Berkshire Mental Health Center (413) 499-0412
	(South County) Main Street Human Resources 60 Cottage Street Great Barrington, MA 02130 (413) 528-9155	(North) Northern Berkshire Counseling (413) 664-4541

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
	(North County) Northern Berkshire Couns. Ctr. Main Street North Adams, MA 01247 (413) 664-4541	

Central Massachuestts

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
North Central	N. Central Human Serv., Inc. 259 Green Street Gardner, MA 01440 (617) 632-9400	Paul Walker, Dir. 4PM-12 Midnight on weekends, holidays, weeknights (617) 534-6116
	Herbert Lipton MH Center 45 Summer Street Leominster, MA 01453 (617) 534-6116	David Oikemus, Dir. 4PM-12 Midnight on weekends, holidays, weeknights (617) 632-9400
South Central	Hubbard Regional Hospital 340 Thompson Road Webster, MA 01570 (617) 943-2600 Michael Gareau, Dir.	Gerald Barbini, Dir. 24 hr. emergency services Hubbard Reg. Hosp. Thompson Road Webster, MA 01570 (617) 943-2600
	Harrington Memorial Hosp. 100 South Street Southbridge, MA 01550 (617) 765-9771 Henry Hagelauer, Dir.	Harrington Mem.Hosp. 100 South Street Southbridge, MA (617) 765-9771 24 hr. emergency services Sandra Eagles, Dir.
Worcester	Community Mental Health Ctr. 162 Chandler Street Worcester, MA 01608 (617) 756-4354 David Higgins, Dir.	U.Mass Pre-screening & Emergency MH Serv. 55 Lake Avenue North Worcester, MA 01604 (617) 856-0011 (Main Number) (617) 856-3562 (Emergency Number)
Blackstone Valley	Valley Adult Couns. Serv. 115 Water Street Milford, MA 01757 (617) 478-0820 Joseph LoPiccolo, Dir.	Milford-Whitinsville Hospital - Nights & Weekends (617) 473-1190 Paul Bowler, Dir.
	Community Counseling Ctr. 101 Mill Street Hopedale, MA 01757 (617) 473-6723 Danaiel Hanrahan, Dir.	

North of Boston

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
Cape Ann	Cape Ann Area Office 16 Broadway Beverly, MA 01915 (617) 927-4466	Days - Same Nights/Project Rap 3 Broadway Beverly, MA 01915 (617) 922-0000 (Hotline)
Danvers/ Salem	N. Shore Comm. MH Center 47 Congress Street Salem, MA 01970 (617) 745-2440	Same (617) 744-5322 (Hotline)
Haverhill/ Newburyport	N. Essex Comm. MH Center 100 Winter Street Haverhill, MA 0183^ (617) 373-1126	N. Essex Comm. MH Center 21 Water Street Newburyport,MA 01950 1-800-892-0818
	Northern Essex MH Center 195R Main Street Amesbury, MA 01913	(617) 388-5652
Lawrence	Greater Lawrence MH Center 351 Essex Street Lawrence, MA 01841 (617) 683-3128	Same
Lowell	Solomon Mental Health Ctr. 391 Varnum Avenue Lowell, MA 01854 (617) 454-8851	Same
Lynn	Atlanticare Greater Lynn Comm. MH Center 500 Lynnfield Street Lynn, MA 01904 (617) 581-9200 x3555	Same
Tri-City	Tri-City Mental Health Ctr. 10 Holden Street Malden, MA 02148 (617) 324-7300	(617) 324-7300 (Day) (617) 321-1092 (Hotline) (Area Office)

North of Boston (Cont.)

Eastern Middlesex	Eastern Middlesex MH Ctr. 7 Lincoln Street Wakefield, MA 01880 (617) 246-2010	EM Crisis Team 150 Green Street Melrose, MA 02176 (617) 662-6623 N.E. Memorial Hosp. Woodland Drive Stoneham, MA 02180 (617) 662-7752

South of Boston

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
Attleboro	Attleboro Area MH Center 219 Park Street Attleboro, MA 02703 (617) 226-1660 Lawrence Haber, Dir.	M-F 9-5 (617) 226-0106 After 5 (617) 226-2806
Brockton	Brockton Multi-Serv. Ctr. 165 Quincy Street Brockton, MA 02402 (617) 580-0800 Bruce McWorter, Dir.	M-F 9-5 (617) 580-0800 After 5 (617) 580-0801
Cape Cod		(617) 564-5454 1-800-352-7742
Upper Cape	Mental Health Center Thorne Building Old County Road Pocasset, MA 02559 (617) 563-2262 Robert Blanchard, Dir.	
Mid-Cape	Center for Individual & Family Services 78 Pleasant Street Hyannis, MA 02601 (617) 563-2276 Donald Chamberlain, Dir.	
Lower Cape	Lower Cape Human Serv. Off. Old Tote Road Post Office Box 1787 Orleans, MA 02653 (617) 255-2705 John Farnsworth, Dir.	
Nantucket	Nantucket Counseling Off Vesper Lane Nantucket, MA 02554 (617) 228-2689 Eugene Palchanis, Dir.	
Martha's Vineyard	Community Services, Inc. Post Office Box 1089 Edgartown, MA 02539 (617) 627-9508 Dorothy O'Halloran	

South of Boston (Cont.)

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
Fall River	Corrigan Mental Health 49 Hillside Street Fall River, MA 02720 (617) 678-2901 Edward Babington, Dir.	(617) 678-2905
New Bedford	New Bedford Center for Human Services 337 Union Street New Bedford, MA 02741 (617) 996-8501 Warren Davis, Dir.	(617) 996-3154 Aftercare Services Program (617) 996-8501 Adult Mental Health Clinic (617) 999-3317
Plymouth	Mayflower Counseling Ctr. 131 Court Street Plymouth, MA 02360 (617) 746-7890 Dorothy Chase, Ph.D., Dir.	(617) 746-2000 (Answering Service for clients not tied into Counseling Center.)
Taunton		(617) 823-5700
Taunton Center	Central City Comm. Ctr. 19 Cedar Street Taunton, MA 02780 (617) 823-6124 James Isidorio, Dir.	
Western Taunton	Anawan Associates, Inc. 366 Winthrop Street Rehoboth, MA 02769 (617) 252-3383 Philip Shea, Dir.	
Eastern Taunton	Middleboro/Lakeville Counseling Center 94 South Main Street Middleboro, MA 02346 (617) 947-6100 Ira Silverman, Dir.	

Metropolitan Boston

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
Cambridge/	Camb./Somerville MH Center 12 Maple Avenue Cambridge, MA 02139 (617) 491-0600	over 18 (617) 498-1560 under 21 (617) 354-2275 Somerville only (617) 623-3278
Concord	Elliot Mental Health Ctr. Community Agencies Building Old Road to 9 Acre Corner Concord, MA 01742 (617) 369-1113	(617) 369-5437
Mystic Valley	Mystic Valley MH Center 186 Bedford Street Lexington, MA 02173 (617) 861-0890	(617) 935-8545
Metro./ Beaverbrook	Metropolitan/Beaverbrook MHC 372 Main Street Watertown, MA 02172 (617) 926-5800 Paul Cote, Dir.	Mon - Fri 9-5 (617) 894-8440 After 5:00 (617) 926-5806

Metropolitan Boston

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
Coastal	Coastal Comm. Couns. Ctr. Pre-Screening Emerg. Serv. 482 Washington Street Braintree, MA 02184 (617) 849-1220	Same
South Shore	South Shore MH Center Crisis Intervention Team 460 Quincy Avenue Quincy, MA 02169 (617) 770-4000 x495	Same
South	Pre-Screening & Emerg. Team Norfolk Human Services, Inc. 190 Lenox Street Norwood, MA 02062 (617) 769-6060 Katherine Doller, Dir.	Same
South	Trinity Mental Health Ctr. Pre-Screening & Emerg. Team 132 Union Avenue Framingham, MA 01701 (617) 872-3333 Holly Taylor, Dir.	Same
Marlboro/ Westboro	Center for Better Living 31 Springhill Avenue Marlboro, MA 01752 (617) 481-2100	Marlboro Hospital Union Street Marlboro, MA 01752 (617) 485-1121
Newton/ Wellesley/ Weston/ Needham	Adult Newton Wellesley Hospital 2014 Washington Street Newton, MA 02162 (617) 243-6000 x6179	Newton-Wellesley Hospital Pre-Screening & Emergency Team 2014 Washington St. Newton, MA 02162 (617) 243-6000
	Child N. Guidance Center Intake Worker 64 Eldridge Street Newton, MA 02185 (617) 969-4925	

Metropolitan Boston

AREA	OUTPATIENT REFERRAL	CRISIS/EMERGENCY SERVICES
Harbor	Beacon Hill Freedom Trail Clinic (617) 727-7720	Lindemann MH Center 25 Staniford Street Boston, MA 02114 Days (617) 727-7100
	North End Community Health Center (617) 742-9570	
	Chelsea Community Counseling Center (617) 889-3300	Mass. General Hosp. Evenings (617) 726-2994
	East Boston/Winthrop Counseling Center (617) 569-3189	
	Charlestown MGH/Bunker Hill Health Center (617) 242-5784	
Mass. Mental	Mass. Mental Health Center 74 Fenwood Road Boston, MA 02115 (617) 734-1300	(617) 734-1300
Bay Cove	Counseling Services, Inc. 6 Hamilton Place Boston, MA 02111 (617) 542-5188	N.E. Medical Center Emergency Center 171 Harrison Avenue Boston, MA 02111 (617) 956-5566
Solomon Carter Fuller	Solomon Carter Fuller MH Ctr. 85 East Newton Street Boston, MA 02118 (617) 266-8800	Same
West Ros Park	West Ros Park MH Center 780 American Legion Highway Roslindale, MA 02131 (617) 325-6700 x210	(617) 325-6700
Dorchester	Dorchester Mental Health Ctr. 591 Morton Street Dorchester, MA 02124 (617) 436-6000 x32	(617) 436-6000

Gay and Lesbian Counseling Services

Gay and Lesbian Counseling Services
6 Hamilton Place
Boston, MA 02111
Telephone Number: 542-5188

Gay and Lesbian Counseling Services (GLCS) is a non-profit, state funded (Department of Mental Health, Department of Public Health) licensed mental health clinic serving gay and lesbian people. GLCS provides individual and group counseling. Individuals presenting with isses around AIDS (e.g., anxiety about the syndrome; development of ARC or AIDS) are given priority standing for assignment. A drop-in group is available for friends and lovers of people with AIDS. As with general policy, services are provided without regard for individual's ability to pay. Persons interested in seeking services should call 542-5188 and ask for an intake appointment.

Counseling and HIV antibody blood screening services for individuals concerned with exposure to the virus associated with AIDS is co-sponsored by GLCS and the Department of Public Health. Appointments for counseling/screening can be made by calling 522-4090.

Gay and Lesbian Hotline: 426-9371
Monday - Friday 6pm - 10pm
Provides information on AIDS, gives referrals and general information.
Sponsored by the Gay and Lesbian Counseling Service

Massachusetts Department of Public Health
Division of Alcoholism and Drug Rehabilitation

The Department of Public Health's Division of Alcohol (DOA) and Division of Drug Rehabilitation (DDR) publish a directory of alcohol and drug treatment services located in the Commonwealth of Massachusetts. The directory lists programs funded with State and Federal dollars through the Divisions, as well as those which are privately operated.

Programs that receive the Division's funding provide services based on a person's ability to pay. Payment for services may be totally covered by DOA or DDR, by client insurance, by self-pay or a combination of the three. All DOA and DDR funded programs must make some provision for services to those who are unable to pay.

Outpatient counseling programs are open 9AM to 5PM, Monday through Friday, and have regular evening hours or make special arrangements for those who cannot make an appointment during the day. Many programs designate special days or hours for intake. A call to the program is the best way to obtain more specific information.

Following is a list of the treatment programs throughout the Commonwealth of Massachusetts. Below are telephone numbers at which a counselor can give a referral to a treatment center. The counselors will need to know your geographic location and whether your interest is for residential or outpatient treatment. Information will be given as to which programs offer detoxification treatment and which programs will provide an assessment of need.

Referral for Alcohol and Drug Treatment Centers
(617) 727-8614

Bridge Over Troubled Waters
(617) 423-9575 (10AM - 6PM 7 days a week)

Alcohol Information Referral (AIR)
(617) 524-7884
alcohol only

Key to Using This Guide:

These programs are organized by specific treatment service and are alphabetized by city/town within each type of service.

RESIDENTIAL ALCOHOLISM SERVICES

Private rehabilitation programs provide treatment for withdrawal (detoxification). This is followed by rehabilitation services, consisting of education, group and individual counseling, family intervention and meetings of Alcoholics Anonymous, as well as other self-help groups. The programs vary in length from ten to twenty-eight days. These programs are focused primarily on the employed individual and usually anticipate a return to community living.

PRIVATE REHABILITATION PROGRAMS (Massachusetts)

Naukeag, 216 Lake Road, Ashburnham, MA 01430, 617-827-5115.

Athol Memorial Hospital, 2033 Main Street, Athol, MA 01331, 617-249-3511.

McLean Hospital, East House II, 115 Mill Street, Belmont, MA 02178, 617-855-2527.

Mentor, 40 Broad Street, Suite 205, Boston, MA 02109, 617-451-3365.

Spaulding Rehabilitation Hospital, 125 Nashua Street, Boston, MA 02114, 617-720-6400.

St. Elizabeth's Hospital, 736 Cambridge Street, Brighton, MA 02135, 617-789-3000.

Gosnold Treatment Center, 196 Ter Huen Drive, Falmouth, MA 02540, 617-548-7118. (Outpatient)

NORCAP, Walnut Street, Foxboro, MA 02035, 671-543-6500.

Baldpate, Baldpate Road, Georgetown, MA 01833, 617-352-2131.

Mt. Pleasant Hospital, 60 Granite Street, Lynn, MA 01904, 617-581-5600.

MARCAP, 57 Union Street, Marlboro, MA 01752, 617-485-1121, ext. 270.

Hillcrest Hospital, 165 Tor Court, Pittsfield, MA 02101, 413-443-4761.

Central Hospital, 26 Central Street, Somerville, MA 02143, 617-625-8900.

PRIVATE REHABILITATION PROGRAMS (Cont.)

Fuller Memorial Hospital, 231 Washington Street, South Attleboro, MA 02703, 617-761-8500.

N.E. Memorial Hospital, 5 Woodland Road, Stoneham, MA 02180 617-665-1740.

Quarry Hill Alcoholism Rehab Center, 137 East Mountain Road, Westfield, MA 01085, 413-568-1695.

Doctors Hospital, 107 Lincoln Street, Worcester, MA 01605, 617-799-9000.

SHORT-TERM INTENSIVE PROGRAMS

These Programs provide post-detoxification services which consist of education, group and individual counseling, family intervention, and meetings of Alcohlics Anonymous. The programs vary in length from eight to twenty-eight days.

North Shore Council of Alcoholism, Residential Intermediate Care Facility, 110 Green Street, Lynn, MA 01902, 617-598-1270.

Alcoholism Services of Greater Springfield, Quarry Hill Rehabilitation Center, 137 East Mountain Road, Westfield, MA 01085, 413-568-1695.

DETOXIFICATION CENTERS

The detoxification programs provide medical assessment, treatment for withdrawal, counseling and referral services. The purpose of the detoxification facilities is to medically supervise the patient in the safe withdrawal from the acute phase of intoxication and to develop and implement a follow-up plan. Most clients stay for three to five days; many are referred to Halfway Houses or outpatient programs.

Boston Detox, 19 Father Gilday Street, Boston, MA 02118, 617-266-2615.

Boston Detox/Transitional Care Facility, 19 Father Gilday Street, Boston, MA 02118, 617-266-2615.

Alcoholism Intervention Center at Brockton, 686 North Main Street, Brockton, MA 02401, 617-587-0815 or 617-586-0010.

DETOXIFICATION CENTERS (Cont.)

North Shore Council on Alcoholism, Danvers State Hospital, 450 Maple Street, Danvers, MA 01923, 617-777-2121.

Andrew House, 25 Leonard Street, Dorchester, MA 02122, 617-265-0900.

Fall River/New Bedford Center for Alcohol Problems, 386 Stanley Street, Fall River, MA 02720, 617-679-5222.

CCAIRU, Inc., Gosnold, A Bridge Back, 200 Ter Huen Drive, Falmouth, MA 02540, 617-540-6550.

South Middlesex Alcohol Service, 3 Merchant Road, Framingham, MA 01701, 617-237-1811.

Franklin Medical Center, Beacon Detoxification, 59 Sanderson Street, Greenfield, MA 01301, 413-774-5272.

Alcohol and Substance Abuse Program, 210 Elm Street, Holyoke, MA 01040, 413-538-9400.

North Central Alcoholism Commission, Inc., 17 Orchard Street, Leominster, MA 01453, 617-537-6446.

Lowell General Hospital, 295 Varnum Street, Lowell, MA 01854, 617-937-6767.

River Street Detoxification Center, 249 River Street, Mattapan, MA 02126, 617-298-0060.

"S.T.A.I.R."/Transitional Care Facility, 249 River Street, P.O. Box 295, Mattapan, MA 02126, 617-296-1390.

Berkshire Council on Alcoholism and Addictions, Doyle Detoxification, 793 North Street, Pittsfield, MA 01201, 413-499-0337.

Quincy Detox Center, 120 Whitewell Street, Quincy, MA 02169, 617-472-1484.

Dimock Community Health Center, 55 Dimock Street, Roxbury, MA 02119, 617-442-9661.

CASPAR Intervention Center, 245 Beacon Street, Somerville, MA 02143, 617-628-6300.

Alcoholism Services of Greater Springfield, 1400 State Street, Springfield, MA 01109, 413-736-0334.

DETOXIFICATION CENTERS (Cont.)

Middlesex Regional Alcoholism Treatment Center, 775 Trapelo Road, Waltham, MA 02154, 617-894-0004.

Worcester City Hospital, 26 Queen Street, Worcester, MA 01610, 617-799-8332.

HALFWAY HOUSE PROGRAMS

Halfway Houses provide residential rehabilitation services to individuals who need a supervised environment in order to strengthen recently acquired sobriety. These services provide individual, group and employment counseling as well as guidance in the activities of daily living. The programs prepare clients for eventual return to community living.

Casa Esperanza, c/o U. Mass. Division of Continuing Education, Downtown Center, Boston, MA 02125, 617-956-1184.

Harbor Lights/Salvation Army, 407 Shawmut Avenue, Boston, MA 02118, 617-536-7469.

Hello House, 686 Massachusetts Avenue, Boston, MA 02118, 617-262-7142.

Hope House, 42 Upton Street, P.O. Box 18429, Boston, MA 02118, 617-267-4673.

Victory House, 566 Massachusetts Avenue, Boston, MA 02118, 617-262-5032.

Granada House, 77 Warren Avenue, Brighton, MA 02135, 617-254-2923.

Edwina Martin Women's Recovery Home, AIC at Brockton, 678 North Main Street, Brockton, MA 02401, 617-583-0493.

Recovery House, AIC at Brockton, 40 Bartlett Street, Brockton, MA 02401, 617-587-7646.

CASPAR House I, 24 Clinton Street, Cambridge, MA 02139, 617-623-5277.

Flynn House, 10 Chamblet Street, Dorchester, MA 02125, 617-427-8948.

HALFWAY HOUSE PROGRAMS (Cont.)

Hamilton House, 25 Mt. Ida Road, Dorchester, MA 02122, 617-288-1584.

Interim House, 62 Waldeck Street, P.O. Box 217, Dorchester, MA 02124, 617-265-2636.

Shephard House, 22 Windemere Road, Dorchester, MA 02125, 617-282-4102.

Women, Inc., 244 Townsend Street, Dorchester, MA 02121, 617-442-6166.

Rehabilitation & Health, 52 White Street, East Boston, MA 02128, 617-569-2089.

Steppingstone, Inc., 466 North Main Street, Fall River, MA 02720, 617-674-2788.

Emerson House, CCAIRU, Inc., 165 Woods Hole Road, P.O. Box 318, Falmouth, MA 02541, 617-540-1554.

Pathway House, 171 Graham Street, Gardner, MA 01440, 617-632-4409.

Beacon House for Men, 53 Beacon Street, Greenfield, MA 01301, 413-773-8020.

Beacon House for Women, 153 High Street, Greenfield, MA 01301, 413-774-5378.

Alcohol Substance Abuse Program, Turning Point, 209 Beach Street, Holyoke, MA 01040, 413-532-5727.

Hospitality House, 112 Main Street, Hopkinton, MA 01748, 617-435-3620.

St. Jude House, 15 Woodside Avenue, Jamaica Plain, MA 02130, 617-524-6567.

Foundation House Recovery Home, 10 Haverhill Street, Lawrence, MA 01840, 617-687-1658.

Lowell House, 102 Appleton Street, Lowell, MA 01852, 617-458-3371.

COPE Women's Half Way House, 117 North Common Street, Lynn, MA 01902, 617-598-0505.

Ryan Rehabilitation Center, 100 Green Street, Lynn, MA 01902, 617-593-9434.

Eastern Middlesex Halfway House, 12 Cedar Street, Malden, MA 02148, 617-324-5897.

South Shore Alcohol Rehabilitation Program (SHARP), Hospital Road, Medfield, MA 02052, 617-359-8584: (Odyssey Family Treatment Program).

Serenity House, 20 Cottage Street, Natick, MA 01760, 617-653-3605.

Harmony House, New Bedford Council on Alcoholism, 234 Earle Street, New Bedford, MA 02746, 617-992-8948.

Link House, 37 Washington Street, Newburyport, MA 01950, 617-462-7341.

Hampshire Area Commission on Alcohol Abuse, Harston House, 25 Graves Avenue, Northampton, MA 01060, 413-584-8137.

North Cottage Program, 69 East Main Street, Norton, MA 02766, 617-285-9838.

Berkshire Council on Alcoholism and Addiction, Berkshire West, 214 Francis Avenue, Pittsfield, MA 01202, 413-499-1000.

Berkshire West, 206 Francis Avenue, Pittsfield, MA 01202, 413-499-1000.

Anchor House, 60 1/2 Cherry Street, Plymouth, MA 02360, 617-746-6654.

South Shore Halfway House, 10 Dysart Street, Quincy, MA 02169, 617-773-7023.

Dimock Alcohol Halfway House, 55 Dimock Street, Roxbury, MA 02119, 617-442-9686.

Gavin House, Arch Foundation, 675 East Fourth Street, South Boston, MA 02127, 617-269-9526.

Alcoholism Services of Greater Springfield, Opportunity House, 59-61 St. James Avenue, Springfield, MA 01107, 413-739-4732.

Gandara Alcohol Recovery Program, 2335 Main Street, Springfield, MA 01107, 413-781-2234.

HALFWAY HOUSE PROGRAMS (Cont.)

My Sister's House, 89 Belmont Avenue, Springfield, MA 01107, 413-733-7891.

Northeastern Education Services, S.C.A.T.E. - ETHOS I, 56 Temple Street, Springfield, MA 01105, 413-733-1472.

Hurley House, 12-14 Lowell Street, Waltham, MA 02154, 617-893-9304.

Stephen Miller House, CCAIRU, Inc., 558 Main Street, P.O. Box 719, West Falmouth, MA 02574, 617-540-5052.

Crozier House, 133 Granite Street, Worcester, MA 01604, 617-799-2281.

Faith House, 142 Burncoat Street, Worcester, MA 01606, 617-853-9496.

Prospect/Channing House I, 18 Channing Street, Worcester, MA 01605, 617-755-8088.

Prospect/Channing House II, 15 Northampton Street, Worcester, MA 01605, 617-755-8990.

PUBLIC INEBRIATE PROGRAMS (PIP)

Public Inebriate Programs provide shelter, food, placement services and medical triage to homeless persons and public inebriates. Clients are assisted in obtaining further services to help them to function to the full extent of their capabilities.

CASPAR Emergency Service Center Public Inebriate Program, 240 Albany Street, Cambridge, MA 02139, 617-661-0600.

Greater Lawrence Psychological Center Public Inebriate Program, Naval Air Station, North Parrish Road, Lawrence, MA 01840, 617-685-1337.

Worcester Public Inebriate Program, 695-701 Main Street, Worcester, MA 01608, 617-757-8331.

NON-RESIDENTIAL ALCOHOLISM SERVICES

OUTPATIENT ALCOHOLISM PROVIDERS

Outpatient programs provide assessment and, if necessary, counseling for alcoholics, alcohol abusers and those whose lives have been affected by someone else's drinking. No distinction is made between public and private programs because virtually all programs can accept third-party payment. The Commonwealth contracts with a majority of programs on this list in order to assure services to medically indigent clients. The programs with an asterisk (*) are approved by the Division of Alcoholism to provide Aftercare Treatment to individuals completing the Driver Alcohol Education programs.

*Boundaries Therapy Center, 518 Great Road, Acton, MA 01720, 617-263-4874. (Recording)

*North Essex Health Resource Center, 194-R Main Street, Amesbury, MA 01913, 617-388-5652.

*Attleboro Area Youth and Family Services, 80 North Main Street, P.O. Box 2037, Attleboro, MA 02703, 617-222-7525.

*Bay Colony Health Services, Inc., 23 Midstate Drive, Midstate Office Park, Auburn, MA 01501, 617-832-6294.

*Alcohol Safety Action Program, 80 Broad Street, Boston, MA 02110, 617-482-5292.

*Boston City Hospital Alcoholism Division Ambulatory Care Center, 818 Harrison Avenue, Boston, MA 02118 617-424-4212.

*Brigham and Women's Hospital Alcoholism Outpatient Program, 75 Francis Street, Boston, MA 02115, 617-732-6022.

*Gay and Lesbian Counseling Services, 6 Hamilton Place, Suite 400, Boston, MA 02111, 617-542-5188.

*Mass. General Hospital West End Group Practice WACC, 712 Fruit Street, ACC-712, Boston, MA 02114, 617-726-2712.

*The Bridge, 147 Tremont Street at West Street, Boston, MA 02111, 617-423-9575.

*S.E.C.A.P., St. Elizabeth's Hospital, 736 Cambridge Street, Brighton, MA 02130, 617-789-2575.

*CASPAR Women's Outpatient Program, 6 Camelia Avenue, Cambridge, MA 02139, 617-661-1316.

OUTPATIENT ALCOHOLISM PROVIDERS (Cont.)

*Consilio Hispano de Cambridge, 105 Windsor Street, Cambridge, MA 02139, 617-661-9406.

*Mt. Auburn Hospital Alcoholism Outpatient Services, 330 Mt. Auburn Street, Cambridge, MA 02138, 617-499-5051.

*Bay Colony Health Services, 2 Court House Lane, Chelmsford, MA 01824, 617-453-7589.

*Care About You Now Alcoholism Outpatient Program, 287 Broadway, Chelsea, MA 02150, 617-884-0224.

*Chelsea ASAP, Inc., 375 Broadway Street, Chelsea, MA 02150, 617-884-6829.

Mediplex-Western MA Regional Office, 477 Center Street, Ludlow, MA 01056, 413-589-0136.

*Eliot Community Mental Health Center, Community Agencies Building, Concord, MA 01742, 617-369-1113 or 617-259-8054.

*Emerson Hospital, Old Road to Nine Acre Corner, Concord, MA 01742, 617-369-1400.

*North Shore Council on Alcoholism Outpatient Program, 183 Newbury Street, Danvers, MA 01923, 617-777-2664.

*Andrew House Elderly Alcoholism Services, 25 Leonard Street, Dorchester, MA 02122, 617-265-0900.

Bowdoin Street Health Center, 200 Bowdoin Street, Dorchester, MA 02122, 617-825-9800.

*Carney Hospital Alcohol Program, Boston, MA 02124, 617-296-4000 x4800.

Dorchester Counseling Center, 591 Morton Street, Dorchester, MA 02124, 617-436-8616.

Little House Health Center, 992 Dorchester Avenue, Dorchester, MA 02122, 617-282-3700.

*Neponset Health Center, 389 Neponset Avenue, Dorchester, MA 02122, 617-282-3200.

*Peaceful Movement Committee, 150 American Legion Highway, Dorchester, MA 02124, 617-436-3385.

OUTPATIENT ALCOHOLISM PROVIDERS (Cont.)

Upham's Corner Neighborhood Health Center, 500 Columbia Road, Dorchester, MA 02125, 617-285-8000.

*Women, Inc., 570 Warren Street, Dorchester, MA 02125, 617-442-6166.

*EMAAP, 136 Washington Street, East Walpole, MA 02032 617-668-8700.

*Martha's Vineyard Island Counseling, P.O. Box 1089, Edgartown, MA 02539, 617-627-8282.

*Fall River/New Bedford Center for Alcohol Problems, 386 Stanley Street, Fall River, MA 02720, 617-679-5222.

*CCAIRU, Inc., Gosnold Counseling Center, 196 Ter Heun Drive, P.O. Box 632, Falmouth, MA 02541, 617-548-7118.

Family Continuity Program (FCP), 270 Concord Street, Framingham, MA 01701, 617-879-6252.

*South Middlesex Alcohol Services, 125 Irving Street, Framingham, MA 01701, 617-879-6320.

*Gardner-Athol Mental Health Association, Alcoholism Outpatient Unit, 259 Green Street, Gardner, MA 01440, 617-632-1736.

*Mental Health Center of Cape Ann, 298 Washington Street, Gloucester, MA 01930, 617-283-0296.

*Beacon Clinic Franklin Medical Center, 57 Beacon Street, Greenfield, MA 01301, 413-772-6388.

*Northern Essex Community Mental Health Services, 100 Winter Street, Haverhill, MA 01830, 617-373-1126.

*Alcohol & Substance Abuse Program, 210 Elm Street, Holyoke, MA 01040, 413-536-6037.

*Cape Counseling Center, 120 Yarmouth Road, Hyannis, MA 02601, 617-775-1728.

*People's Task Force, 1259 Hyde Park Avenue, Suite 130, Hyde Park, MA 02136, 617-364-9200.

*Southern Jamaica Plain Health Center, 786 Centre Street, Jamaica Plain, MA 02130, 617-522-5900.

OUTPATIENT ALCOHOLISM PROVIDERS (Cont.)

*Greater Lawrence Psychological Center Outpatient Alcoholism Services, 488 Essex Street, Lawrence, MA 01854, 617-685-1337.

*North Central Alcoholism Commission Outpatient Program, 71 Pleasant Street, Leominster, MA 01453, 617-537-8278.

Lowell House, Inc., Women's Alcohol Center, 29 Hank Street, Lowell, MA 01852, 617-458-0821.

Mount Pleasant Hospital, 60 Granite Street, Lynn, MA 01904, 617-581-5600.

*Project Cope, 117 North Common Street, Lynn, MA 01902, 617-581-9270.

*Valle Associates, 183 North Common Street, Lynn, MA 01905, 617-596-2224.

*Adult/Adolescent Counseling in Development, Inc., 110 Pleasant Street, Malden, MA 02148, 617-324-2218.

*Eastern Middlesex Alcoholism Services, 557 Salem Street, Malden, MA 02148, 617-321-2600.

*Greater New Bedford/Marion Ambulatory Alcohol Program, 335 Wareham Road, Marion, MA 02738, 617-748-2850.

*Marion Center for Human Services, 335 Wareham Road, Marion, MA 02738, 617-748-2850.

Bancroft Human Services, 186 Main Street, Corey Building, Marlboro, MA 01752, 617-485-0218.

*Center for Better Living Alcohol Clinic, 31 Springhill Avenue, Marlboro, MA 01752, 617-481-2100.

*Bancroft Human Services, 208 Main Street, Milford, MA 01757, 617-478-6919.

*Nantucket Counseling, Off Vesper Lane, Nantucket, MA 02554, 617-228-2689.

*New Bedford Area Center for Human Services, 848 Pleasant Street, P.O. Box A2097, New Bedford, MA 02741, 617-996-3791.

Parkwood Hospital Alcohol And Drug Abuse Services, 4499 Acushnet Avenue, New Bedford, MA 02741, 617-995-4611, ext. 550.

OUTPATIENT ALCOHOLISM PROVIDERS (Cont.)

The Mediplex Group, 2101 Washington Street, Newton, MA 02162, 617-969-0480.

*Hampshire Area Commission on Alcohol Abuse, 76 Pleasant Street, Northampton, MA 01060, 413-586-8550.

*Cutler Counseling, 10 Cottage Street, Norwood, MA 02062, 617-762-6592.

*Berkshire Council on Alcoholism Outpatient Center, 214 Francis Avenue, P.O. Box 1261, Pittsfield, MA 01202, 413-499-1000.

*Alcoholic Family Rehabilitation, 17 Court Street, 2nd Floor, Plymouth, MA 02360, 617-746-6737 or 617-734-6635.

*Bay Colony Health Services, 278 Centre Street, Quincy, MA 02169, 617-773-5588.

*Coastal Community Counseling, 482 Washington Street, Braintree, MA 02184, 617-849-1220.

*South Shore Council on Alcoholism, 1354 Hancock Street, Quincy, MA 02169, 617-472-6027.

Dimock Community Health Center Alcoholism Outpatient Program, 55 Dimock Street, Roxbury, MA 02119, 617-442-2121.

*La Allanza Hispana, 409 Dudley Street, Roxbury, MA 02119, 617-427-7175.

*Health and Education Services, North Shore Community Health Center, 162 Federal Street, Salem, MA 01970.

*Billings Human Services, Inc., 25 Billings Street, Sharon, MA 02067, 617-828-0436.

*Alcoholism Services of Greater Springfield Outpatient Unit, 1400 State Street, Springfield, MA 01109, 413-732-7476.

*Jose N. Gandara Mental Health Center, 2155 Main Street, Springfield, MA 01104, 413-736-0395.

*CASPAR, Inc., Outpatient Program, 245 Beacon Street, Somerville, MA 02143, 617-498-1419.

*George Wells Human Services, Alcoholism Center, 29 Pine Street, Southbridge, MA 01550, 617-765-9167.

OUTPATIENT ALCOHOLISM PROVIDERS (Cont.)

*Greater Taunton Council on Alcoholism, 4 Cohannet Street, P.O. Box 965, Taunton, MA 02780, 617-822-1311.

Eastern Middlesex Mental Health Association, 7 Lincoln Street, Wakefield, MA 01890, 617-246-2010.

*Waltham Weston Hospital and Medical Center, Alcoholism Outpatient Services, 49 Sharon Street, Waltham, MA 02154, 617-647-6420.

Alcoholic Family Rehabilitation, 245 Main Street, Wareham, MA 02571, 617-295-3944.

Windward Associates, 18 Lyman Street, P.O. Box 4049, Westboro, MA 01581, 617-366-6388.

*Bay Colony Health Services, Inc., 200 West Cummings Park, Woburn, MA 01801, 617-935-3025.

*Community Alcohol Safety Education, 441 Main Street, Woburn, MA 01801, 617-933-5133.

*Bancroft Human Services, Inc. Outpatient Program, 25 Quinsigamond Avenue, Worcester, MA 01608, 617-755-7118.

*Doctors Hospital, Outpatient Counseling Department, 107 Lincoln Street, Worcester, MA 01605, 617-799-9000, ext. 267.

*Prospect House, 129 Lincoln Street, Worcester, MA 01605, 617-752-8586.

*St. Vincent Hospital, Department of Alcohol Services, 25 Winthrop Street, Worcester, MA 01604, 617-798-6107.

*The Lincoln Group, 15 East Mountain Street, Worcester, MA 01606, 617-853-9002.

SELF-HELP GROUPS AND OTHER RESOURCES

Alcoholics Anonymous (A.A.), Al-Anon and Alateen are available to all alcohol abusing individuals and their families.

Information on these self-help organizations can be obtained by calling hotlines available to the public. The following numbers are usually manned by volunteers on a 24-hour basis. They are trained to respond to crisis situations or to make referrals.

SELF-HELP GROUPS AND OTHER RESOURCES (Cont.)

Alcoholics Anonymous,	Central Office, 286 Summer Street Boston, MA 02210 617-426-9444
" "	Cape Cod Intergroup, Hyannis 617-775-7060
" "	Western Mass. Intergroup Holyoke, MA 413-532-2111
Al-Anon Family Groups of Mass. Inc.	Central Office, 460 Washington Street Room 10, Braintree, MA 617-843-5300
" "	Cape Cod, 617-394-4555
" "	Central Mass. Worcester 617-791-3431
" "	Western Mass. 413-532-2111
Narcotics Anonymous	617-569-0021 Noon to 8PM, 7 days a week.
Cocaine Hotline	1-800-COCAINE

RESIDENTIAL DRUG TREATMENT SERVICES

Key To Use of This Guide

These programs are organized by specific treatment service and are organized by city/town within each type of service.

RESIDENTIAL DETOXIFICATION PROGRAMS

There programs provide a twenty-one day medically supervised detoxification and medical exam, individual and/or group counseling, and referral to continued drug rehabilitation treatment.

Naukeag Hospital, 216 Lake Road, Ashburton, MA 01430, 617-827-5115.

Beech Hill, 950 North Main Street, Boston, MA 02368, 617-963-7910.

Glenside Psychiatric Hospital, 49 Robinwood Avenue, Boston, MA 02130, 617-522-4400.

Veterans Administration Hospital, 940 Belmont Street, Route 123, Brockton, MA 02441, 617-583-4500.

Bournewood Hospital, 300 South Street, Brookline, MA 02167, 617-469-0300.

Human Resources Institute, 227 Babcock Street, Brookline, MA 02146, 617-731-3200.

Fall River/New Bedford Center for Alcohol Problems, 286 Stanley Street, Fall River, MA 02720, 617-679-5222.

Baldpate, Inc., Baldpate Road, Georgetown, MA 01833, 617-352-2131.

Holyoke Detoxification Center, Alcohol & Substance Abuse Programs, Inc., 210 Elm Street, Holyoke, MA 01040, 413-538-9400.

Veterans Administration Hospital, 150 Huntington Avenue, Jamaica Plain, MA 02130, 617-232-9500.

Union Hospital Alcoholism and Drug Services, 500 Lynnfield Street, Lynn, MA 01904, 617-581-9200.

Dorchester Counseling Center, Dorchester Detoxification Unit, 591 Morton Street, Mattapan, MA 02126, 617-436-8616.

RESIDENTIAL DETOXIFICATION PROGRAMS (Cont.)

Pembroke Hospital, 199 Oak Street, Pembroke, MA 02359, 617-826-8161.

Fuller Memorial, 231 Washington Street, South Attleboro, MA 02703, 617-761-8500.

New England Memorial Hospital Addiction Treatment Center, 5 Woodland Road, Stoneham, MA 02180, 617-777-2121 or 617-595-2121.

Doctors Hospital of Worcester, 107 Lincoln Street, Worcester, MA 01605, 617-799-9000.

Spectrum Detoxification Center, 305 Belmont Street, Worcester, MA 01605, 617-757-8827.

RESIDENTIAL DRUG-FREE TREATMENT PROGRAMS

These programs provide long-term rehabilitation services to persons suffering from social, psychological, or physical dysfunction due to the use/abuse of drugs. Services include education and individual and group counseling.

Naukeag Hospital, 216 Lake Road, Ashburnham, MA 01430, 617-827-5115.

Attleboro Youth and Family Services, The Road Back, 11 Peck Street, Attleboro, MA 02703.

Veterans Administration Hospital, 200 Springs Road, Bedford, MA 01730, 617-275-7500.

McLean Hospital, 115 Mill Street, Belmont, MA 02178, 617-855-2000.

F.I.R.S.T., Inc., 34 Intervale Street, Boston, MA 02121, 617-445-5230.

F.I.R.S.T. Hispanic Academy, 34 Intervale Street, Boston, MA 02121, 617-445-5230.

Glenside Psychiatric Hospital, 49 Robinwood Avenue, Boston, MA 02130, 617-522-4400.

Veterans Administration Hospital, 150 South Huntington Avenue, Boston, MA 02130, 617-232-9500.

RESIDENTIAL DRUG-FREE TREATMENT PROGRAMS (Cont.)

Teen Challenge New England, Inc., Drug and Alcohol Abuse Treatment and Rehabilitation, 1315 Main Street, Brockton, MA 02403, 617-586-1494.

Veterans Administration Hospital, 940 Belmont Street, Route 123, Brockton, MA 02441, 617-583-4500.

Human Resources Institute, 227 Babcock Street, Brookline, MA 02146, 617-731-3200.

Women, Inc., 570 Warren Avenue, Dorchester, MA 02121, 617-442-6166.

Noddle Island Multi Service Agency, Inc., Meridian House, P.O. Box 251, East Boston, MA 02128, 617-569-7310.

Whidden Memorial Alcoholism Services, 103 Garland Street, Everett, MA 02149, 617-389-6270.

Cape Cod Alcoholism and Rehabilitation Unit, Emerson House, Young Women's Program, 165 Woods Hole Road, P.O. Box 318, Falmouth, MA 02530, 617-540-6933.

Team Coordinating Agency, Phoenix East, 8 Howard Street, P.O. Box 844, Haverhill, MA 01830, 617-373-1181.

Project Turnabout, 224 Beal Street, Hingham, MA 02043, 617-749-6320.

Beech Hill-Cape Cod, 298 Winter Street, Hyannis, MA 02601, 617-771-9166.

Pegasus House, 482 Lowell Street, Lawrence, MA 01840, 617-687-4257.

Mt. Pleasant Hospital, 60 Granite Street, Lynn, MA 01904, 617-581-5600.

Project Cope, 117 North Common Street, Lynn, MA 01905, 617-581-9270.

Whitman House, Survival, Inc., 24 Garfield Extension, Quincy, MA 02169, 617-479-3660.

Marathon House, 5 Madison Avenue, Springfield, MA 01105, 413-733-2178.

RESIDENTIAL DRUG-FREE TREATMENT PROGRAMS (Cont.)

Providence Hospital Adolescent Program, 253 King Street, Springfield, MA 01107, 413-737-8186.

Austin Riggs Center, Main Street, Stockbridge, MA 01262, 413-298-3311. (Recording)

Charles River Hospital Substance Abuse Program, 203 Grove Street, Wellesley, MA 02184, 617-235-8400.

Spectrum, Inc., 155 Oak Street, P.O. Box 562, Westboro, MA 01581. 617-366-1416.

Westwood Lodge Hospital, 45 Clapboardtree Street, Westwood, MA 02090, 617-762-7764.

Choate Symmes Health Services, 21 Warren Avenue, Woburn, MA 01801, 617-933-6700.

NON-RESIDENTIAL DRUG TREATMENT PROGRAMS

METHADONE DETOXIFICATION PROGRAMS (OUTPATIENT)

These programs provide detoxification from opiates. Medical screening and evaluation, individual and/or group counseling, and referral for continued treatment are also provided.

Bay Cove Substance Abuse Center, 104 Lincoln Street, Boston, MA 02111, 617-350-6270.

St. Anne's Hospital Lifeline, 795 Middle Street, Fall River, MA 02722, 617-674-5741, ext. 2260.

Providence Hospital Substance Abuse Treatment Program, 210 Elm Street, Holyoke, MA 01040, 413-536-7383.

New Bedford Center for Human Services, 848 Pleasant Street, P.O. Box A 2097, New Bedford, MA 02741, 617-999-3126.

North Charles Institute for the Addictions, 260 Beacon Street, Somerville, MA 02143, 617-661-5700.

Chandler Street Center, Inc., 105 Merrick Street, Worcester, MA 01609, 617-799-2753.

METHADONE MAINTENANCE PROGRAMS (OUTPATIENT)

These services provide medical support to opiate addicted individuals who require the additional support of methadone maintenance chemotherapy beyond detoxification. Services also include medical screening and evaluation, and individual, group or family counseling.

Addiction Treatment Center of New England, 77 F Warren Street, Boston, MA 02135, 617-254-1271.

Bay Cove Substance Abuse Center, 104 Lincoln Street, Boston, MA 02111, 617-350-6270.

Boston City Hospital Department of Narcotic Addictions, 200 Frontage Road, Boston, MA 02127, 617-269-1770.

Veterans Administration Drug Clinic, 125 Lincoln Street, Boston, MA 02111, 617-223-4571.

Providence Hospital Substance Abuse Treatment Program, 210 Elm Street, Holyoke, MA 01040, 413-536-7383.

METHADONE MAINTENANCE PROGRAMS (OUTPATIENT) (Cont.)

New Bedford Center for Human Services, 848 Pleasant Street, P.O. Box A 2097, New Bedford, MA 02741, 617-999-3126.

North Charles Institute for the Addictions, 260 Beacon Street, Somerville, MA 02143, 617-661-5700.

Chandler Street Center, 105 Merrick Street, Worcester, MA 01609, 617-799-2753.

DRUG-FREE COUNSELING SERVICES (OUTPATIENT)

These programs provide individual, group, and family counseling to individuals suffering social, psychological and physical dysfunction due to the use of drugs. Ancillary services such as information and referral, screening and case management are also provided.

Boundaries Therapy Center, 518 Great Road, Acton, MA 01720, 617-263-4878.

Arlington Youth Consultation Center, 12 Prescott Street, Arlington, MA 02174, 617-646-5880.

Attleboro Youth & Family Services, P.O. Box 2073, 80 North Main Street, Attleboro, MA 02703, 617-222-7525.

The Auburn Project, Inc., 53 Auburn Street, Auburn, MA 01501, 617-832-5507.

Sun Dance Youth Services, Inc., 151 Concord Road, P.O. Box 324, Bedford, MA 01730, 617-275-7727.

Veterans Administration Hospital, 200 Springs Road, Bedford, MA 01730, 617-275-7500.

Project Rap, Inc., 9 Highland Avenue, Beverly, MA 01905, 617-927-4506. 3 Broadway (mailing address).

Bay Cove Substance Abuse Center, 104 Lincoln Street, Boston, MA 02111, 617-350-6270.

Beech Hill, 950 North Main Street, Randolph, MA 02368, 617-963-7910.

Community Counseling Service, Inc., 27 West Street, Boston, MA 02111, 617-725-4920.

DRUG-FREE COUNSELING SERVICES (OUTPATIENT) (Cont.)

FIRST, Inc., 34 Intervale Street, Boston, MA 02121, 617-445-5230.

Gay and Lesbian Counseling Service, 6 Hamilton Place, Suite 400, Boston, MA 02111, 617-542-5188.

Harvard Community Health Plan, Two Fenway Plaza, Boston, MA 02215, 617-421-1157.

Medical Care Affiliates, One Boylston Plaza, Boston, MA 02199, 617-262-1500.

The Bridge, Inc., 147 Tremont Street at West Street, Boston, MA 02111, 617-423-9595.

Veterans Administration Drug Clinic, 125 Lincoln Street, Boston, MA 02111, 617-223-4571.

Crow's Nest Medical and Dental Center Mental Health Department, 1 Wolf Road, Bourne, MA 02532, 617-759-2515.

Crossroads Counseling Center, 670 Washington Street, Braintree, MA 02184, 617-843-7550.

Family Counseling and Guidance Center, 40 Independence Avenue, Braintree, MA 02184, 617-848-7840.

Life Resources, Inc., Phaneuf Center, 688 North Main Street, Brockton, MA 02401, 617-584-0500.

Veterans Administration Hospital, 940 Belmont Street, Route 123, Brockton, MA 02441, 617-583-4500.

Human Resources Institute, 227 Babcock Street, Brookline, MA 02146, 617-731-3200.

Kennedy Family Service Center, Inc., 27 Winthrop Street, Charlestown, MA 02179, 617-241-8866.

Care About Now, Inc., 287 Broadway, P.O. Box 296, Chelsea, MA 02150, 617-884-0222.

Holyoke/Chicopee Area MHC, Chicopee Adolescent Program, 99 Main Street, Chicopee Falls, MA 01020, 413-594-2141.

Noddle Island Multi Service Agency, P.O. Box 251, 346 Sumner Street, East Boston, MA 02128, 617-569-7310.

DRUG-FREE COUNSELING SERVICES (OUTPATIENT) (Cont.)

Whidden Memorial Hospital Alcoholism Services, 103 Garland Street, Everett, MA 02149, 617-381-7182.

St. Anne's Hospital, Inc., Lifeline, 795 Middle Street, Fall River, MA 02722, 617-675-0131.

Agawam Counseling and Youth Services Center, P.O. Box 84, 770 Springfield Street, Feeding Hills, MA 01030, 413-786-6410.

Luk Crisis Center, Inc., 99 Day Street, Fitchburg, MA 01420, 617-345-0685 or 86 or 87. Hotline: 617-345-7353 or 54 or 74.

Foxborough Resources, 35 Chestnut Street, P.O. Box 507, Foxborough, MA 02035, 617-543-7336.

Framingham Youth Commission, 50 Lawrence Street, Framingham, MA 01701, 617-620-4874.

NUVA, 3 Emerson Avenue, Gloucester, MA 01930, 617-283-0000.

Team Coordinating Agency Community Outreach Center, 8 Howard Street, P.O. Box 844, Haverhill, MA 01830, 617-373-1181.

Holyoke Hospital Adolescent Clinic, 575 Beech Street, Holyoke, MA 01040, 413-536-5221.

Providence Hospital Substance Abuse Treatment Program, 210 Elm Street, Holyoke, MA 01040, 413-536-7383.

Center for Individual and Family Services of Cape Cod, 78 Pleasant Street, Hyannis, MA 02601, 617-775-1859.

People's Task Force, 1259 Hyde Park Avenue, Hyde Park, MA 02136, 617-364-9200.

DARE Hillside Outreach, 55 Dimock Street, Roxbury, MA 02119, 617-427-7346.

Veterans Administration Hospital Jamaica Plain, 150 South Huntington Avenue, Jamaica Plain, MA 02130, 617-232-9500.

The Psychological Center, 488 Essex Street, Lawrence, MA 01840, 617-685-1337.

Centre Counseling Services, Inc., 660 Middlesex Street, Lowell, MA 01853, 617-459-2306.

DRUG-FREE COUNSELING SERVICES (OUTPATIENT) (Cont.)

Mount Pleasant Hospital, 60 Granite Street, Lynn, MA 01904, 617-581-5600.

Project Cope, Inc., 117 North Common Street, Lynn, MA 01905, 617-581-9270.

Adult/Adolescent Counseling in Development, Inc. (ACID), 110 Pleasant Street, Malden, MA 02148, 617-324-2218.

Human Resources Institute, 6 Pleasant Street, Malden, MA 02148, 617-322-1503.

Marblehead Community Counseling Center, Growth and Learning Center, 66 Clifton Avenue, Marblehead, MA 01945, 631-8273.

Marion Center for Human Services, 335 Wareham Road, Marion, MA 02738, 617-748-2850.

Together, Inc., 464 Lincoln Street, Marlboro, MA 01752, 617-485-9300.

Middleboro/Lakeville MHC, 94 South Main Street, Middleboro, MA 02346, 617-947-6100.

Community Counseling Center, 101 Mill Street, Hopedale, MA 01757, 617-473-3332.

Nantucket Counseling Service, Off Vesper Lane, Nantucket, MA 02554, 617-228-2689.

Needham Youth Department, Town Hall, 1421 Highland Avenue, Needham, MA 02192, 617-444-5100 x167 or 8 or 9.

New Bedford Area Center for Human Services, 848 Pleasant Street, P.O. Box A 2097, New Bedford, MA 02741, 617-999-3126.

Parkwood Hospital Alcohol and Drug Abuse Services, 4499 Acushnet Avenue, New Bedford, MA 02745, 617-995-4611, ext. 550.

Turning Point, Inc., 5 Middle Street, Newburyport, MA 01950, 617-462-8251.

Gestalt Institute of New England, 430 Centre Street, Newton, MA 02158, 617-965-5070.

Newton-Wellesley-Weston-Needham Multi-Service Center, 1301 Centre Street, Newton, MA 02159, 617-244-4802.

DRUG-FREE COUNSELING SERVICES (OUTPATIENT) (Cont.)

Region West Family Counseling Service, 74 Walnut Park, Newton, MA 02158, 617-965-6200.

Northern Berkshire MHA, 85 Main Street, Suite 628, North Adams, MA 02147, 413-664-4541.

Northboro Youth Services, Office of Youth Services, Town Hall, Northboro, MA 01532, 617-393-2510.

Cutler Counseling Center, 10 Cottage Street, Norwood, MA 02062, 617-762-6592.

North Shore Children's Hospital Council on Youth Needs, 30 Main Street, Peabody, MA 01960, 617-532-5974.

Alcoholic Family Rehabilitation Center, 17 Court Street, Plymouth, MA 02360, 617-746-6737.

Survival, Inc., 37 Washington Street, Quincy, MA 02169, 617-773-5704.

Southwest Boston CMHC Adult Counseling (West-Ros Park), 780 American Legion Highway, Roslindale, MA 02131, 617-325-6700.

La Alianza Hispana, Inc., 409 Dudley Street, Roxbury, MA 02119, 617-427-7175.

Listen, Inc., 28 Taylor Street, Saugus, MA 01906, 617-233-8911.

Mystic Valley Learning Center, 45 Memorial Road, Somerville, MA 02145, 617-623-0110.

North Charles Institute for the Addictions, 260 Beacon Street, Somerville, MA 02143, 617-661-5700.

South Boston Action Counseling Turning Point, 424 West Broadway, South Boston, MA 02127, 617-269-5160.

Tri-Link, Inc., 51 Everett Street, Southbridge, MA 01550, 617-765-9101.

Experiment with Travel Outreach, 67 Case Street, P.O. Box 2452, Springfield, MA 01101, 413-788-0973.

Gandara Mental Health Center, Inc., Gandara Drug Abuse Counseling, 2155 Chestnut Street, Springfield, MA 01105, 413-736-8328.

DRUG-FREE COUNSELING SERVICES (OUTPATIENT) (Cont.)

Insights of Western Massachusetts, Inc., 150 Sumner Street, Springfield, MA 01108, 413-732-2553.

Northern Educational Service, 756 State Street, Springfield, MA 01109, 413-737-8523.

Tri-Town Council on Youth and Family Services, 458 Old Boston Road, Topsfield, MA 01983, 617-887-6512.

Martha's Vineyard Community Services Project, Inc., Beach Road, Box 591, Vineyard Haven, MA 57110, 617-693-4460.

Eastern Middlesex Human Services, 7 Lincoln Street, Wakefield, MA 01880, 617-246-2010.

Project Face, 32 Common Street, Walpole, MA 02081, 617-668-3223.

Metropolitan State Hospital Special Treatment Unit, 475 Trapelo Road, Waltham, MA 02154, 617-894-3600, ext. 3375.

People to People, Harrington Park, Suite 9, 394 Lowell Street, Lexington, MA 02173, 617-861-7870.

Family Counseling Service, 643 Moody Street, Waltham, MA 02154 (Satellite Unit), 617-893-4150.

Valley Human Services, Inc., 96 South Street, Ware, MA 01082, 413-967-6241.

The Center for Mental Health and Retardation Services, Inc., 372 Main Street, Watertown, MA 02172, 617-926-5800.

Human Relation Service of Wellesley, 11 Chapel Place, Wellesley, MA 02181, 617-235-4950.

Youth and Family Services of Greater Westfield, 41 Church Street, Westfield, MA 01085, 413-568-3368.

Bay Colony Health Services, Inc., 200 West Cummings Park, Woburn, MA 01801, 617-935-3025.

Community Counseling Services, 560 Main Street, Woburn, MA 01801, 617-935-4208.

Chandler Street Center, Inc., 105 Merrick Street, Worcester, MA 01420, 617-799-2753.

DRUG-FREE COUNSELING SERVICES (OUTPATIENT) (Cont.)

Doctors Hospital of Worcester, 107 Lincoln Street, Worcester, MA 01605, 617-799-9000, ext. 276. Hotline: 1-800-252-6465.

Home Health Agencies

Included in this section is a list of home health agencies which are certified as Medicare/Medicaid providers of service. These services are an important aspect in the care provided for people with AIDS.

These certified home health agencies furnish part-time or intermittent nursing services, home health aide services, and physical, occupational and speech therapies at the recipient's place of residence. Home health services are provided only when there is a reasonable expectation that they will adequately meet the medical, nursing, and relative social needs of a recipient, in conjunction with family or other community resources. Any Medicaid recipient is eligible for home health.

The list that follows was compiled by the Massachusetts Association of Community Health Agencies, Inc., 6 Beacon Street, Boston, MA 02108. For more information about home health care, call: 617-523-0610 or 1-800-332-3500 (MA only), or refer to the following list which is alphabetized by town and city.

TOWN	AGENCY	
Abington	Abington VNA	871-4511
		878-1141
Acton	Acton Public Health Nursing Service	264-9653/4
Acushnet	Acushnet Board of Health (24 hrs.)	- 995-0549
		995-1908
Adams	Northern Berkshire Comprehensive Care	413-743-2960
Amherst	Amherst Health Department	413-253-7077
Arlington	Visiting Nurse & Community Health	643-6090
Athol	Community Health Service - Athol Memorial Hospital	249-5366
Attleboro	Community Health Agency	222-0118
Auburn	Auburn District Nursing Association	832-5749
Ayer	Nashoba Nursing Service	772-3336
Belmont	Belmont-Watertown VNA	484-6469
Boston	Alternative Care	451-5250
Boston	Beth Israel Hospital - Home Care Dept.	735-3226
Boston	Boston VNA	426-5555
Boston	Home Care PRN	332-2111
Boston	Home Health Agency of Family Service of Greater Boston	523-6400 x590
Boston	Kelly Health Care	267-4443
Boston	Kimberly Home Health Care	720-6068
Boston	Medical Personnel Pool of Boston	742-9570
Boston	North End Community Health Center - Home Care	742-7490
Boston	Personal Touch Home Care of Mass.	451-2052
Boston	Professional Care Certified of Eastern Massachusetts	227-1882
Boston	Quality Care Medi Mass.	262-8760
		482-3500
Boston	Spaulding Rehabilitation Hospital - Home Care Department	720-6795
Boston	Staff Builders Home Health Care	523-3190
Braintree	VNA of South Shore	843-0947
Bridgewater	Bridgewater VNA	697-4368
Brockton	Brockton VNA	587-2121
Brockton	Catholic Charities - Home Health Div.	586-0174
Brookline	Brookline VNS	232-1675
Cambridge	Cambridge VNA	547-2620
Carver	Carver Public Health Nurse Committee	866-3873
Chatham	Chatham VNA	945-2869
Chicopee	Chicopee VNA	413-594-4702
Concord	Emerson Hospital - Home Care Dept.	369-1400 x437
Danvers	VNA of North Shore	777-6100
Dartmouth	Dartmouth Board of Health Nurses	999-0730
Dedham	Visiting Nurse Associates, Inc.	329-8603
Dennis	VNA of Central Cape Cod	771-3606
Dorchester	Uphams' Corner Health Center - Home Care	825-9206

TOWN	AGENCY	
E. Boston	E. Boston Neighborhood Health Center - Home Care	569-1300
E. Bridgewater	E. Bridgewater Home Health Agency	378-2391
Easthampton	Easthampton VNA	413-527-4303
Everett	Whidden Memorial Hospital - Home Care Unit	381-7111
Fairhaven	Community Nurse Assoc. of Fairhaven	992-6278
Fall River	Southeastern MA VNA	676-8251
Falmouth	Colonial Health Care	548-7200
Falmouth	VNA of Upper Cape Cod	548-0411
Fitchburg	Burbank Hospital - Home Care Dept.	343-5010
Fitchburg	VNA of Fitchburg	342-6013
Florence	Northampton VNA	413-584-1060
Framingham	VNA of South Middlesex	875-3511
Gardner	Gardner VNA	632-1230
Gloucester	VNA of North Shore	283-2020
Great Barrington	Southern Berkshire VNA	413-528-0130
Greenfield	Visiting Nurse & Health Services of Franklin County	413-774-2302
Hamilton	Bay Area VNA	468-3123
Hanson	Hanson VNA	293-6341
Haverhill	Home Health Services of Northern Essex	373-1141
Haverhill	VNA of North Shore	372-1285
Hingham	Hingham Visiting Nurse Comm. Serv.	749-1160
Holden	Wachusett Home Health Agency	829-6516
Holyoke	Holyoke VNA	413-534-5691
Hyannis	Medical Personnel Pool of Boston, Inc.	771-4117
Lawrence	(See North Andover)	
Lee	Lee VNA	413-243-1212
Longmeadow	Upjohn Health Care Services	413-567-1011
Lowell	Family Service of Greater Lowell	937-3003
Lowell	Lowell VNA	459-9343
Lynn	VNA of Greater Lynn	598-2454
Malden	Middlesex Home Health Care	324-7366
Marblehead	Marblehead VNA	631-1357 631-1900
Marion	Marion VNA	748-1020
Marlboro	Assabet Valley Home Health Association	485-9685
Medfield	VNA of Dover, Medfield, Norfolk, Walpole	359-8505 668-1006
Medford	Medford VNA	396-2633
Melrose	Melrose VNS	665-4800
Melrose	Melrose-Wakefield Hospital - Home Health Care Department	662-7200 x3541
Mendon	VNA of Gr. Milford-Northbridge Area, Inc.	473-0862 528-0204
Millbury	District Nursing Society	865-3561

TOWN	AGENCY	
Milton	Milton Visiting Nurse & Social Service League	698-4888
Montague	Town of Montague Nursing Department	413-863-4295
Nantucket	Nantucket Cottage Hospital - Community and Home Health Department	228-1200 x180
New Bedford	St. Luke's Hospital - VN/H-HHA Service	997-1515 x2520
Newburyport	Newburyport Health Centre	465-3441
Newton	Intercommunity Home Health Service	965-0500
Newton	NeWell Home Health Services	964-4920
N. Andover	VNA Home Care	1-800-325-1477
		686-1010
Northampton	Hampshire Co. Home Care Services, Inc.	413-586-3886
Orleans	Orleans Town Nursing Service	255-2561
Palmer	Quaboag Valley VNA	413-283-8171
Peabody	J.B. Thomas Hospital - Home Care Dept.	531-2900 x361/364
Pembroke	Pembroke Public Health Nursing Assoc.	293-5471
Pittsfield	VNA of Pittsfield	413-443-7221
Plymouth	Plymouth Community Nurse Assoc.	746-0215
Provincetown	Provincetown Home Health Agency	487-1864
Quincy	Quincy VNA	472-2828
Richmond	Community Health Assoc. of Richmond & West Stockbridge	413-698-3303
Rockland	Rockland VNA	878-0095
Salem	VNA of Greater Salem	745-9050
Sandwich	Town of Sandwich Nursing Agency	888-0631
Somerset	Somerset Board of Health - Home Health Agency	676-0330
Somerville	Somerville VNA	623-3480
S. Boston	Laboure Center VNS	268-9670 x41
Southbridge	Harrington Memorial Hospital - Home Care Department	764-7361
Spencer	Spencer Good Samaritan & District Nurse Association	885-3987
Springfield	Medical Personnel Pool of Springfield	413-734-6900
Springfield	Professional Care Certified of Western Massachusetts	413-733-1132
Springfield	Roncalli Home Health Care	413-788-4501
Springfield	VNA of Springfield	413-781-5070
Stoneham	Health Care at Home	665-2130
Stoneham	VNA of Middlesex East	438-3770
Sudbury	Sudbury VNA	443-2545
Taunton	Southeastern Massachusetts VNA	822-1447

TOWN	AGENCY	
Vineyard Haven	Martha's Vineyard Community Service	693-1481
Walpole	Norfolk-Bristol Home Health Service	668-4680
Walpole	Walpole Area VNA	668-1066
Waltham	Waltham-Weston Medical Center, Home Health Agency	647-6218
Waltham	Waltham VNA	893-1405
Ware	Mary Lane Hospital - Visiting Nurse/ Home Health Department	413-967-6211 x176/116
Wareham	Wareham VNA	295-2040
Wayland	Parmenter Health Center	653-5111
Webster	VNA of South Worcester County	943-0612
Wellfleet	Wellfleet Home Health Agency	349-3011
Westport	Westport Home Health Agency	636-2111
Weymouth	Welch Home Care Service	331-8643
Whitman	Whitman VNA	447-4742
Williamstown	VNA of Northern Berkshire, Inc.	413-458-8042
Worcester	Certified Nursing Services	792-9100
Worcester	Massaschusetts Easter Seal Home Health Services	1-800-622-2600
Worcester	Paramedical Home Health Care Service	752-3781
Worcester	Pernet Family Health Service	755-1228
Worcester	VNA of Worcester, Inc.	756-7176

Hospice Care Programs

According to a statement of philosophy by the National Hospice Organization, "Hospice affirms life. Hospice exists to provide support and care for persons in the last phases of incurable diseases so that they might live as fully and comfortably as possible. Hospice recognizes dying as a normal process. Hospice neither hastens nor postpones death. Hospice exists in the hope and belief that through appropriate care and the promotion of a caring community sensitive to their needs, patients and families may be free to attain a degree of mental and spiritual preparation for death that is satisfactory to them."

According to the Hospice Federation of Massachusetts, there are different models of hospice care programs in the Commonwealth. While individual hospice care programs differ, there are specific services which are characteristic of all hospice providers. All of the hospice programs with membership in the Hospice Federation have provided care to people with AIDS. No terminally ill patient is denied hospice care based on his or her diagnosis.

Hospice care provides health care and other supportive services to terminally ill patients and their families. The definition of "family" is broad and encompasses both immediate relatives and those individuals with significant personal ties to the patient. An individual may be designated as "family" by mutual agreement among patient, individual, and the hospice organization. The hospice organization coordinates and integrates both inpatient and home care services to ensure continuity of care in accordance with hospice philosophy. A medically supervised interdisciplinary team works together to provide physical, emotional, and spiritual support to the patient and family. The care provided is supportive and palliative (i.e., it alleviates pain and moderates suffering) rather than curative in nature. Bereavement services are available to the family before and after the death of the patient. Included in hospice care are educational components aimed at educating the patient, family and the interdisciplinary team about death and dying, and teaching the family to care for the patient at home. Both the patient and family are encouraged to participate in the planning and implementation of hospice care services. Because of the supportive home atmosphere and participation by patient and family in care giving decisions, the terminally ill patient maintains dignity throughout the remainder of life.

From the list of hospice care providers that follows, you

can call the hospice program closest to you and ask questions regarding services and the various forms of accepted payment for those services. The listed programs are arranged alphabetically by town or city within the Commonwealth.

Hospice Care 20 Academy Street Arlington, MA 02174 (617) 648-3172	Arlington, Billerica, Burlington, Chelsea, Everett, Lexington, Malden, Medford, Melrose, North Reading, Reading, Revere, Saugus, Stoneham, Wakefield, Wilmington, Winchester, Woburn
Hospice of Community Health Agency 141 Park Street Attleboro, MA 02703 (617) 222-0118	Attleboro, Easton, Foxboro, Mansfield, North Attleboro, Norton, Plainville, Seekonk, Wrentham
Nashoba Palliative Care Service, Inc. Central Avenue Ayer, MA 01432 (617) 772-3336	Ashburnham, Ashby, Ayer, Berlin, Bolton, Boxborough, Dunstable, Groton, Harvard, Lancaster, Littleton, Lunenburg, Pepperell, Shirley, Townsend, Westford
Hospice of the North Shore, Inc. 3 Winter Street Beverly, MA 01915 (617) 927-7075	Beverly, Danvers, Essex, Gloucester, Hamilton, Ipswich, Manchester, Marblehead, Middleton, Peabody, Rockport, Salem, Topsfield, Wenham
Spaulding Rehabilitation Hospital/ Massachusetts General Hospital 125 Nashua Street Boston, MA 02114 (617) 720-6795	Boston
Hospice of the South Shore, Inc. 400 Franklin Street Braintree, MA 02184 (617) 843-0947	South Shore Area: Braintree, Cohasset, Hingham, Holbrook, Hull, Norwell, Quincy, Randolph, Scituate, Weymouth
Good Samaritan Hospice of the Archdiocese of Boston 272 Allston Street Brighton, MA 02146 (617) 566-6242	Allston, Brighton, Brookline
SETH Pediatric Hospice/ Visiting Nurse Assoc. 300 Battles Street Brockton, MA 02401 (617) 587-2121	Abington, Avon, Bridgewater (East & West), Brockton, Easton, Holbrook, Rockland, Stoughton, Whitman, (Consultation offered throughout state.)

Hospice of Cambridge 35 Bigelow Street Cambridge, MA 02139 (617) 547-2620	Cambridge
Hospice Program, Emerson Hospital Social Service Department Old Road to Nine Acre Cor. Concord, MA 01742 (617) 369-1400 x434	Acton, Bedford, Boxboro, Carlisle, Concord, Harvard, Hudson, Lincoln, Maynard, Marlboro, Stow, Sudbury
Hospice - Service for Holyoke, Chicopee, Granby & South Hadley Holyoke VNA 317 Maple Street Holyoke, MA 01040 & Chicopee VNA 10 Center Street Chicopee, MA 01013 (413) 534-5691 (shared hospice coordinator)	Chicopee, Granby, Holyoke, South Hadley
VNA of North Shore Hospice, Inc. 5 Hutchison Drive Danvers, MA 01923 1-800-662-8999	Amesbury, Beverly, Boxford, Danvers, Georgetown, Gloucester, Groveland, Haverhill, Magnolia, Manchester, Middleton, Peabody, Rockport, Salisbury, Topsfield, West Newbury; Secondary Service Area: Essex, Hamilton, Ipswich, Newburyport, Rowley, Wenham
Visiting Hurse Assoc., Inc. Hospice Community Serv. Faulkner Hospice Services 1100 High Street Dedham, MA 02026 (617) 566-1507 x131 <u>Satellite Office</u> VNA, Inc. Hospice Community Services 11 Pierce Street Brookline, MA 02146 (617) 566-2444 x131	Boston, Brookline, Canton, Dedham, Dover, Medfield, Needham, Newton, Norfolk, Sharon, Walpole, Wellesley, Weston neighborhoods primarily; Allston, Brighton, Hyde Park, Jamaica Plain, Roslindale, West Roxbury

Dorchester Bay Area Hospice One Arcadia Place Dorchester, MA 02122 (617) 825-6210	Dorchester, Mattapan, South Boston, Roxbury
Whidden Memorial Hospital Home Care Hospice 103 Garland Street Everett, MA 02149 (617) 381-7111	Chelsea, East Boston, Everett, Malden, Medford, Revere, Saugus, Winthrop
Hospice Outreach, Inc. 243 Forest Street Fall River, MA 02722 (617) 673-1589	East Freetown, Fall River, Freetown, Somerset, Swansea, Westport, MA; Little Compton, Tiverton, RI
Burbank Hospital Home Health Care Nichols Road Fitchburg, MA 01420 (617) 343-5010	Ashburnham, Ashby, Fitchburg, Leominster, Lunenburg, Townsend, Westminster
VNA of South Middlesex, Hospice Service 50 Lawrence Street Framingham, MA 01701 (617) 875-3511	Ashland, Framingham, Holliston, Hopkinton, Hudson, Marlboro, Millis, Natick, Northboro, Sherborn, Southboro, Westboro
Hospice of South Berkshire Box 428 Great Barrington, MA 01230 (413) 528-4786	Alford, Egremont, Great Barrington, Lee, Monterey, Mount Washington, New Marlborough, Otis, Sandisfield, Sheffield, Stockbridge, Tyringham, West Stockbridge
Hospice in Franklin County 164 High Street Greenfield, MA 01301 (413) 772-0211 x2320	Franklin County
Lakeville-Middleboro Hospice, Inc. Lakeville Hospital Main Street Lakeville, MA 02346 (617) 947-8021	Lakeville, Middleboro

Lowell Visiting Nurse Assoc., Inc. - Hospice 150 Middlesex Street P.O. Box 1965 Lowell, MA 01853 (617) 459-9344	Billerica, Chelmsford, Dracut, Lowell, Tewksbury, Tyngsboro, Westford, MA; Pelham, NH
Hospice Program of the VNA of Greater Lynn 16 City Hall Square Lynn, MA 01901 (617) 598-2454	Lynn, Lynnfield, Nahant, Saugus, Swampscott
Hospice Care of Nantucket Nantucket, MA 02554 (617) 228-1200 x237	Nantucket
Hospice of St. Luke's Hosp. 101 Page Street New Bedford, MA 02740 (617) 997-1515 x2520	Acushnet, Dartmouth, Fairhaven, Marion, Mattapoisett, New Bedford, Rochester
Shared Caring Hospice, Inc. P.O. Box 565 Newburyport, MA 01950 (617) 462-1210	Amesbury, Newbury, Newburyport, Rowley, Salisbury, West Newbury
Hospice Care at Southwood Community Hospital 111 Dedham Street Norfolk, MA 02056 (617) 668-0385 x288	Attleboro, Bellingham, Canton, Dedham, Foxboro, Franklin, Mansfield, Medfield, Medway, Millis, Norfolk, North Attleboro, Norton, Norwood, Plainville, Sharon, Westwood, Wrentham
Hospice of Northern Berkshire, Inc. P.O. Box 171 North Adams, MA 01247 (413) 663-5146	Adams, Cheshire, Florida, Hancock, Monroe, New Ashford, North Adams, Williamstown, MA; Stamford, VT
Hospice of Hampshire County 7 Denniston Place P.O. Box 1204 Northampton, MA 01061 (413) 586-8288	Hampshire County

Home Health Foundation, VNA, Hospice Division 451 Andover Street North Andover, MA 01845 (617) 686-1010* *1-800-325-1477 or (617) 374-7473-Haverhill	Amesbury, Andover, Georgetown, Groveland, Haverhill, Lawrence, Merrimac, Methuen, North Andover, MA; Atkinson, Plaistow, Salem, Southampton, and Southern NH
Hospice of Martha's Vineyard Box 2549 Oak Bluffs, MA 02557 (617) 693-0189	Martha's Vineyard
Hospice Association of Cape Cod 911 Main Street Osterville, MA 02655 (617) 778-5037	Cape Cod - Barnstable County
Hospice of Central Berkshire County, Inc. Box 2036 Pittsfield, MA 01202 (413) 443-2994	Becket, Dalton, Hancock, Hinsdale, Lanesboro, Lenox, Peru, Pittsfield, Richmond, Washington, Windsor, MA; Lebanon Springs, New Lebanon, Stephentown, NY
Cranberry Area Hospice, Inc. P.O. Box 928 Plymouth, MA 02360 (617) 747-3716	Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton
Hospice of the Quincy Visiting Nurse Assoc. 1116 Hancock Street Quincy, MA 02169 (617) 472-2828	Quincy
Salem Hospice 27 Congress Street Salem, MA 01970 (617) 745-9050	Marblehead, Peabody, Salem
Hospice Program-Somerville Visiting Nurse Assoc. 162 Highland Avenue Somerville, MA 02143 (617) 623-3600	Somerville, Medford

OMEGA 270 Washington Street Somerville, MA 02143 (617) 625-1920	Boston, Cambridge, Somerville (nongeographical)
VNA of Springfield Hospice Program 600 Berkshire Avenue Springfield, MA 01109 (413) 781-5070	East Longmeadow, Hampden, Longmeadow, Ludlow, Springfield, Southwick, Westfield, West Springfield, Wilbraham
Old Colony Hospice, Inc. New England Sinai Hospital Hospice Office P.O. Box 647 Stoughton, MA 02072 (617) 344-0600 x140	Abington, Avon, Bridgewater, Brockton, East Bridgewater, Rockland, Stoughton, West Bridgewater, Whitman
Hospice Care of Greater Taunton, Inc. 14-A Church Green Taunton, MA 02780 (617) 823-5528	Berkley, Dighton, Lakeville, Middleboro, Norton, Raynham, Rehoboth, Taunton
Hospice of the Good Shepherd, Inc. P.O. Box 144 Waban, MA 02168 (617) 969-6130	Newton, Wellesley, Brookline; Newton-Wellesley Hospital Community
Hospice West, Inc. 254 South Street Waltham, MA 02154 (617) 894-1100	Belmont, Waltham, Watertown and surrounding area
Hospice at Home, Inc. 83 Boston Post Road Sudbury, MA 01776 (617) 443-8150	Framingham, Natick, Sherborn, Sudbury, Wayland, Weston
Northern RI Hospice - VNS of Greater Woonsocket Marquette Plaza Woonsocket, RI 02895 (401) 769-5670	Albion, Cumberland, Manville, North Smithfield, Woonsocket, RI; Millville, Blackstone, MA

Palliative Care Unit (U. of MA Medical Center) 55 Lake Avenue North Worcester, MA 01605 (617) 856-3834	Worcester, Central Massachusetts Region
VNA of Worcester, Inc. Hospice Program 120 Thomas Street Worcester, MA 01608 (617) 756-7176 x200	Auburn, Brookfield, Barre, Charlton, Clinton, East Brookfield, Grafton, Holden, Hubbardston, Hudson, Leicester, Millbury, Northborough, North Brookfield, Oakham, Oxford, Paxton, Princeton, Rutland, Shrewsbury, Spencer, Sterling, Sutton, Webster, West Boylston, West Brookfield, Worcester

New England Hemophilia Association

The New England Hemophilia Association (NEHA) was founded in 1957 and serves persons with hemophilia and other congenital clotting disorders. The mission of the organization is to empower the individual with hemophilia, their families and friends, to have control over their own lives.

Many accomplishments have been made in the care and treatment of persons with hemophilia. But, there is no cure for this disease, and we still have a long way to go. The struggle is not yet over. Persons with hemophilia are constantly dependent upon appropriate comprehensive care which is available at very few centers.

Dealing with the daily issues in living with hemophilia has brought persons together to unite as a group in order to assist each other in coping with the many concerns. The NEHA was developed in order to provide a focus for the many problems faced by persons with hemophilia, and continues to assist all persons with hemophilia, other congenital clotting disorders and their families through: Advocacy, Support, Research, Information & Referral, Education, Membership Meetings & Medical Seminars, Newsletters, Medical Advisory Board, Summer Camp, Scholarships and Fund Raising.

In addition, to assist in dealing with the current AIDS crisis, NEHA has formed an AIDS Task Force whose efforts are focused on the following:

Informing Membership through:

1. Bi-monthly Newsletters on AIDS and hemophilia which would include: a) response to current AIDS/Hemophilia related lay and medical reports; b) publishing of current and alternative treating methodologies; and, c) updates on progress about concentrate changes and tests relating to blood products and/or substitutes.
2. Discussion periods at all Medical Meetings.

Informing Public through:

1. Promoting civil rights of HIV positive individuals and hemophiliacs with AIDS.
2. Participating in public forums as an advocate for persons with hemophilia.

Liaison for hemophiliacs with AIDS through:

1. Government agencies
2. State AIDS action committees
3. AIDS conferences.

Direct Service to Patients:

1. Insure social contact
2. Assist in job discrimination actions
3. Assist in securing benefits where possible
4. Coordinate where possible direct assistance is needed.

For further information, call or write:

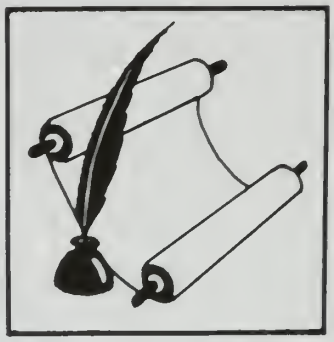
New England Hemophilia Association
99 Brookline Avenue
Boston, MA 02215
(617) 424-6875 or 6874
Office Hours: 9:00 A.M. - 5:00 P.M.

Child Care Services

This page of the guide is obviously targeted at families with children. There undoubtedly will be a need for child care for children with AIDS or children of parents with AIDS. The Commonwealth of Massachusetts Department of Public Health has established guidelines for caretakers of children with clinical AIDS. Copies of the Guidelines are available through the Department of Public Health at 727-0049 (Office of Public Information).

For further information about obtaining either family day care or group day care, you can contact the Office for Children for your area listed in the telephone book. Another organization that makes child care referrals is the Child Care Resource and Referral Agency. These agencies are statewide and listed in the telephone book.

Patient Bill of Rights



PATIENT BILL OF RIGHTS

Patient Bill of Rights

A person with AIDS should be familiar with the patient bill of rights, part of the Public Health laws, put into effect in 1979. Violation of these rights should be brought to the attention of the:

Patient Complaint Unit
Division of Health Care Quality
Department of Public Health
80 Boylston Street, 11th Floor
Boston, MA 02116
(617) 727-8984
1-800-462-5540

Every patient or resident of a facility shall have the right:

(a) upon request, to obtain from the facility in charge of his/her care the name and specialty, if any, of the physician or other person responsible for his/her care or the coordination of his/her care;

(b) to confidentiality of all records and communications to the extent provided by law;

(c) to have all reasonable requests responded to promptly and adequately within the capacity of the facility;

(d) upon request, to obtain an explanation as to the relationship, if any, of the facility to any other health care facility or educational institution insofar as said relationship relates to his/her care or treatment;

(e) to obtain from a person designated by the facility a copy of any rules or regulations of the facility which apply to his/her conduct as a patient or resident;

(f) upon request, to receive from a person designated by the facility any information which the facility has available relative to financial assistance and free health care;

(g) upon request, to inspect his/her medical records and to receive a copy thereof in accordance with section seventy, and the fee for said copy shall be determined by the rate of copying expenses;

(h) to refuse to be examined, observed, or treated by students or any other facility staff without jeopardizing

access to psychiatric, psychological, or other medical care and attention;

(i) to refuse to serve as a research subject and to refuse any care or examination when the primary purpose is educational or informational rather than therapeutic;

(j) to privacy during medical treatment or other rendering of care within the capacity of the facility;

(k) to prompt life saving treatment in an emergency without discrimination on account of economic status or source of payment and without delaying treatment for purposes of prior discussion of the source of payment unless such delay can be imposed without material risk to his/her health, and this right shall also extend to those persons not already patients or residents of a facility if said facility has a certified emergency care unit;

(l) to informed consent to the extent provided by law; and

(m) upon request, to receive a copy of the bill or other statement of charges submitted to any third party by the facility for the care of the patient or resident.

Every patient or resident of a facility shall be provided by the physician in the facility the right:

(a) to informed consent to the extent provided by law;

(b) to privacy during medical treatment or other rendering of care within the capacity of the facility;

(c) to refuse to be examined, observed, or treated by students or any other facility staff without jeopardizing access to psychiatric, psychological or other medical care and attention;

(d) to refuse to serve as a research subject, and to refuse any care or examination when the primary purpose is educational or informational rather than therapeutic;

(e) to prompt life saving treatment in an emergency without discrimination on account of economic status or source of payment and without delaying treatment for purposes of prior discussion of source of payment unless such delay can be imposed without material risk to his/her health;

(f) upon request, to obtain an explanation as to the relationship, if any, of the physician to any other health care facility or educational institutions insofar as said relationship relates to his/her care or treatment, and such explanation shall include said physician's ownership or financial interest, if any, in the facility or other health care facilities insofar as said ownership relates to the care or treatment of said patient or resident;

(g) upon request, to receive an itemized bill including third party reimbursements paid toward said bill, regardless of the sources of payment; and

(h) in the case of a patient suffering from any form of breast cancer, to complete information on all alternative treatments which are medically viable.

Legal Services and Advocacy

LEGAL SERVICES AND ADVOCACY

Massachusetts Commission Against Discrimination
 -AIDS Policy

Massachusetts Office of Handicapped Affairs

Disabilities Benefits Project

Department of Public Health
 -Division of Health Care Quality
 -Rights of Medicare Beneficiaries

Gay and Lesbian Advocates and Defenders
 -AIDS Law Project

Coalition for Legal Rights of the Disabled

Civil Liberties Union of Massachusetts

Legal Services and Advocacy

In this section are organizations, both public and private, which protect the civil rights of those persons with AIDS. The following law projects and coalitions either provide services or will make referrals to individuals or organizations that will investigate and resolve discrimination complaints. Assistance with other legal issues such as estate planning, "power of attorney," wills and funeral arrangements are included in this section on page 152. The offices listed provide free or low cost legal assistance.

AIDS POLICY
OF THE
MASSACHUSETTS COMMISSION AGAINST DISCRIMINATION

Massachusetts Law prohibits discrimination in employment, public accommodations and public housing against persons with a physical or mental handicap or who are perceived to have a physical or mental handicap.* The MCAD interprets these laws to prohibit discrimination against persons who are handicapped with Acquired Immune Deficiency Syndrome (AIDS) or who are perceived to be afflicted with AIDS. The following practices are illegal pursuant to these laws:

- to refuse to hire or advance in employment or otherwise discriminate against a qualified person with AIDS or who is perceived to be at risk of having AIDS;

- to make a preemployment inquiry as to whether the applicant has AIDS or is at risk of having AIDS;

- to make any distinction, discrimination or restriction relative to the admission of any person to, or his treatment in, any place of public accommodation because the person has AIDS or is perceived to be at risk of having AIDS.

MCAD will receive, investigate and resolve by conciliation or adjudication complaints of AIDS-related discrimination which are filed with the agency within six months of the alleged discriminatory practice.

CONTACT PERSONS: ALAN CASSELLS (413-739-2145)
BARBARA B. DICKEY (727-4146)
JAY M. CARNEY (727-4979)

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* Massachusetts General Laws Chapter 151B, *et seq*. and Chapter 272, p. 98.

Massachusetts Office of Handicapped Affairs

Legal Services

The mandate of the Massachusetts Office of Handicapped Affairs (OHA) is to guarantee the rights and dignity of people with disabilities. Individuals with AIDS share the goal of all handicapped people: to live independently and participate fully in all aspects of Massachusetts society.

Among major priorities, OHA advocates the establishment of equal opportunity in the public and private sectors and an improved service delivery system.

The Civil Rights Program oversees implementation of nondiscrimination mandates in state agencies; assists individuals in matters of discrimination, acting as both advocate and technical advisor; and works with other advocates in training lawyers in AIDS-related law.

The Client Assistance Program helps with vocational rehabilitation problems, independent living services, employment and housing discrimination and transportation matters.

OHA services are free and confidential.

In Boston:	Room 1305 One Ashburton Place Boston, MA 02108 (617) 727-7440 or 1-800-322-2020 (Voice and TDD)
In Falmouth:	22 Cahoon Court Falmouth, MA 02534 (617) 548-0973 or 1-800-368-1919 (Voice and TDD)
In Northampton:	c/o Department of Public Health 22 Service Center Road Northampton, MA 01060 (413) 586-7525 ext. 62

Legal Services

People who have applied for and have been denied Social Security Disability Benefits (SSDI or SSI) can call one of the local Disability Benefits Project offices. These offices are located statewide and are able to provide free or low cost legal assistance or representation to individuals who have Social Security Disability claims. If you need legal assistance, call the local office listed in the town nearest to where you live. Each office is accessible and can arrange to make home visits if necessary.

The Disability Benefits Project is a state-funded program which employs legal advocates to provide assistance to individuals who have had their Social Security Disability claims denied at various stages. The Project is administered by the Massachusetts Legal Assistance Corporation (MLAC).

The Developmental Disabilities Law Center (DDLC) provides technical support and assistance to legal and lay advocates. DDLC also provides training to groups throughout the state on such issues as eligibility for Social Security Disability Benefits. If you would like information about training, or about the Social Security Disability program in general, please call Pat Freedman, Attorney, at DDLC, (617) 723-8455.

Developmental Disabilities Law Center, Inc.
11 Beacon Street, Suite 925
Boston, Massachusetts 02108
(617) 723-8455 (Voice and TTY)

Field Offices:

Southeastern Mass. Office
21 South Sixth Street
New Bedford, MA 02470
(617) 996-8576 (Voice and TTY)

Western Mass. Office
22 Green Street
Northampton, MA 01060
(413) 584-6337 (Voice)
(413) 586-6024 (TTY)

A list of Disability Benefits Project local offices follows.

DISABILITY BENEFITS PROJECT

LOCAL OFFICES

1. BCLAB
   Boston College Legal Assistance Bureau
   24 Crescent Street
   Waltham, MA 02154
   (617) 893-4793
   TDD (617) 893-5525

2. CASLS
   Cambridge and Somerville Legal Services
   264 Third Street
   Cambridge, MA 02142
   (617) 492-5520
   TTY (617) 492-5525

3. CPC
   Cambridgeport Problem Center
   One West Street
   Cambridge, MA 02139
   (617) 661-1010
   TDD (617) 611-1178

4. CPR
   Center for Public Representation
   22 Green Street
   Northampton, MA 01060
   (413) 584-1644 ext. 265
   TTY (413) 584-4034

5. GBLS
   Greater Boston Legal Services
   68 Essex Street
   Boston, MA 02111
   (617) 357-5757
   TTY (617) 720-4285

6. LACCM
   Legal Assistance Corp. of Central Mass.
   332 Main Street
   Worcester, MA 01608
   (617) 752-3718
   1-800-322-0362
   TDD (617) 755-3260

LOCAL OFFICES (Cont.)

7. LSCCI
   Legal Services for Cape Cod & Islands
   16 Kings Way
   Hyannis, MA 02601
   (617) 775-7020 (Voice and TTY)
   (617) 428-8161

8. MHLAC
   Mental Health Legal Advisors Committee
   11 Beacon Street, Suite 925
   Boston, MA 02108
   (617) 723-9130
   TDD (617) 723-8455

9. MVLS
   Merrimack Valley Legal Services
   13 Hurd Street
   Lowell, MA 01852
   (617) 458-1465
   TDD (617) 452-4740

10. NLS
    Neighborhood Legal Services
    31 Exchange Street
    Lynn, MA 01901
    (617) 599-7730 (Voice and TDD)

11. SMLS
    South Middlesex Legal Services
    36 Concord Street
    Framingham, MA 01701
    (617) 620-1830
    (617) 872-5369
    (617) 235-7428 (Voice and TDD)

12. SMLAC/NB
    Southeastern Mass. Legal Assistance Corp.
    21 South Sixth Street
    New Bedford, MA 02740
    (617) 996-8576 (Voice and TDD)
    1-800-322-4023 (Voice and TDD)

13. SMLAC/B
    Southeastern Mass. Legal Assistance Corp.
    63 Main Street, Suite 38
    Brockton, MA 02401
    (617) 586-8393
    1-800-332-7766 (Voice and TDD)

LOCAL OFFICES (Cont.)

14. VLP
    Volunteer Lawyers Project
    8 Winter Street
    Boston, MA 02108
    (617) 423-0648
    TDD (617) 338-6790

15. WMLS
    Western Mass. Legal Services
    57 Suffolk Street
    Holyoke, MA 01040
    (413) 536-2420
    1-800-828-2900
    TDD (617) 781-7814

16. ICID
    Information Center for Individuals
      with Disabilities
    20 Park Plaza, Room 330
    Boston, MA 02116
    (617) 727-5540
    1-800-462-5015
    TTY (617) 462-5015

Massachusetts Department of Public Health
Division of Health Care Quality

The Division of Health Care Quality is the patient protection arm of the Department of Public Health. It is the only office authorized by state law to monitor the quality of health care services provided in Massachusetts by the state's 550 nursing homes, 250 rest homes, 140 hospitals, 335 ambulance services, 365 clinical laboratories, 200 clinics, 120 blood banks, 140 home health agencies and 32 state schools and community-based programs for the mentally retarded.

The division is also used by the state and federal government to certify that health care facilities such as nursing homes and state mental health hospitals meet state and federal standards for participation in the Medicaid and Medicare programs.

The Division works to safeguard patients from:

- Patient abuse, mistreatment, and neglect;
- Misuse of patients' personal funds;
- Poor sanitary conditions, such as vermin and rodent infestation;
- Inaccurate laboratory results;
- Inappropriate use of body restraints;
- Misuse of drugs;
- Too few or inadequately trained staff;
- Inaccurate medical records;
- Improperly trained ambulance personnel;
- Ambulances without the proper medical equipment or equipment in need of repair;
- Fire safety hazards.

There are several activities which Division staff undertake to ensure the protection of patients. These activities include:

- Setting standards of good care;
- Inspecting and monitoring health facilities and services;
- Training staff and others in patient abuse reporting and prevention;
- Investigating complaints about patient care and patient abuse;
- Taking enforcement action to protect the health and safety of patients.

If you have any questions regarding a specific health care facility or service, or wish to report a suspected case of patient abuse, mistreatment or neglect, please call the

Division of Health Care Quality directly. The appropriate phone numbers are listed.

To report a suspected case of patient abuse, mistreatment or neglect, or to make a complaint about any health care facility:

WRITE: Patient Complaint Unit
Division of Health Care Quality
Department of Public Health
80 Boylston Street, 11th Floor
Boston, MA 02116

OR CALL: (617) 727-8984 (9-5, Monday - Friday)
(617) 522-3700 (Evenings and Weekends)
1-800-462-5540 (Toll Free)

All telephone complaints must be confirmed in writing. All complaints are investigated and information remains confidential.

There is a new hospital reimbursement legislation which prohibits hospitals from discriminating against Medicare recipients, establishes an Advocacy Office within the Department of Public Health to receive and investigate complaints concerning access to hospital care and services, and requires hospitals to provide written notification of the rights afforded under the new law to Medicare patients who seek treatment. This is important for people with AIDS because they are automatically eligible for Medicare after two years of Medicaid payments.

The law prohibits discrimination against Medicare patients based upon diagnostically related group classification, cost of treatment, severity of illness and average length of stay. Discrimination refers to restrictions relating to admission, availability of services, treatment, transfer or discharge. Examples of potential discrimination include the following:

a. denial of admission;
b. delay of admission;
c. premature discharge;
d. inadequate treatment.

The legislation established an Advocacy Office within the Department of Public Health to receive, review, investigate and seek to resolve patient and provider complaints concerning alleged discrimination in access to hospital care and services. DPH has established the Advocacy Office as an adjunct to the Division of Health Care Quality's Patient Protection Unit which already investigates complaints regarding the quality of health care provided by Massachusetts

health care facilities and services.

Trained investigators will review all complaints received from patients or providers that concern access denial such as refusal to admit or provide services or inappropriate discharges. Investigators will conduct interviews, review records and conduct site visits to health care facilities in an attempt to resolve identified problems.

Advocacy Office staff will seek to resolve all complaints in a manner consistent with the patient's best interest through negotiations with hospital staff.

The law requires hospitals to provide written notice of the rights established by the legislation to every Medicare eligible person seeking services and to post such rights conspicuously in the facility.

January 1986

Rights of Medicare Beneficiaries
Under Section 51D of Chapter 111 of the General Laws

The following is a notice of the rights of Medicare beneficiaries under Section 51D of Chapter 111 of the General Laws:

1. No acute care hospital shall impose any discriminatory restrictions or conditions relating to admission, availability of services, treatment, transfer, or discharge with respect to any patient because that patient is a Medicare beneficiary. Prohibited practices include, but are not limited to, any such discriminiation based on the diagnostically related group classification of such a beneficiary or any other criteria, including cost of treatment, severity of illness, and average length of stay, which are not equally applied to all patients with comparable medical needs seeking or receiving the services of the hospital.

2. The Massachusetts Department of Public Health has established an Advocacy Office for the receipt of complaints of alleged violations of the provisions of this section and the Attorney General has been authorized to bring a civil action to enforce the provisions of this section. To report a suspected case of discrimination, write:

   Advocacy Office
   Patient Protection Unit
   Division of Health Care Quality
   Department of Public Health
   80 Boylston Street (11th Floor)
   Boston, MA 02116

   or call:

   (617) 727-8984 (9-5 Monday - Friday)
   1-800-462-5540 (Toll Free, 24 Hours)

3. Anyone may report a suspected case of discrimination.

4. The DPH Advocacy Office will investigate and attempt to resolve the DPH complaint. If DPH cannot promptly resolve the complaint, DPH may forward the complaint and

any information obtained to the Attorney General.

5. The rights you have under this section are in addition to any other rights provided by law to Medicare patients.

AIDS Law Project
Gay & Lesbian Advocates & Defenders (GLAD)
P.O. Box 218
Boston, MA 02112
(617) 426-1350

The AIDS Law Project was founded in 1983 in response to complaints of discrimination based upon AIDS. The Project's primary goal is to protect the civil rights of persons with AIDS and of people who may be thought to have AIDS either because they are members of a high risk group or because they associate with members of high risk groups. Lawyers from the Project have dealt with issues of breach of confidentiality of medical records; mistreatment of persons with AIDS by medical providers; job discrimination against persons with AIDS or persons who were at high risk of acquiring AIDS; housing discrimination, both residential and commercial, against persons with AIDS and people who associate with persons with AIDS. If you have reason to believe that you have been discriminated against because you have AIDS or may be perceived as being at risk for acquiring AIDS, call the AIDS Law Project at GLAD.

There is no fee for services.

In addition to these services, GLAD will make referrals to attorneys and agencies which will assist you in the preparation of wills and other estate planning processes.

Coalition for Legal Rights of the Disabled

The Coalition for Legal Rights of the Disabled consists of over two dozen Massachusetts advocacy groups. Within the coalition is a committee which deals with discrimination issues related to AIDS. By contacting the chairperson of the committee, a referral to an appropriate legal assistance program will be made.

Contact: Stanley Eichner, Esq.
Disability Law Center
11 Beacon Street, #925
Boston, MA 02108
(617) 723-8455

Civil Liberties Union of Massachusetts

The Civil Liberties Union of Massachusetts is an organization which handles complaints regarding discrimination in the workplace, discriminiation in housing and other issues associated with AIDS. They will either provide services or refer to another organization or person for legal assistance. There is no fee for their services.

Contact: Civil Liberties Union of Massachusetts
47 Winter Street
Boston, MA 02108
(617) 482-3170

GLOSSARY OF AIDS RELATED TERMS

ACQUIRED IMMUNE DEFICIENCY SYNDROME (AIDS): The most severe form of infection caused by a virus called HIV (Human Immunodeficiency Virus). This virus enters the body and directly attaches itself to a certain type of white blood cell called the T-helper cell. T-helper cells are necessary to regulate the immune system and help the body fight off bacterial, viral and fungal infections.

When the AIDS virus destroys these T-helper cells, the body can no longer adequately protect itself against infection. A person with AIDS can acquire a variety of infections, especially a particularly severe type of parasitic pneumonia (Pneumocystis carinii), a rare type of cancer called Kaposi's sarcoma, and encephalitis (an inflammation of the brain and spinal cord).

ANTIBODY: Protein molecules that are produced and secreted by certain types of white cells in response to stimulation by an antigen.

ANTIGEN: Any substance that provokes an immune response when introduced into the body.

AIDS RELATED COMPLEX (ARC): A less severe condition in which the individual is infected and develops immune abnormalities. In the early stages, people with ARC may appear healthy but can transmit the virus to others. In some cases, the immune response deteriorates until the individual develops the unusual infections which characterize the condition known as AIDS.

BACTERIUM: A microscopic organism composed of a single cell. Many bacteria can cause disease in man.

BASOPHIL: A special white blood cell, called a granulocyte, filled with granules of toxic chemicals, that can digest microorganisms. Like the mast cell, its counterpart in the tissue, basophils are responsible for the symptoms of allergy.

B CELLS: White blood cells of the immune system derived from bone marrow and involved in the production of antibodies; they are also called B lymphocytes.

BONE MARROW: Soft tissue located in the cavities of the bones. Responsible for producing blood cells.

CANDIDIASIS: A yeast-like infection caused by Candida albicans which affects mucus membranes, the skin and internal organs. Oral infections are called thrush and exhibit creamy white patches of exudate or inflamed and painful mucosa. Common sites are the nailbeds, axilla, umbilicus, around the anus, the esophagus. It may occur systemically and affect the heart and the lining around the brain and spinal cord. This infection has become a standard problem seen in immune-depressed people. It occurs frequently in the vaginal area where it is not associated with AIDS.

CRYPTOCOCCOSIS: An infectious disease being seen in AIDS patients which is acquired via the respiratory tract with a primary focus in the lungs and which characteristically spreads to the meninges (the lining of the brain and spinal cord) but which may also spread to the kidneys and skin. It is due to the fungus Cryptococcus neoformans. Meningitis with headache, blurred vision, confusion, depression, agitation or inappropriate speech is the most common form. It may be fatal.

CRYPTOSPORIDIOSIS: An infection caused by a protozoan parasite found in the intestines of animals. Once transmitted to man (by direct contact with the infected animal), it lodges in the intestines and causes severe diarrhea. It may be transmitted from man to man. While this infection seems to be occurring more frequently in immuno-depressed people, one study reports incidence in healthy persons as well.

CYTOMEGALOVIRUS (CMV): A virus that is related to the herpes family. CMV infections may occur without any symptoms or result in mild flu-like symptoms of aching, fever, mild sore throat, weakness, enlarged lymph nodes. Severe CMV infections can result in hepatitis, mononucleosis, or pneumonia even in non-immune suppressed men and 94% of gay men studied, but is usually mild and self-limiting. CMV can be "shed" in body fluids -- urine, semen, saliva, feces, sweat.

DIFFUSE, UNDIFFERENTIATED NON-HODGKINS LYMPHOMA (DUNHL): A rare B-cell lymphoma that is difficult to distinguish from Burkitt's lymphoma. Its relationship to AIDS is uncertain at present and being investigated. The DUNHL patients exhibit generalized lymphadenopathy and enlarged spleens. This cancer is usually fatal.

EOSINOPHIL: A special white blood cell, called a granulocyte, that can digest microorganisms. Plays a role in allergic reactions.

EPSTEIN-BARR VIRUS (EBV): A herpes-like virus that causes one of the two kinds of mononucleosis (the other is caused by CMV). It lodges in the nose and throat and is transmitted by kissing. EBV lies dormant in the lymph glands and has been associated with Burkitt's lymphoma, a cancer of the lymph glands. This is the clearest link to date between viruses and cancer.

FUNGUS: Member of a class of relatively primitive vegetable organisms including mushrooms, yeasts, rusts, molds and smuts.

GRANULOCYTES: A cell of the immune system filled with granules of toxic chemicals that enable them to digest microorganisms. Basophils, neutrophils, eosinophils and mast cells are examples of granulocytes.

HELPER T CELLS: A subset of T cells that turn-on antibody production.

HERPES SIMPLEX VIRUS (HSV I): The virus that results in cold sores or fever blisters on the mouth or around the eyes. Like all herpes viruses, the virus may lie dormant for months or years in nerve or lymph tissue and flare up again under stress, trauma, infection or immuno-suppression. There are no cures for any of the herpes viruses.

HERPES SIMPLEX II (HSV II): Causes painful sores on the anus or genitals, but can be transmitted to the face or mouth.

HEREPES VARICELLA-ZOSTER VIRUS (HVZ): The varicella virus causes chicken pox in children and may reappear in adulthood as herpes zoster. Herpes zoster, also called shingles, consists of very painful blisters on the skin and follows nerve pathways.

IMMUNE COMPLEX: Large molecules formed when antigen and antibody bind together.

IMMUNE RESPONSE: The activity of the immune system against foreign substances.

KAPOSI'S SARCOMA (KS): A tumor of the walls of blood vessels. Usually appears as pink to purple, painless spots on the skin but may also occur internally in addition to or independent of the skin lesions. Death occurs from major organ involvement. Originally seen in elderly men or in equatorial Africa as a slow-growing, benign lesion, it is now occurring in young men, 80% of whom are gay, and is rapid and frequently fatal in its course.

LYMPH: A transparent, slightly yellow fluid containing primarily lymphocytes. Lymph is composed of tissue fluids collected from all parts of the body and returned to the blood via the lymphatic vessels.

LYMPHADENOPATHY: Swollen, firm and possibly tender lymph glands. The cause may range from a temporary infection, such as the flu or mononucleosis, to lymphoma, which is cancer of the lymph nodes (disease of the lymph nodes).

LYMPH NODES: Small bean-sized organs of the immune system, distributed widely throughout the body. An outpost for B lymphocytes.

LYMPHOCYTES: Small white cells, normally present in the blood and in lymphoid tissue, that bear the major responsibility for carrying out the functions of the immune system.

LYMPHOKINES: Powerful substances produced and released into the bloodstream by T lymphocytes and capable of stimulating other cells in the immune system.

MACROPHAGE: A scavenger cell found in the tissues, able to destroy invading bacteria or other foreign material.

MICROBES: Minute living organisms, including bacteria, protozoa, and fungi.

MICROORGANISM: A microscopic plant or animal.

MONOCYTE: A large white blood cell which acts as a scavenger, capable of destroying invading bacteria or other foreign material.

NATURAL KILLER CELLS: Large granular lymphocytes that attack and destroy other cells such as tumor cells and those infected with viruses or other microbes.

NEUTROPHIL: A special white blood cell, called a granulocyte, that can digest microorganisms.

OPPORTUNISTIC DISEASES: Those diseases that are caused by agents that are frequently present in our bodies or environment but which cause disease only when there is an alteration from normal, healthy conditions, such as when the immune system becomes depressed.

PARASITE: A plant or animal that lives, grows and feeds on or within another living organism.

PERSISTENT GENERALIZED LYMPHADENOPATHY: Chronic, diffuse, non-cancerous lymph node enlargement that has recently been found to be prevalent among gay men. It typically has been found in those with immune system disturbances who develop frequent and persistent bacterial, viral and fungal infections. The vast majority of people with this have not developed AIDS, as of this date.

PNEUMOCYSTIS CARINII PNEUMONIA (PCP): A lung infection seen in immuno-suppressed people. It is caused by a protozoan present almost everywhere but which is normally destroyed by healthy immune systems. It is airborne. Once a person develops PCP, they are susceptible to reoccurrence of the disease and the outcome if often fatal.

SUBUNIT VACCINE: A vaccine produced from only part of an infectious agent.

SUPPRESSOR T CELLS: Subset of T cells that "turn off" antibody production.

T CELLS: White blood cells that are processed in the thymus. They produce lymphokines and are responsible, in part, for carrying out the immune response. They are also called T lymphocytes.

T CELLS, helper/suppressor ratio: T-cells are lymphocytes (white blood cells) that are formed in the thymus and are part of the immune system that has been found to be abnormal in AIDS patients. The normal ratio of helper T cells to suppressor T cells is about 2:1. This becomes inverted in AIDS patients because the number of helper cells is dramatically decreased.

THYMUS: A central lymphoid organ important in the development of immune capability.

TOXOPLASMOSIS: A disease due to infection with the protozoan toxoplasma gondii.

VACCINE: A substance containing the antigen of an organism which stimulates active immunity and future protection against infection by that organism.

VIRUS: Submicroscopic microbe causing infectious disease. Can reproduce only in living cells.

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CHANGES AND ADDITIONS

A Community Resource Guide for Assisting People with AIDS was compiled several months ago and recently published. In the interim, there have been changes, additions, and deletions of services listed in this booklet. The following list of changes is provided to update this guide. The resources included should not be viewed as all encompassing. Inclusion or ommission from these lists merely reflects the time limits of the compilers and should not be interpreted as implying approval or disapproval by the Massachusetts Department of Public Health. Additional resources for the Springfield/Western Massachusetts area were provided in part by Dignilife of Chicopee.

FINANCIAL ASSISTANCE

Department of Public Welfare				
page	16	change:	Adams	(413) 664-9951
	16	change:	Boston, 43 Hawkins St.	(617) 423-0088
	17	delete:	Norwell	(617) 335-6000
Social Security Offices				
page	37	change:	Plymouth Co., Quincy	(617) 227-2400
	37	change:	Suffolk Co., Boston, 10 Causeway	(617) 227-2400
	38-39	change:	Worcester Co., Gardner	(617) 632-7856
Veteran's Administration				
page	41	change:	Fitchburg	(617) 342-8927
Community Nutrition Resources				
page	44	change:	Western MA Food Bank	(413) 247-9738
	45	add:	Kate's Kitchen 264 Elm St., Holyoke	(413) 532-0233
	45	add:	Loaves and Fishes 769 Worthington, Sprgfld.	(413) 737-5354

Fuel Assistance Information

page	47	delete:	ABCD 1716 Centre, W. Roxbury	
	48	change:	Montachusett Employment and Training Program	(800) 423-9992
	48	change:	Self Help, Inc.	(617) 588-5440

COMMUNITY AND SUPPORT SERVICES

Department of Social Services

Tele-Typewriter for the Deaf

page	60	change:	North of Boston Middleton Regional Of.	(617) 777-6432
	60	change:	South of Boston Cape and Islands	(800) 632-8218

Quick Reference Guide

page	61	delete:	Central MA Protective Screening Unit telephone out of service call local office.	

Department of Mental Health
Counseling and Support Groups -

Western MA -

page	66	add:	Lifeline Institute 664 Main St., Amherst	(413) 253-2822
	66	add:	Cindy Japiske Mothers of AIDS Patients 872 Main Street, Dalton	(413) 684-1703 (After 5 p.m)
	66	add:	The Grey House 22 Sheldon St., Springfield (Hispanic/Latino concerns)	(413) 734-6696

North of Boston -

page	68	change:	R. Kleinman, PhD, Malden	(617) 397-2000

South of Boston-

page	69	delete:	Allan Belcher, Cape Cod	

Metropolitan Boston -

page	70	change:	Sue Varga, M.Ed., Cambridge	(617) 776-9061

	71	delete:	Edward Golowka, MPh, Somerville	
	72	change:	Lee Ellenberg, Quincy	(617) 426-4601
	72	delete:	CMHS, Waban	
	73	change:	Robert Dello Russo, PhD Boston	(617) 484-4146

Department of Mental Health
Crisis/Emergency Services

Western MA -

page	81	add:	Crisis Team, Baystate Medical Center, Springfield	(413) 787-3262
	81	add:	Spanish-American Union 67 Jefferson Av., Springfield	(413) 734-6451

Department of Public Health
Division of Alcohol & Drug Rehabilitation

Alcoholism Services

Private Residential

page	93	change:	McLean Hospital, Belmont	(617) 855-2000
	93	add:	Wing Memorial Hospital, Palmer	(413) 283-7651 x285

Halfway Houses

page	97	change:	Lowell House, Lowell	(617) 459-3371
	99	add:	Opportunity House, Springfield	(413) 739-4732

Outpatient

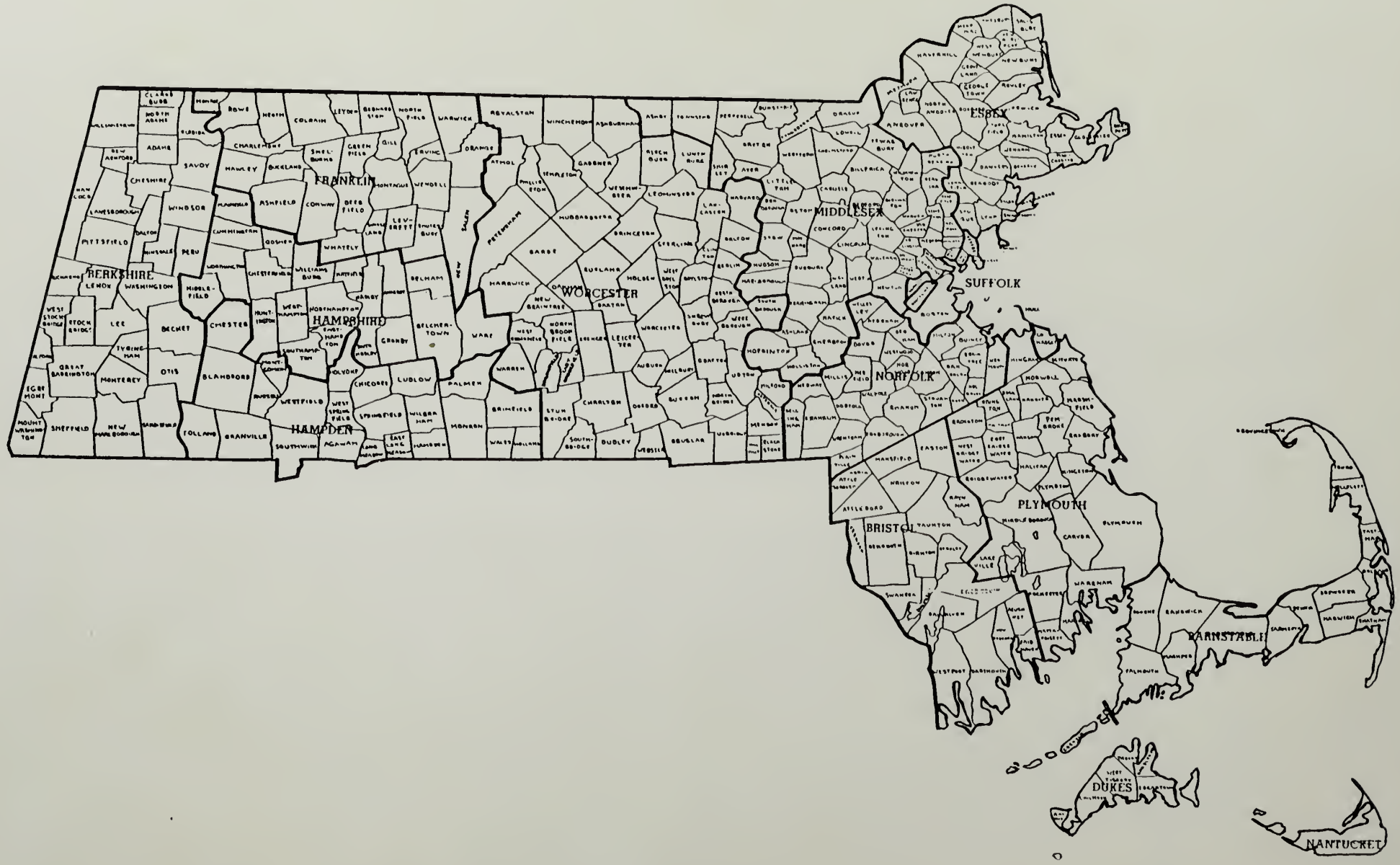
page	100	change:	Boundaries Therapy Center, Acton	(617) 263-4878
	101	change:	North Shore Council on Alcoholism, Danvers	(617) 745-8890
	102	change:	Upham's Corner Neighborhood HC Dorchester	(617) 287-8000
	102	delete:	EMAAP, E. Walpole	
	104	add:	Wing Memorial Hospital, Palmer	(413) 283-7651 x285
	105	add:	Mary Lane Hospital, Ware	(413) 967-6211
	105	add:	Youth & Family Serv., Westfield	(413) 568-3368

Drug Treatment Services

<u>Detox - residential</u>				
page	107	add:	Mt. Tom Institute for Human Services, Holyoke	(413) 536-2251
	108	add:	Wing Memorial Hospital, Palmer	(413) 283-7651 x285
	108	change:	New England Memorial Hospital Stoneham	(617) 665-1740 x388
	108	add:	Mary Lane Hospital - Ware	(413) 967-6211
<u>Drug Free - residential</u>				
page	110	change:	Austin Riggs, Stockbridge	(413) 298-5511
<u>Methadone Maintenance</u>				
page	111	change:	VA Drug Clinic, Boston	(617) 565-4570
<u>Drug Free - outpatient</u>				
page	112	change:	The Auburn Project, Inc., Auburn	(617) 832-5707
	113	change:	The Bridge, Inc., Boston	(617) 423-9575
	113	change:	VA Drug Clinic, Boston	(617) 565-4570
	116	add:	Wing Memorial Hospital, Palmer	(413) 283-7651 x285
	116	change:	Mystic Valley Learning Center, Somerville	(617) 861-0890
<u>Home Health Agencies</u>				
page	123	change:	Walpole; Norfolk-Bristol HH	(617) 769-5665
	123	change:	Wellfleet; Wellfleet HH	(617) 349-7501
<u>Hospice Care Programs</u>				
page	128	change:	Lakeville-Middleboro Hospice	(617) 946-1011
<u>New England Hemophilia Association</u>				
page	134	change:	Boston	(617) 326-7645

OTHER SERVICES

add:	AZT Hotline	(800) 843-9388
add:	Dignilife P.O. Box 831 Chicopee, MA (Service Resource Providers)	(after 5 pm) (413) 538-7561
add:	Disabled Trans. Serv. Pioneer Valley 70 Boltwood Walk, Room 215 Amherst, MA	(413) 253-9351


BERKSHIRE
FRANKLIN
HAMPSHIRE
HAMPDEN
WORCESTER
MIDDLESEX
ESSEX
SUFFOLK
NORFOLK
PLYMOUTH
BRISTOL
BARNSTABLE
DUKES
NANTUCKET